

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
AHKAMILA KHAIRANI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. F DI TPMB
MURTINAWITA KOTA PEKANBARU TAHUN 2026
xiii, ± 145 Halaman, 6 Tabel, 12 Lampiran**

ABSTRAK

Dalam rangka menekan angka kematian ibu dan bayi, penguatan pelayanan kesehatan primer diwujudkan melalui asuhan kebidanan komprehensif dan berkesinambungan. Laporan tugas akhir ini menguraikan pelaksanaan asuhan kebidanan komprehensif berbasis *Continuity of Midwifery Care* (CoMC) pada Ny.F (G3P2A0H2) di TPMB Murtinawita, berlangsung dari 5 Desember 2025 hingga 10 Maret 2026. Pemantauan dilakukan berkesinambungan sejak usia kehamilan 32 minggu 3 hari sampai *aterm*, proses persalinan, nifas, hingga perawatan neonatus. Pengumpulan data dilakukan melalui wawancara, pemeriksaan fisik, observasi TTV, pemeriksaan penunjang, dengan memanfaatkan instrumen KSPR, partograf, EPDS, buku KIA, dan *leaflet*. Asuhan yang diberikan berupa kunjungan sebanyak 4 kali selama kehamilan trimester III, bersalin, nifas 4 kali dan neonatus 3 kali. Selama kehamilan ibu mengeluh nyeri pinggang diberikan asuhan senam hamil, kompres hangat dan posisi tidur miring kiri. Pada persalinan asuhan sayang ibu *effleurage massage*, teknik relaksasi nafas dalam, pijat oksitosin, dan *BirthBall*. Bayi lahir spontan, menangis kuat, tonus otot baik, pergerakan aktif, BB 3700 gram, PB 50 cm, jenis kelamin perempuan, plasenta lahir lengkap, kontraksi uterus baik, perdarahan normal serta berhasil dilakukan IMD selama 20 menit. Pada awal nifas ibu mengalami *afterpains* diberikan asuhan teknik relaksasi nafas dalam, mobilisasi dini, dan senam nifas. Asuhan lain yang dilakukan yaitu konseling KB. Hasil konseling Ny.F memilih kontrasepsi suntik 3 bulan. Asuhan neonatus diberikan perawatan bayi, pijat bayi, pemantauan pertumbuhan dan perkembangan. Seluruh proses asuhan normal ditandai kenaikan berat badan bayi sebesar 550 gram pada hari ke-27. Seluruh rangkaian asuhan didokumentasikan menggunakan SOAP. Diharapkan laporan ini menjadi referensi dalam meningkatkan kualitas asuhan kebidanan komprehensif dan berkesinambungan sesuai standar pelayanan.

Kata Kunci : Asuhan Kebidanan, Komprehensif, Hamil, Bersalin, Nifas, dan Neonatus

Referensi : 93 Referensi (2016-2025)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026
AHKAMILA KHAIRANI**

**COMPREHENSIVE MIDWIFERY CARE FOR NY. F AT TPMB
MURTINAWITA PEKANBARU CITY IN 2026
xiii, ± 145 Page, 6 Table, 12 Attachment**

ABSTRACT

To reduce maternal and infant mortality rates, primary healthcare is strengthened through comprehensive and continuous midwifery care. This report outlines Continuity of Midwifery Care (CoMC) for Mrs. F (G3P2A0H2) at TPMB Murtinawita from December 5, 2025, to March 10, 2026, covering 32 weeks 3 days of gestation through labor, postpartum, and neonatal stages. Data were collected via interviews, physical exams, vital sign monitoring, and diagnostic tests using KSPR, partograph, EPDS, the MCH handbook, and leaflets. Care comprised 4 third-trimester prenatal visits, labor care, 4 postpartum visits, and 3 neonatal visits. Pregnancy back pain was managed with exercise, warm compresses, and left lateral positioning. Labor care included effleurage massage, deep breathing, oxytocin massage, and a birth ball. A female infant was born spontaneously, crying strongly, with good tone and active movement (3,700 gram, 50 cm). The placenta delivered intact with good uterine contraction, normal bleeding, and 20 minutes of early initiation of breastfeeding. Postpartum afterpains were managed with deep breathing, early mobilization, and exercises. Family planning counseling resulted in selecting a 3-month injectable contraceptive. Neonatal care included routine care, infant massage, and growth monitoring; the baby gained 550 gram by day 27. All processes were documented using the SOAP method. This report serves as a reference to improve continuous midwifery care standards.

Keywords: Midwifery Care, Comprehensive, Pregnancy, Childbirth, Postpartum, and Neonates

References: 93 References (2016-2025)