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ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI TPMB NILA TRISNAWATI KOTA PEKANBARU TAHUN 2026

xvi + 143 Halaman, 7 Tabel, 3 Gambar, 14 Lampiran

ABSTRAK

Asuhan CoMC adalah asuhan kebidanan yang berkelanjutan saat kehamilan, kehamilan, kelahiran, periode postpartum, termasuk bayi dan program keluarga berencana, Asuhan ini bertujuan untuk memberikan asuhan pada Ny. S G1P0A0H0 mulai dari kehamilan, persalinan, nifas, neonatus dan mendokumentasikan dengan metode SOAP. Studi kasus dilakukan di TPMB Nila Trisnawati Kota Pekanbaru serta kunjungan rumah. Asuhan kebidanan diberikan mulai 09 November 2025 hingga 03 Februari 2026 yang mencakup kehamilan trimester III sejak usia 31–32 minggu sebanyak 4 kali kunjungan, asuhan persalinan, 4 kali kunjungan nifas, dan 3 kali kunjungan neonatus. Dari hasil selama pemeriksaan kehamilan Ny. S terdapat masalah yaitu TFU tidak sesuai dengan usia kehamilannya dan terdapat puting susu yang datar. Diberikan edukasi pemenuhan nutrisi dan perawatan payudara masalah dapat teratasi. Asuhan persalinan diberikan sesuai standar asuhan persalinan normal. Teknik *Deep back massase* dan relaksasi pernapasan dalam diberikan untuk membantu mengurangi nyeri persalinan. Bayi lahir spontan pervaginam dengan berat badan 2500 gram dan panjang badan 48 cm. Plasenta lahir lengkap, kontraksi uterus baik, dan perdarahan normal. Asuhan nifas berjalan normal, Asuhan yang diberikan meliputi pijat oksitosin, skrining EPDS, anjuran menyusui sesering mungkin, senam nifas, dan konseling keluarga berencana. Ibu memilih menjadi akseptor KB Implan. Asuhan pada neonatus meliputi perawatan bayi, pijat bayi, edukasi ASI eksklusif, dan menyusui on demand. Bayi menyusu dengan kuat sehingga mengalami peningkatan berat badan sebesar 200 gram pada usia 11 hari. Diharapkan tenaga kesehatan, khususnya bidan, dapat meningkatkan kualitas Asuhan *Continuity of Midwifery Care* pada ibu hamil, bersalin, nifas dan neonatus.

Kata Kunci : Asuhan Kebidanan Komprehensif, Kehamilan, Bersalin, Nifas, Neonatus

Referensi : 55 Referensi (2016-2026).

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COMPREHENSIVE MIDWIFERY CARE FOR Mrs. S AT TPMB NILA
TRISNAWATI IN PEKANBARU CITY IN 2026

xvi + 143 Pages, 7 Tables, 3 Pictures, 14 Appendices

ABSTRACT

CoMC care is continuous midwifery care during pregnancy, childbirth, birth, postpartum period, including infants and family planning programs. This care aims to provide care to Mrs. S G1P0A0H0 starting from pregnancy, childbirth, postpartum, neonates and documenting with the SOAP method. The case study was conducted at TPMB Nila Trisnawati Pekanbaru City as well as home visits. Midwifery care was provided from November 9, 2025 to February 3, 2026 which included the third trimester of pregnancy from 31–32 weeks of age for 4 visits, delivery care, 4 postpartum visits, and 3 neonatal visits. From the results during Mrs. S's pregnancy examination, there were problems, namely the TFU did not match her gestational age and there were flat nipples. Given education on nutritional fulfillment and breast care, the problem could be resolved. Delivery care was provided according to normal delivery care standards. Deep back massage and deep breathing relaxation techniques were given to help reduce labor pain. The baby was born spontaneously vaginally with a weight of 2500 grams and a body length of 48 cm. The placenta was delivered completely, uterine contractions were good, and bleeding was normal. Postpartum care went normally, the care provided included oxytocin massage, EPDS screening, frequent breastfeeding recommendations, postpartum exercises, and family planning counseling. The mother chose to become an Implant KB acceptor. Neonatal care included baby care, baby massage, exclusive breastfeeding education, and breastfeeding on demand. The baby suckled strongly so that he gained 200 grams of weight at 11 days of age. It is hoped that health workers, especially midwives, can improve the quality of Continuity of Midwifery Care for pregnant women, giving birth, postpartum and neonates.

Keywords : Midwifery Care Comprehensive, Pregnancy, Childbirth, Postpartum, Neonate
References : 55 References (2016–2026).