

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
FEMMY RAMADHANI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. N DI KLINIK
TAMAN SARI 5 KOTA PEKANBARU TAHUN 2026**

xii, ± 149 Halaman, 6 Tabel, 11 Lampiran

ABSTRAK

Upaya penurunan angka kematian ibu dan bayi terus dioptimalkan melalui penguatan pelayanan kesehatan primer serta peningkatan peran bidan dalam memberikan pelayanan kebidanan yang berkualitas. Laporan tugas akhir ini menggambarkan pelaksanaan asuhan kebidanan komprehensif pada Ny. N G2P1A0H1 di Klinik Taman Sari 5 Kota Pekanbaru dari 17 Januari hingga 10 April 2026. Pengumpulan data dilakukan melalui wawancara, pemeriksaan fisik, pemeriksaan penunjang menggunakan instrumen seperti KSPR, partograf, skrining EPDS, buku KIA, dan media edukasi berupa leaflet. Asuhan dilakukan melalui 3 kali kunjungan kehamilan, pendampingan persalinan, 4 kali kunjungan nifas dan 3 kali kunjungan neonatus. Pada masa kehamilan ditemukan keluhan nyeri pinggang sehingga diberikan intervensi berupa senam hamil. Pada persalinan diberikan intervensi berupa *massage effleurage*, teknik relaksasi napas dalam. Persalinan berlangsung normal dan spontan pada usia kehamilan 39 minggu. Bayi lahir dalam kondisi aterm, segera menangis, dengan berat badan lahir 3500 gram dan panjang badan 49 cm. Asuhan nifas diberikan intervensi pemantauan involusi uterus, senam nifas, perawatan payudara dan konseling KB. Nifas normal tanpa komplikasi, Ny. N memilih suntik KB 3 bulan. Asuhan neonatus diberikan intervensi perawatan bayi, pijat bayi, pemantauan pertumbuhan dan perkembangan. Selama masa asuhan tidak ditemukan komplikasi baik pada ibu maupun bayi, serta terjadi peningkatan berat badan bayi sebesar 600 gram pada usia 27 hari. Seluruh rangkaian asuhan didokumentasikan secara sistematis menggunakan metode SOAP. Diharapkan tenaga kesehatan, khususnya bidan, dapat terus mempertahankan serta mempertahankan mutu pelayanan kebidanan bagi ibu hamil, bersalin, nifas, dan neonatus secara berkesinambungan sesuai dengan standar pelayanan minimal kebidanan.

Kata Kunci : Asuhan Kebidanan, Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus

Referensi : 66 Referensi (2016-2025)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026
FEMMY RAMADHANI**

**COMPREHENSIVE MIDWIFERY CARE FOR NY. N AT KLINIK TAMAN
SARI 5 PEKANBARU CITY IN 2026**

xii, ± 149 Page, 6 Table, 11 Attachment

ABSTRACT

Efforts to reduce maternal and infant mortality rates continue to be optimized through strengthening primary health services and increasing the role of midwives in providing quality midwifery services. This final project report describes the implementation of comprehensive midwifery care for Mrs. N G2P1A0H1 at Taman Sari 5 Clinic, Pekanbaru City from January 17 to April 10, 2026. Data collection was carried out through interviews, physical examinations, supporting examinations using instruments such as KSPR, partographs, EPDS screening, KIA books, and educational media in the form of leaflets. Care was carried out through 3 pregnancy visits, delivery assistance, 4 postpartum visits and 3 neonatal visits. During pregnancy, complaints of back pain were found so that interventions were given in the form of pregnancy exercises. During labor, interventions were given in the form of effleurage massage, deep breathing relaxation techniques. Labor took place normally and spontaneously at 39 weeks of gestation. The baby was born at term, immediately cried, with a birth weight of 3500 grams and a body length of 49 cm. Postpartum care provided interventions such as uterine involution monitoring, postpartum gymnastics, breast care, and family planning counseling. The postpartum period was normal without complications, so Mrs. N chose a 3-monthly birth control injection. Neonatal care provided interventions such as baby care, baby massage, and growth and development monitoring. During the care period, no complications were found in either the mother or the baby, and the baby's weight increased by 600 grams at 27 days of age. The entire series of care was systematically documented using the SOAP method. It is hoped that health workers, especially midwives, can continue to maintain and sustain the quality of midwifery services for pregnant women, childbirth, postpartum women, and neonates in accordance with minimum midwifery service standards

words: Midwifery Care, Comprehensive, Pregnancy, Childbirth, Postpartum, Neonates

References: 66 References (2016-2025)