

ABSTRAK

Amalia Cahaya Rahma Dani (2026) Asuhan Keperawatan Jiwa pada Klien Skizofrenia di Rumah Sakit Jiwa Tampan Provinsi Riau. Karya Tulis Ilmiah, Program Studi D-III Keperawatan, Poltekkes Kemenkes Riau, 2026. Pembimbing (I) R. Sakhnan, SKM, M.Kes. (II) Husnan, S.Kp, MKM.

Skizofrenia merupakan gangguan jiwa kronis yang ditandai dengan halusinasi, waham, dan gangguan fungsi sosial. Halusinasi pendengaran menjadi masalah keperawatan yang paling sering ditemukan. Tujuan studi kasus ini adalah menggambarkan pelaksanaan asuhan keperawatan jiwa pada pasien skizofrenia di Rumah Sakit Jiwa Tampan Provinsi Riau. Metode yang digunakan adalah deskriptif studi kasus dengan satu subjek, yaitu Tn. S, laki-laki usia 22 tahun, yang didiagnosis skizofrenia dengan masalah keperawatan gangguan persepsi sensori halusinasi pendengaran. Pengkajian dilakukan melalui wawancara, observasi, dan dokumentasi. Implementasi dilaksanakan selama lima hari menggunakan Strategi Pelaksanaan (SP) 1–4, meliputi teknik menghardik, bercakap-cakap, aktivitas terjadwal, dan kepatuhan minum obat. Hasil evaluasi menunjukkan pasien mampu mengenali halusinasinya, melaksanakan SP 1–4 secara mandiri, dan frekuensi halusinasi berkurang. Disimpulkan bahwa penerapan SP halusinasi secara bertahap efektif menurunkan gejala halusinasi pendengaran pada pasien skizofrenia.

Kata kunci: Skizofrenia, Halusinasi Pendengaran, Asuhan Keperawatan Jiwa, Strategi Pelaksanaan

ABSTRACT

Amalia Cahaya Rahma Dani (2026) Psychiatric Nursing Care for Schizophrenia Clients at Tampan Psychiatric Hospital, Riau Province. Scientific Paper, Diploma III Nursing Study Program, Poltekkes Kemenkes Riau, 2026. Supervisor (I) R. Sakhnan, SKM, M.Kes. (II) Husnan, S.Kp, MKM.

Schizophrenia is a chronic mental disorder characterized by hallucinations, delusions, and impaired social functioning. Auditory hallucinations represent the most commonly encountered nursing problem. This case study aimed to describe the implementation of psychiatric nursing care for a schizophrenic patient at Tampan Psychiatric Hospital, Riau Province. A descriptive case study method was applied to a single subject, Mr. S, a 22-year-old male diagnosed with schizophrenia, presenting with a nursing problem of sensory perception disorder: auditory hallucinations. Assessment was conducted through interviews, observation, and documentation. Interventions were implemented over five days using Implementation Strategies (SP) 1–4, encompassing hallucination dismissal techniques, social conversation, scheduled activities, and medication adherence. Evaluation results indicated that the patient was able to recognize his hallucinations, independently apply SP 1–4, and experience a reduction in hallucination frequency. It is concluded that the stepwise application of hallucination implementation strategies effectively reduces auditory hallucination symptoms in schizophrenic patients.

Keywords: Schizophrenia, Auditory Hallucination, Psychiatric Nursing Care, Implementation Strategy