

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
JURUSAN KEBIDANAN
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
KESYA NADIRA SYABANI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. M DI KLINIK
JAMBU MAWAR KOTA PEKANBARU TAHUN 2026**

xi ±108 Halaman, 8 Tabel, 9 Lampiran

ABSTRAK

Secara umum model asuhan kebidanan yang dapat meningkatkan kualitas asuhan dalam pelayanan kesehatan ibu dan bayi yaitu asuhan komprehensif. Tujuan studi kasus ini adalah memberikan asuhan kebidanan komprehensif dan berkesinambungan pada Ny. M G1P0A0H0. Asuhan dimulai dari masa kehamilan Usia Kehamilan 32 minggu 2 hari, persalinan, masa nifas, neonatus diberikan dengan pendekatan manajemen kebidanan yang dilakukan di Klinik Jambu Mawar kota Pekanbaru dan kunjungan rumah di Jalan Budi Utomo dari bulan Januari 2026 sampai Maret 2026. Asuhan dilakukan sebanyak 4 kali kunjungan ANC, pendampingan persalinan, 4 kali kunjungan nifas dan 3 kali kunjungan neonatus. Pada masa kehamilan keluhan nyeri pinggang dapat diatasi dengan memberikan kompres air hangat. Persalinan berlangsung pada usia kehamilan 38 minggu 1 hari dengan *Sectio Caesarea* atas indikasi Ketuban Pecah Dini. Bayi lahir aterm, menangis kuat, pergerakan aktif, jenis kelamin Laki-laki dengan BB 3000 gram dan PB 50 cm. Masa nifas dengan keluhan nyeri luka bekas SC dapat diatasi dengan teknik relaksasi nafas dalam dan perawatan luka. Involusi uterus berjalan normal dan tidak ada masalah atau komplikasi. Asuhan pada neonatus dilakukan sesuai standar yaitu perawatan tali pusat, ASI Eksklusif dan pijat bayi. Hasil asuhan pada neonatus usia 28 hari didapatkan peningkatan berat badan sebesar 1000 gr dari berat lahir yaitu 3000 gr menjadi 4000 gr. Diharapkan kepada tenaga kesehatan khususnya bidan, dapat mempertahankan pelayanan yang komprehensif dan berkesinambungan dimulai dari masa hamil, persalinan, bayi baru lahir, nifas dan keluarga berencana.

Kata Kunci : *Asuhan Kebidanan Komprehensif Kehamilan, Persalinan, Nifas dan Neonatus*
Daftar Bacaan : 66 Referensi (2013-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
DEPARTMENT OF MIDWIFERY
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2026
KESYA NADIRA SYABANI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. M AT THE GAMBU
MAWAR CLINIC, PEKANBARU CITY, 2026**

xi ±108 Pages, 8 Tables, 9 Attachments

ABSTRACT

In general, the midwifery care model that enhances the quality of maternal and infant health services is comprehensive care. The objective of this case study was to provide comprehensive and continuous midwifery care to Mrs. M (G1P0A0H0). Care was administered—utilizing a midwifery management approach—starting at 32 weeks and 2 days of gestation and continuing through labor, the postpartum period, and neonatal care; services were provided at the Jambu Mawar Clinic in Pekanbaru and via home visits on Jalan Budi Utomo between January and March 2026. The care regimen consisted of four antenatal care (ANC) visits, labor support, four postpartum visits, and three neonatal visits. During pregnancy, complaints of lower back pain were managed with warm compresses. Delivery occurred at 38 weeks and 1 day of gestation via Cesarean section due to premature rupture of membranes. The infant was born at term, crying vigorously with active movement; the baby was male, weighing 3,000 grams and measuring 50 cm in length. Postpartum complaints regarding C-section incision pain were managed through deep breathing relaxation techniques and wound care. Uterine involution proceeded normally, with no issues or complications. Neonatal care was provided according to standards, including umbilical cord care, exclusive breastfeeding, and infant massage. By the age of 28 days, the infant had gained 1,000 grams, increasing from a birth weight of 3,000 grams to 4,000 grams. It is hoped that healthcare professionals, particularly midwives, will continue to provide comprehensive and continuous care spanning pregnancy, labor, the newborn period, the postpartum period, and family planning.

**Keywords : Comprehensive Midwifery Care for Pregnancy, Childbirth,
Postpartum, and Neonatal Care**

Reading List : 66 References (2013-2025)