

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
JURUSAN KEBIDANAN
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
QANITA SANI ANANTA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. N DI TPMB
ROSITA PEKANBARU TAHUN 2026**

xiii, 125 Halaman, 7 Tabel, 10 Lampiran

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi pada kehamilan, persalinan, nifas, neonatus, dan keluarga berencana adalah melalui pelayanan kebidanan *Continuity of Care* (CoC). Laporan Tugas Akhir ini bertujuan memberikan asuhan kebidanan secara komprehensif pada Ny. N mulai dari masa kehamilan, persalinan, nifas dan neonatus. Asuhan diberikan menggunakan pendekatan manajemen kebidanan dan pendokumentasian SOAP pada Ny. N G2P1A0H1 usia kehamilan 28 minggu - aterm di TPMB Rosita Kota Pekanbaru, mulai Januari sampai Mei 2026. Pelayanan meliputi 4x kunjungan kehamilan, persalinan, 4x kunjungan nifas dan 3x kunjungan neonatus. Selama kehamilan ibu mengeluh nyeri pinggang diatasi melalui senam hamil dan edukasi kesehatan. Persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN), asuhan kala I dilakukan *massage* punggung dan *birthball* untuk mengurangi nyeri. Bayi lahir spontan, berjenis kelamin laki-laki dengan berat badan 2.800 gram dan panjang badan 49 cm, plasenta lahir lengkap, kontraksi baik, perdarahan dalam batas normal, serta terdapat laserasi perineum derajat II. Pada masa nifas, ibu mengeluh nyeri pasca-hecting. Asuhan yang diberikan meliputi pemantauan involusi uterus, edukasi pemenuhan nutrisi, edukasi perawatan luka laserasi sehingga pada hari ke-9 luka sembuh tanpa tanda-tanda infeksi, perawatan payudara, pemberian ASI eksklusif, dan senam nifas. Selain itu, dilakukan konseling keluarga berencana dan ibu menjadi akseptor KB implan. Seluruh proses asuhan didokumentasikan secara sistematis menggunakan metode SOAP. Diharapkan tenaga kesehatan khususnya bidan untuk mempertahankan mutu pelayanan asuhan kebidanan pada ibu hamil, bersalin, nifas dan neonatus secara berkesinambungan sesuai standar pelayanan minimal kebidanan .

Kata kunci: ***Continuity of Care, Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Neonatus, Keluarga Berencana***

Referensi: 45 referensi (2015-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA HEALTH
POLYTECHNIC OF RIAU
MIDWIFERY D III STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2026
QANITA SANI ANANTA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS.N AT
INDEPENDENT PRATICE OF MIDWIFE ROSITA PEKANBARU CITY
ON 2026**

xiii, 125 Pages, 7 Tabels, 10 Attachments

ABSTRACT

One effort to prevent and manage complications during pregnancy, childbirth, the postpartum period, the neonatal period, and family planning is through midwifery *Continuity of Care* (CoC). This Final Project Report aims to provide comprehensive midwifery care to Mrs. N throughout pregnancy, childbirth, postpartum, and neonatal periods. Care was provided using a midwifery management approach and SOAP documentation for Mrs. N, G2P1A0H1, from 28 weeks of gestation to term at TPMB Rosita, Pekanbaru City, from January to May 2026. Services included four antenatal visits, childbirth assistance, four postpartum visits, and three neonatal visits. During pregnancy, the mother experienced lower back pain managed with pregnancy exercises and health education. Labor followed Normal Childbirth Care (APN) standards, with back massage and a *birth ball* during the first stage to reduce pain. The male baby was delivered spontaneously, weighing 2,800 grams and measuring 49 cm. The placenta was complete, uterine contractions were adequate, bleeding was normal, and a second-degree perineal laceration occurred. During postpartum care, the mother experienced pain following perineal suturing. Care included monitoring uterine involution, nutritional counseling, perineal wound care, breast care, exclusive breastfeeding, and postpartum exercises. The wound healed by day nine without infection. After family planning counseling, the mother chose a contraceptive implant. Neonatal care included cord care and exclusive breastfeeding education. The umbilical cord separated on day seven without infection. All care was documented using SOAP. Midwives are expected to maintain continuous care quality according to midwifery service standards.

Keywords: Continuity of Care, Comprehensive Midwifery Care, Pregnancy, Childbirth, Neonate, Family Planning

References: 45 references (2015-2025)