

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
JURUSAN KEBIDANAN
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
ABEL DIMELIA PUTRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. M DI TPMB
ROSITA PEKANBARU**

xiii ±146 Halaman, 5 Tabel, 9 Lampiran

ABSTRAK

Continuity of Midwifery Care (CoMC) merupakan asuhan kebidanan yang berkesinambungan mulai dari kehamilan, persalinan, nifas, hingga neonatus dalam meningkatkan kesehatan ibu dan bayi. Studi kasus ini bertujuan memberikan asuhan kebidanan komprehensif pada Ny. M usia 40 tahun G3P2A0H2 di TPMB Rosita Kota Pekanbaru. Metode yang digunakan adalah studi kasus dengan pemberian asuhan kebidanan berkelanjutan dari Desember 2025 sampai April 2026. Hasil asuhan menunjukkan bahwa selama kehamilan ibu mengeluhkan nyeri punggung dan diberikan tindakan kompres menggunakan air hanga. Persalinan berlangsung normal sesuai dengan standar Asuhan Persalinan Normal (APN). Bayi lahir spontan pada 27 Februari 2026 pukul 19.15 WIB dengan berat badan 3.400 gram dan panjang badan 48 cm. Inisiasi Menyusu Dini (IMD) berhasil dilakukan selama 1 jam. Masa nifas berlangsung normal, luka laserasi kering tanpa tanda infeksi, serta ibu mampu memberikan ASI. Ibu memilih KB suntik 3 bulan. Kunjungan neonatus menunjukkan pertumbuhan dan perkembangan bayi baik dengan kenaikan berat badan sebesar 600 gram. Disimpulkan bahwa asuhan kebidanan komprehensif yang diberikan telah sesuai standar dan memberikan hasil yang baik bagi ibu dan bayi. Diharapkan terus mengoptimalkan penerapan manajemen kebidanan dan memberikan asuhan berkesinambungan sesuai standar pelayanan kebidanan.

Kata Kunci: Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus

Daftar Bacaan: 45 Referensi (2015–2026)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
STUDY PROGRAM D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026
ABEL DIMELIA PUTRI**

**COMPREHENSIVE MIDWIFERY CARE IN MRS. M AT TPMB ROSITA
PEKANBARU CITY**

xiii+ 146 Page + 5 Table + 9 Attachment

ABSTRACT

Continuity of Midwifery Care (CoMC) is a continuous midwifery care from pregnancy, childbirth, postpartum, to neonates in improving maternal and infant health. This case study aims to provide comprehensive midwifery care to Mrs. M, 40 years old, G3P2A0H2, at TPMB Rosita, Pekanbaru City. The method used is a case study with the provision of continuous midwifery care from December 2025 to April 2026. The results of the care showed that during pregnancy the mother complained of back pain and was given a compress using warm water. The delivery took place normally according to the Normal Delivery Care (APN) standards. The baby was born spontaneously on February 27, 2026, at 19.15 WIB with a weight of 3,400 grams and a body length of 48 cm. Early Initiation of Breastfeeding (IMD) was successfully carried out for 1 hour. The postpartum period was normal, the laceration wound was dry without signs of infection, and the mother was able to provide breast milk. The mother chose the 3-monthly contraceptive injection. The neonatal visit showed good growth and development, with a weight gain of 600 grams. It was concluded that the comprehensive midwifery care provided met standards and resulted in positive outcomes for both mother and baby. It is hoped that the implementation of midwifery management and continuity of care in accordance with midwifery service standards will continue to be optimized.

Keywords : Comprehensive Midwifery Care, Pregnancy, Labor, Postpartum, Neonate

References : 45 References (2015–2026)