

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
STUDY PROGRAM D-III MIDWIFERY**

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**COMPREHENSIVE MIDWIFERY CARE FOR MRS. N AT THE
INDEPENDENT MIDWIFERY PRACTICE OF MERI AMELIA IN
PEKANBARU CITY**

xii + 118 pages, 8 tables, , 11 appendices.

ABSTRACT

One of the efforts to prevent and manage maternal and neonatal complications is the provision of comprehensive and continuous midwifery care. This case study aimed to provide comprehensive midwifery care throughout pregnancy, childbirth, the postpartum period, and neonatal care. This model of care was implemented using the Continuity of Midwifery Care (CoMC) approach based on the midwifery management process. Midwifery care was provided to Mrs. N, a 28-year-old primigravida (G1P0A0H0), from December 2025 to April 2026 at Meri Amelia Independent Midwifery Practice, Pekanbaru City, covering the third trimester of pregnancy through the postpartum period. The client received four antenatal care visits, continuous support during childbirth, six postpartum visits, and five neonatal visits. During pregnancy, the client experienced Symphysis Pubis Dysfunction (SPD) and discomfort caused by Braxton Hicks contractions, both of which were successfully managed through individualized midwifery care. Childbirth was conducted in accordance with the standards of Normal Childbirth Care (Asuhan Persalinan Normal/APN). A healthy male infant was delivered spontaneously, cried immediately after birth, demonstrated active movement, and had a birth weight of 3,000 grams and a birth length of 50 cm. During the postpartum period, the care provided included breastfeeding education, perineal wound care, exclusive breastfeeding counseling, maternal mental health screening using the Edinburgh Postnatal Depression Scale (EPDS), and family planning counseling. Neonatal care included weight monitoring, umbilical cord care, Tummy Time stimulation, and preparation for immunization. At 27 days of age, the infant had gained 800 grams in body weight. Healthcare providers, particularly midwives, are expected to deliver comprehensive and continuous midwifery care in accordance with established midwifery care standards.

Keywords : Comprehensive Midwifery Care, Continuity of Care, Pregnancy, Childbirth, Postpartum, Neonate

References List : 63 references (2016–2025)

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Menyatakan bahwa saya tidak melakukan plagiat dalam penulisan Laporan Tugas Akhir saya yang berjudul "Asuhan Kebidanan Komprehensif Pada Ny. N di Praktik Mandiri Bidan Meri Amelia Kota Pekanbaru". Apabila suatu saat nanti saya terbukti melakukan tindakan plagiat, maka saya akan menerima sanksi yang telah ditetapkan. Demikian surat pernyataan ini saya buat dengan sebenar-benarnya.

Pekanbaru, Mei 2026



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