

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
WARNI IMELDA BR.HUTAUROK**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.N di TPMB
SILVI AYU KOTA PEKANBARU TAHUN 2026**

viii + 148 Halaman + 9 Tabel + 10 Lampiran

ABSTRAK

Asuhan kebidanan komprehensif adalah pelayanan berkelanjutan sejak kehamilan hingga keluarga berencana untuk menjaga kesehatan ibu dan bayi. Pendekatan *Continuity of Midwifery Care (COMC)* mendukung pemantauan dan deteksi dini komplikasi secara berkesinambungan. Laporan tugas akhir ini bertujuan memberikan asuhan kebidanan komprehensif pada Ny. N, usia 26 tahun, G2P1A0H1, sejak kehamilan 33 minggu-Aterm di TPMB Silvi Ayu Kota Pekanbaru. Metode berupa studi kasus dengan pendekatan manajemen kebidanan dan dokumentasi SOAP. Asuhan dilakukan sejak Kehamilan, persalinan, nifas, hingga neonatus melalui kunjungan fasilitas dan rumah. Selama kehamilan dilakukan 3x kunjungan antenatal care, Persalinan, Nifas 4x dan Neonatus 3x. Ibu mengalami kram kaki pada usia 33 minggu yang di berikan asuhan dengan edukasi dan senam hamil serta sering buang air kecil malam hari yang mengganggu tidur sehingga diberikan edukasi pengaturan pola tidur. Persalinan berlangsung normal tanpa komplikasi. Bayi lahir spontan, segera menangis kuat, panjang badan 50 cm, berat badan 3.800 gram jenis kelamin laki-laki. Masa nifas adanya robekan jalan lahir, dan di berikan konseling KB kepada ibu dan ibu memilih akseptor KB Pil. Asuhan neonatus meliputi perawatan tali pusat, pemeriksaan fisik, dan pemijatan bayi. Pertumbuhan dan perkembangan bayi dengan berat badan 3.900 gram, Panjang badan 50 cm, lingkar kepala 34 cm, lingkar dada 33 cm sesuai usia serta memperoleh ASI eksklusif. Penerapan COMC perlu ditingkatkan untuk mendukung kesehatan ibu-bayi dan deteksi dini komplikasi. Bidan serta institusi pendidikan diharapkan meningkatkan mutu pelayanan dan kompetensi sesuai standar.

Kata Kunci : Asuhan Kebidanan Komprehensif, *Continuity of Midwifery Care (COMC)*, Kehamilan, Persalinan, Nifas, Neonatus

Daftar Referensi : 88 Referensi (2015-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF DIII MIDWIFERY**

**FINAL PROJECT REPORT, JUNY 2026
WARNI IMELDA BR.HUTAUROK**

**COMPREHENSIVE MIDWIFERY CARE FOR NY.N
TPMB SILVI AYU PEKANBARU CITY IN 2026**

viii +148 Pages + 9 Tabel + 10 Lampiran

ABSTRACT

Comprehensive midwifery care is a continuous service provided from pregnancy through family planning to maintain maternal and infant health. *The Continuity of Midwifery Care (COMC)* approach supports monitoring and early detection of complications. This final project aimed to provide comprehensive midwifery care to Mrs. N, a 26-year-old G2P1A0H1 woman, from 33 weeks of gestation to term at TPMB Silvi Ayu, Pekanbaru City. Care covered pregnancy, childbirth, and the postpartum period. Three antenatal care visits, four postpartum visits, and three neonatal visits were conducted. At 33 weeks, the mother experienced leg cramps, managed through education and pregnancy exercises. She also experienced frequent nighttime urination that disturbed her sleep and received education on sleep management. The delivery was normal without complications. The baby was born spontaneously, cried vigorously, measured 50 cm, weighed 3,800 grams, and was male. During the postpartum period, the mother experienced a birth canal tear and received family planning counseling, choosing oral contraceptive pills. Neonatal care included umbilical cord care, physical examination, and infant massage. The baby's growth and development were appropriate for age, with a weight of 3,900 grams, length of 50 cm, head circumference of 34 cm, and chest circumference of 33 cm, while receiving exclusive breastfeeding. COMC implementation should be improved to support maternal and infant health and early complication detection. Midwives and educational institutions are expected to improve service quality and competence according to established standards.

Keywords: Comprehensive Midwifery Care, Continuity of Midwifery Care (COMC), Pregnancy, Childbirth, Postpartum, Neonate

References List: 88 references (2015-2025)