

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
JURUSAN KEBIDANAN
PROGRAM STUDI D-III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
PUTRI ANJELI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. D DI PRAKTIK
MANDIRI BIDAN DINCE SAFRINA KOTA PEKANBARU**

xii + 140 Halaman + 8 Tabel + 10 Lampiran

ABSTRAK

Salah satu upaya untuk menurunkan Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB) adalah melalui pemberian asuhan kebidanan komprehensif atau *Continuity of Midwifery Care* (CoMC). Laporan kasus ini bertujuan memberikan asuhan kebidanan berkelanjutan pada Ny. D di PMB Dince Safrina Kota Pekanbaru pada November 2025 hingga Februari 2026 yang meliputi masa kehamilan, persalinan, nifas, neonatus, dan keluarga berencana. Asuhan kehamilan dilakukan sebanyak empat kali kunjungan sejak usia kehamilan 32 minggu. Pada kunjungan ketiga ibu mengeluhkan nyeri pinggang dan pada kunjungan keempat mengeluhkan nyeri perut bagian bawah. Asuhan yang diberikan berupa edukasi senam hamil, perbaikan posisi tubuh, istirahat yang cukup, serta penjelasan mengenai perubahan fisiologis menjelang persalinan sehingga keluhan dapat teratasi. Persalinan berlangsung normal sesuai standar Asuhan Persalinan Normal (APN) dan Inisiasi Menyusu Dini (IMD) berhasil dilakukan pada menit ke-45 setelah kelahiran. Bayi lahir spontan dengan berat badan 3.500 gram, panjang badan 51 cm, dan kondisi sehat. Asuhan nifas dilakukan sebanyak empat kali kunjungan. Asuhan yang diberikan pada 6 jam postpartum diberikan edukasi mengenai pemenuhan nutrisi yang adekuat, teknik menyusui yang benar, dan pijat oksitosin. Produksi ASI meningkat dan lancar pada hari ke-6 postpartum. Asuhan neonatus dilakukan sebanyak tiga kali kunjungan meliputi pemantauan pertumbuhan dan asuhan perawatan bayi pijat bayi. Berat badan bayi meningkat sebesar 300 gram, dari 3.500 gram saat lahir menjadi 3.800 gram pada hari ke-11. Pada pelayanan keluarga berencana, ibu memilih kontrasepsi suntik 3 bulan. Diharapkan bidan dapat terus mempertahankan dan meningkatkan pemberian asuhan kebidanan komprehensif dan berkesinambungan sesuai standar pelayanan kebidanan

Kata Kunci : Asuhan Kebidanan Komprehensif, *Continuity of Midwifery Care* Kehamilan, Persalinan, Nifas, Neonatus.

Daftar Bacaan : 45 referensi (2020 – 2026)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA HEALTH
POLYTECHNIC OF RIAU
MIDWIFERY D III STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNI 2026
PUTRI ANJELI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. D AT DINCE SAFRINA
INDEPENDENT MIDWIFERY PRACTICE, PEKANBARU CITY, 2026**

xii ± 140 Pages + 8 Tables + 10 Attachman

ABSTRACT

One of the efforts to reduce the Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR) is through the provision of comprehensive midwifery care or Continuity of Midwifery Care (CoMC). This case report aimed to provide continuous midwifery care to Mrs. D at Dince Safrina Midwifery Independent Practice (PMB) in Pekanbaru City from November 2025 to February 2026, covering pregnancy, childbirth, postpartum, neonatal, and family planning care. Antenatal care was provided through four visits starting at 32 weeks of gestation. During the third visit, the mother complained of lower back pain, while at the fourth visit, she complained of lower abdominal pain. The care provided included education on pregnancy exercises, proper body positioning, adequate rest, and an explanation of physiological changes approaching labor, resulting in the resolution of the complaints. Labor progressed normally according to the standards of Normal Childbirth Care (Asuhan Persalinan Normal/APN), and Early Initiation of Breastfeeding (IMD) was successfully performed 45 minutes after birth. The baby was born spontaneously with a birth weight of 3,500 grams, a body length of 51 cm, and was in good health. Postpartum care was provided through four visits. At 6 hours postpartum, the mother was provided with education regarding adequate nutritional intake, proper breastfeeding techniques, and oxytocin massage. Breast milk production increased and became smooth by the sixth postpartum day. Neonatal care was provided through three visits, including growth monitoring and baby care, as well as infant massage. The baby's weight increased by 300 grams, from 3,500 grams at birth to 3,800 grams on the 11th day. For family planning, the mother chose the 3-month injectable contraceptive. It is expected that midwives will continue to maintain and improve the provision of comprehensive and continuous midwifery care in accordance with midwifery service standards.

Keywords: Comprehensive Midwifery Care, Continuity of Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate.
References: 45 (2020–2026)