

ABSTRAK

M. Bagus Adji Nugroho (2026). Asuhan Keperawatan Pada Pasien Skizofrenia Dengan Masalah Utama Harga Diri Rendah Di Rumah Sakit Jiwa Tampan Provinsi Riau. Karya Studi Ilmiah Studi Kasus, Program Studi Diploma III Keperawatan Riau, Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau. Pembimbing (I) Ns. Usraleli, M.Kep, (II) Ns. Sri Novita Yuliet, M.Kep., Sp.Kep.K.

Skizofrenia merupakan gangguan jiwa berat yang dapat menimbulkan perubahan perilaku, gangguan konsep diri, serta penilaian negatif terhadap kemampuan diri. Salah satu masalah keperawatan yang sering muncul pada pasien skizofrenia adalah harga diri rendah. Studi kasus ini bertujuan menggambarkan asuhan keperawatan pada pasien skizofrenia dengan masalah utama harga diri rendah di Rumah Sakit Jiwa Tampan Provinsi Riau. Metode yang digunakan adalah studi kasus deskriptif dengan pendekatan proses keperawatan meliputi pengkajian, diagnosis, intervensi, implementasi, dan evaluasi. Subjek studi kasus adalah satu pasien skizofrenia dengan masalah harga diri rendah di Ruang Kuantan. Hasil penelitian menunjukkan pasien merasa rendah diri, tidak berguna, berbicara gugup, suara pelan, dan afek datar. Diagnosis keperawatan prioritas adalah gangguan konsep diri: harga diri rendah. Implementasi dilakukan selama empat hari melalui Strategi Pelaksanaan 1 sampai 4, yaitu mengidentifikasi kemampuan positif, memilih kegiatan, melatih kegiatan menyapu, membagikan makanan, membaca, dan mengisi teka-teki silang. Hasil evaluasi menunjukkan pasien kooperatif, tenang, mampu mengenali aspek positif, percaya diri meningkat, dan senang berkegiatan. Kesimpulannya, asuhan keperawatan melalui strategi pelaksanaan harga diri rendah efektif membantu pasien meningkatkan penilaian positif terhadap dirinya.

Kata kunci: Asuhan Keperawatan, Skizofrenia, Harga Diri Rendah, Strategi Pelaksanaan, Keperawatan Jiwa

ABSTRACT

M. Bagus Adji Nugroho (2026). Nursing Care for Schizophrenia Patients with the Main Problem of Low Self-Esteem at Tampan Psychiatric Hospital, Riau Province. Scientific Case Study Paper, Diploma III Nursing Study Program of Riau, Department of Nursing, Health Polytechnic of the Ministry of Health Riau. Advisors (I) Ns. Usraleli, M.Kep, (II) Ns. Sri Novita Yuliet, M.Kep., Sp.Kep.K.

Schizophrenia is a severe mental disorder that can cause behavioral changes, self-concept disturbances, and negative evaluations of one's abilities. One of the nursing problems that frequently arises in schizophrenic patients is low self-esteem. This case study aims to describe nursing care for a schizophrenic patient with the main problem of low self-esteem at Tampan Psychiatric Hospital, Riau Province. The method used is a descriptive case study with a nursing process approach including assessment, diagnosis, intervention, implementation, and evaluation. The subject of the case study was one schizophrenic patient with a low self-esteem problem in the Kuantan Ward. The study results showed the patient felt inferior, useless, spoke nervously, had a low voice, and a flat affect. The priority nursing diagnosis was self-concept disturbance: low self-esteem. Implementation was carried out for four days through Implementation Strategies 1 to 4, namely identifying positive abilities, selecting activities, practicing sweeping activities, distributing food, reading, and filling out crossword puzzles. The evaluation results showed the patient was cooperative, calm, able to recognize positive aspects, had increased self-confidence, and enjoyed doing activities. In conclusion, nursing care through low self-esteem implementation strategies is effective in helping the patient increase positive evaluations of themselves.

Keywords: Nursing Care, Schizophrenia, Low Self-Esteem, Implementation Strategy, Psychiatric Nursing.