

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2026
ELSA AYUFITRIA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.Y DI TPMB
LILIS SUGIANTI PEKANBARU**

xiii + 122 Halaman, 3 Tabel, 10 Lampiran

ABSTRAK

Asuhan kebidanan komprehensif dan berkesinambungan (Continuity of Care/CoC) merupakan pelayanan yang diberikan sejak masa kehamilan, persalinan, nifas, neonatus, hingga keluarga berencana untuk meningkatkan kesehatan ibu dan bayi serta mendeteksi dini komplikasi sebagai upaya mendukung penurunan Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB). Laporan tugas akhir ini bertujuan melaksanakan asuhan kebidanan CoC pada Ny. Y di TPMB Lilis Sugianti, Kota Pekanbaru. Metode yang digunakan adalah studi kasus deskriptif dengan pendekatan manajemen kebidanan dan pendokumentasian SOAP melalui tahap pengkajian, penegakan diagnosis, perencanaan, pelaksanaan, dan evaluasi. Asuhan diberikan kepada Ny. Y, usia 25 tahun, G2P1A0H1, sejak usia kehamilan 32 minggu pada 22 Oktober 2025 hingga 5 Januari 2026. Hasil menunjukkan kehamilan berlangsung fisiologis melalui empat kali kunjungan antenatal dengan pemberian edukasi mengenai tanda bahaya kehamilan, pemenuhan nutrisi, persiapan persalinan, dan senam hamil. Persalinan berlangsung normal sesuai Asuhan Persalinan Normal (APN), disertai massage punggung pada kala I yang membantu mengurangi nyeri persalinan. Masa nifas berlangsung normal melalui empat kali kunjungan, involusi uterus dan laktasi berjalan baik, serta ibu memilih kontrasepsi suntik tiga bulan. Bayi lahir spontan berjenis kelamin perempuan dengan berat badan 3.000 gram dan panjang badan 49 cm. Pada tiga kali kunjungan neonatus dilakukan perawatan tali pusat metode kering, edukasi perawatan bayi baru lahir, dan pemantauan tanda bahaya. Tali pusat lepas pada hari ke-3 tanpa infeksi dan berat badan bayi meningkat sesuai usia. Disimpulkan bahwa asuhan CoC mendukung deteksi dini komplikasi serta meningkatkan kesehatan ibu dan bayi melalui pelayanan yang komprehensif dan berkesinambungan.

Kata kunci: Komprehensif, Continuity of Care, Kehamilan, Persalinan, Nifas, Neonatus.

Referensi: 40 Referensi (2015-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA RIAU
HEALTH POLYTECHNIC
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MEI 2026
ELSA AYUFITRIA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. Y AT TPMB LILIS
SUGIANTI PEKANBARU**

xiii + 122 Pages, 3 Tables, 10 Appendices

ABSTRACT

Comprehensive and continuous midwifery care (*Continuity of Care/CoC*) is a healthcare service provided from pregnancy, childbirth, postpartum, neonatal care, to family planning to improve maternal and neonatal health and detect complications early. This service contributes to reducing the Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR). This final project aimed to provide comprehensive and continuous midwifery care for Mrs. Y at TPMB Lilis Sugianti, Pekanbaru City. This study used a descriptive case study design with a midwifery management approach and SOAP documentation. Care was provided to Mrs. Y, a 25-year-old G2P1A0H1 woman, from 32 weeks of gestation on October 22, 2025, to January 5, 2026. The results showed that the pregnancy progressed physiologically through four ANC visits. The mother received education on danger signs, nutrition, birth preparation, and pregnancy exercises to improve fitness, reduce back pain, and practice relaxation techniques. Labor was normal with Normal Childbirth Care (APN), and back massage was provided during the first stage to reduce pain. The postpartum period was normal through four visits without complications, and the mother chose a three-month injectable contraceptive. The female infant was born spontaneously with a birth weight of 3,000 g and a length of 49 cm. Three neonatal visits included dry umbilical cord care, newborn care education, and danger sign monitoring. The cord detached on day three without infection, and the infant gained 500 g by day 28. In conclusion, *Continuity of Care* supports early complication detection and improves maternal and neonatal health.

Keywords: Comprehensive, Continuity of Care (CoC), Pregnancy, Childbirth, Postpartum, Neonate, Family Planning

References: 40 References (2015-2023)