

ABSTRAK

FATMA SHAHRANI. Gambaran Imunisasi Dasar, Penyakit Infeksi, dan Status Gizi Balita di Kota Pekanbaru. Dibimbing oleh MUHARNI dan FALINDA OKTARIANI.

Masalah gizi pada balita masih menjadi isu kesehatan masyarakat di Indonesia, termasuk di Provinsi Riau dan Kota Pekanbaru. Penyebab langsung masalah gizi adalah asupan makan tidak adekuat dan penyakit infeksi. Salah satu upaya pencegahan penyakit infeksi pada balita yaitu melalui pemberian imunisasi dasar. Namun, cakupan imunisasi dasar lengkap di Provinsi Riau masih berada di bawah target nasional. Penelitian ini bertujuan untuk mengetahui gambaran imunisasi dasar, penyakit infeksi, dan status gizi balita di Kota Pekanbaru. Penelitian ini merupakan penelitian kuantitatif deskriptif dengan desain *cross-sectional*. Sampel penelitian berjumlah 287 balita yang diperoleh dari data Survei Gizi dan Kesehatan pada Balita di Kota Pekanbaru Tahun 2025. Data dikumpulkan dengan kuesioner dan dianalisis secara univariat. Hasil penelitian menunjukkan cakupan imunisasi dasar lengkap masih rendah yaitu sebesar 39.4%. Penyakit infeksi yang ditemukan pada balita meliputi ISPA sebesar 35.2%, diare 15%, TBC 5.2%, dan campak 12.9%. Selain itu, mayoritas balita memiliki status gizi normal berdasarkan indikator BB/U (75.3%), PB/U (73.2%), dan BB/PB (79.1%). Diperlukannya perhatian dari pemerintah, pemangku kebijakan, serta masyarakat untuk mengatasi permasalahan terkait cakupan imunisasi dasar lengkap, penyakit infeksi, dan masalah gizi pada balita di Kota Pekanbaru.

Kata kunci: Imunisasi dasar; penyakit infeksi; status gizi; balita.

ABSTRACT

FATMA SHAHRANI. Description of Basic Immunization, Infectious Diseases, and Nutritional Status of Toddlers in Pekanbaru City. Supervised by MUHARNI and FALINDA OKTARIANI.

Nutritional problems in children aged 1–5 years remain a public health issue in Indonesia, including in Riau and Pekanbaru City. The direct causes of nutritional problems are inadequate food intake and infectious diseases. One approach to prevent infectious diseases in children aged 1–5 years is through basic immunization. However, the coverage of basic immunization in Riau remains below the national target. This study aims to describe basic immunization, infectious diseases, and nutritional status of children aged 1–5 years in Pekanbaru City. This descriptive quantitative study used a cross-sectional design with a sample of 287 children aged 1–5 years from *Survei Gizi dan Kesehatan Balita di Kota Pekanbaru Tahun 2025*. Data were collected through questionnaires and analyzed univariately. Results showed that complete basic immunization coverage was still low at 39.4%. Infectious diseases identified included acute respiratory infections (ARI) at 35.2%, diarrhea at 15%, tuberculosis at 5.2%, and measles at 12.9%. The majority of children aged 1–5 years had normal nutritional status based on weight-for-age (75.3%), height-for-age (73.2%), and weight-for-height (79.1%) indicators. Greater attention is needed to improve complete basic immunization coverage and address infectious diseases and nutritional problems among children aged 1-5 years in Pekanbaru City.

Keywords: Basic immunization; infectious disease; nutritional status; children aged 1-5 years.