

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
AIDA SASKIAH SIREGAR**

**ASUHAN KEBIDANAN KOMPREHENSIF NY. M DI TPMB DINCE
SAFRINA KOTA PEKANBARU TAHUN 2026**

xiv, ± 167 Halaman, 5 Tabel, 1 Gambar, 10 Lampiran

ABSTRAK

Continuity of Midwifery Care (CoMC) merupakan pelayanan kebidanan yang diberikan secara berkesinambungan mulai dari masa kehamilan, persalinan, nifas, dan pada neonatus. Tujuan penyusunan laporan tugas akhir ini adalah untuk melaksanakan Asuhan Kebidanan Komprehensif pada Ny. M G1P0A0H0 di TPMB Dince Safrina sejak Desember 2025 hingga Februari 2026. Metode yang digunakan adalah studi kasus dengan pendekatan manajemen kebidanan. Asuhan diberikan sejak usia kehamilan 33–34 minggu hingga masa nifas dan neonatus. Hasil asuhan menunjukkan bahwa Ny.M melakukan kunjungan antenatal melebihi standar dan hanya mengalami ketidaknyamanan nyeri pinggang yang diatasi melalui senam hamil, edukasi posisi tidur miring ke kiri, serta menghindari duduk atau berdiri terlalu lama. Pada persalinan, Ny.M dirujuk ke Rumah Sakit pada pembukaan 7 atas indikasi kala 1 fase aktif memanjang, persalinan berlangsung dengan bantuan Akselerasi dengan oxytocin drip. Bayi lahir laki-laki, menangis kuat, bergerak aktif, dengan berat badan 3.300 gram dan panjang badan 50 cm. Asuhan nifas dilakukan sebanyak 4 kali kunjungan dengan hasil involusi uterus normal, produksi ASI lancar dan tidak ditemukan tanda depresi postpartum. Hasil konseling KB, ibu memutuskan menggunakan kontrasepsi suntik 3 bulan. Asuhan neonatus dilakukan sebanyak 3 kali kunjungan dengan hasil pertumbuhan dan perkembangan bayi normal, ditandai dengan peningkatan berat badan sebanyak 500 gram pada usia 20 hari. Asuhan kebidanan komprehensif melalui pendekatan *Continuity of Midwifery Care* dapat mendukung kesehatan ibu dan bayi secara optimal serta meningkatkan kualitas pelayanan kebidanan.

Kata Kunci: Asuhan Kebidanan, *Continuity of Midwifery Care* , Kehamilan, Persalinan, Nifas, Neonatus

Referensi : 50 Referensi (2016-2025)

**MINISTRY OF HEALTH REPUBLIC INDONESIA
RIAU MINISTRY OF HEALTH POLYTECHNIC
STUDY PROGRAM DIII MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026
AIDA SASKIAH SIREGAR**

**COMPREHENSIVE MIDWIFERY CARE FOR Mrs. M AT TPMB DINCE
SAFRINA, PEKANBARU 2026**

xiv, ± 167 pages, 5 Tables, 1 Images, 1 0 Attachments

ABSTRACT

Continuity of Midwifery Care (CoMC) refers to midwifery services provided continuously throughout pregnancy, childbirth, the postpartum period, and the neonatal stage. The objective of this final project report is to document the provision of comprehensive midwifery care to Mrs. M (G1P0A0H0) at the Dince Safrina Independent Midwifery Practice (TPMB) from December 2025 to February 2026. A case study method utilizing the midwifery management approach was employed. Care was administered from 33–34 weeks of gestation through the postpartum and neonatal periods. Results indicate that Mrs. M exceeded standard antenatal visit requirements; her only discomfort was lower back pain, which was managed through prenatal exercises, education on left-lateral sleeping positions, and avoiding prolonged sitting or standing. During labor, Mrs. M was referred to the hospital at 7 cm dilation due to a prolonged active phase of the first stage of labor; delivery was facilitated by labor augmentation using an oxytocin drip. A healthy male infant was delivered crying vigorously and moving actively weighing 3,300 grams and measuring 50 cm in length. Postpartum care involved four visits, revealing normal uterine involution, adequate breast milk production, and no signs of postpartum depression. Regarding family planning counseling, the mother opted for a 3-month injectable contraceptive. Neonatal care consisted of three visits, showing normal growth and development, evidenced by a 500-gram weight gain by the age of 20 days. Comprehensive midwifery care delivered through the Continuity of Midwifery Care approach supports optimal maternal and infant health while enhancing the quality of midwifery services.

Keywords: Midwifery Care, Continuity of Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate

Reference: 50 references (2015-2016)