

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
JURUSAN KEBIDANAN
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
NABILA OKTIARAMADAN**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. I DI TPMB ROSITA
KOTA PEKANBARU TAHUN 2026**

xiii + 139 Halaman + 7 Tabel + 1 Gambar + 11 Lampiran

ABSTRAK

Asuhan Kebidanan Komprehensif merupakan pelayanan kebidanan berkesinambungan mulai dari kehamilan, persalinan, nifas, hingga neonatus untuk mendukung kesehatan ibu dan bayi serta mendeteksi dini komplikasi. Laporan Tugas Akhir ini bertujuan memberikan asuhan kebidanan komprehensif pada Ny. I G4P3A0H3 dimulai usia kehamilan 34 minggu-aterm melalui pendekatan *Continuity of Midwifery Care* di TPMB Rosita Kota Pekanbaru bulan November 2025-Januari 2026. Asuhan kebidanan dilakukan secara komprehensif dan berkesinambungan kemudian di dokumentasikan dengan metode SOAP. Asuhan kehamilan di lakukan di TPMB sebanyak 3x, asuhan nifas 4x, asuhan neonatus 3x kunjungan rumah. Selama kehamilan ibu mengalami nyeri punggung di berikan kompres air hangat. Persalinan di RS dilakukan tindakan *Sectio Ceasarea* (SC) atas indikasi Ketuban Pecah Dini (KPD) dan kontrasepsi mantap Metode Operasi Wanita (MOW). Asuhan nifas dilakukan perawatan luka post operasi dengan keluhan nyeri luka operasi yang dapat teratasi melalui edukasi mobilisasi, bendungan asi dapat diatasi dengan kompres, pijat oksitosin dan teknik menyusui, asi lancer pada hari ke-7. Asuhan neonates bayi mengalami ikterus fisiologis dan penurunan berat badan fisiologis yang dapat di teratasi dengan pemberian ASI eksklusif *on the demand* dan berat badan bayi meningkat 300 gram pada kunjungan terakhir. Asuhan Kebidanan Komprehensif melalui pendekatan CoMC mulai dari kehamilan, persalinan, nifas dan noeonatus mampu mendukung kesehatan ibu dan bayi secara optimal. Diharapkan tenaga kesehatan khususnya bidan dapat terus mempertahankan dan mengembangkan kualitas pelayanan asuhan kebidanan secara komprehensif dan berkesinambungan.

Kata Kunci: Asuhan kebidanan, kehamilan, *Sectio Ceasarea*, nifas, neonatus.

Referensi : 68 Referensi (2016-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026
NABILA OKTIARAMADAN**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. I AT TPMB ROSITA,
PEKANBARU CITY, 2026**

xiii + 139 Pages + 7 Tables +1 Image+ 11 Appendices

ABSTRAC

Comprehensive midwifery care is a continuous midwifery service provided from pregnancy, childbirth, the postpartum period, to neonatal care to support maternal and infant health and facilitate the early detection of complications. This Final Project Report aimed to provide comprehensive midwifery care for Mrs. I (G4P3A0H3), beginning at 34 weeks of gestation until term, through the Continuity of Midwifery Care approach at Rosita Independent Midwifery Practice (TPMB Rosita), Pekanbaru City, from November 2025 to January 2026. Midwifery care was provided comprehensively and continuously and documented using the SOAP method. Antenatal care was conducted through three visits at TPMB Rosita, postpartum care through four visits, and neonatal care through three home visits. During pregnancy, the mother experienced low back pain, which was managed through warm compresses. Labor was conducted at a hospital, where a cesarean section (CS) was performed due to premature rupture of membranes (PROM), followed by permanent contraception using the Female Sterilization Method (MOW). Postpartum care included postoperative wound management for complaints of surgical wound pain, which was managed through education on early mobilization. Breast engorgement was managed with warm compresses, oxytocin massage, and proper breastfeeding techniques, resulting in smooth breast milk production by the seventh postpartum day. During the neonatal period, the newborn experienced physiological jaundice and physiological weight loss, which were managed through exclusive breastfeeding on demand. The infant's body weight increased by 300 grams at the final visit. Comprehensive midwifery care through the CoMC approach, covering pregnancy, childbirth, the postpartum period, and neonatal care, was able to optimally support maternal and infant health. It is expected that healthcare professionals, particularly midwives, will continue to maintain and improve the quality of comprehensive and continuous midwifery care.

Keywords: Midwifery care, pregnancy, Sectio Ceaserea, postpartum, neonates.

References: 68 References (2016–2025)