

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
NASYWA NURULHUDA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI TPMB
ERMA SURIANTI KOTA PEKANBARU
xii + 145 Halaman + 7 Tabel + 10 Lampiran**

ABSTRAK

Continuity of Midwifery Care (CoMC) merupakan salah satu bentuk asuhan kebidanan yang dilakukan secara menyeluruh dan berkesinambungan mulai dari masa kehamilan, persalinan, nifas, neonatus hingga keluarga berencana untuk mendeteksi komplikasi secara dini serta meningkatkan kesehatan ibu dan bayi. Studi kasus ini bertujuan memberikan asuhan kebidanan komprehensif pada Ny. S usia 33 tahun G4P3A0H3 di TPMB Erma Surianti Kota Pekanbaru tahun 2026. Asuhan kehamilan dilakukan 5 kali kunjungan diTPMB Erma Surianti. Asuhan dilakukan sejak usia kehamilan 29–30 minggu hingga masa nifas dan neonatus diTPMB dan rumah pasien. Pada usia kehamilan 35-36 minggu ibu mengalami nyeri perut bagian bawah. Asuhan yang diberikan yaitu mengajarkan senam hamil, dan anjuran kompres air hangat. Persalinan berlangsung normal sesuai standar Asuhan Persalinan Normal (APN). Bayi lahir spontan, jenis kelamin laki-laki, menangis kuat, dengan berat badan lahir 3.400 gram dan panjang badan 50 cm. Kondisi ibu dan bayi dalam keadaan baik. Pada masa nifas dilakukannya pijat oksitosin, pemantauan involusi uterus, tanda vital dan perawatan luka perineum. Edukasi yang diberikan personal hygiene, nutrisi, ASI eksklusif, dan KB. Ibu berencana menggunakan kontrasepsi MOW. Asuhan neonatus dilakukan sebanyak tiga kali kunjungan. Asuhan yang diberikan yaitu edukasi perawatan tali pusat, ASI eksklusif, dan pijat bayi. Kenaikan berat badan bayi 1000 gram pada hari ke 41. Diharapkan tenaga kesehatan khususnya bidan dapat melakukan asuhan kebidanan secara komprehensif dan berkelanjutan dari masa kehamilan, persalinan, nifas dan neonatus.

Kata Kunci: *Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus.*

Referensi : 109 Referensi (2016–2025)

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COMPREHENSIVE MIDWIFERY CARE FOR MRS. S AT TPMB
ERMA SURIANTI PEKANBARU CITY

xii + 145 Pages + 7 Tables + 10 Appendices

ABSTRACT

Continuity of Midwifery Care (CoMC) is a model of comprehensive and continuous midwifery care provided throughout pregnancy, childbirth, the postpartum period, neonatal care, and family planning to facilitate the early detection of complications and improve maternal and neonatal health outcomes. This case study aimed to provide comprehensive midwifery care to Mrs. S, a 33-year-old woman, G4P3A0H3, at Erma Surianti Independent Midwifery Practice (TPMB), Pekanbaru City, in 2026. Antenatal care was provided through five visits from 29–30 weeks of gestation until the postpartum and neonatal periods, both at the midwifery practice and the patient's home. At 35–36 weeks of gestation, the mother experienced lower abdominal pain, for which pregnancy exercises and warm compresses were recommended. Labor progressed normally in accordance with the Normal Childbirth Care (Asuhan Persalinan Normal/APN) standards. A male infant was delivered spontaneously, cried immediately after birth, with a birth weight of 3,400 grams and a birth length of 50 cm, and both the mother and the newborn were in good condition. During the postpartum period, oxytocin massage was performed, along with monitoring of uterine involution, vital signs, and perineal wound care. The education provided included personal hygiene, nutrition, exclusive breastfeeding, and family planning. The mother plans to use the MOW contraceptive method. Neonatal care was provided through three visits, including education on umbilical cord care, exclusive breastfeeding, and infant massage. The infant's body weight increased by 1,000 grams by the 41st day of life. It is expected that healthcare professionals, particularly midwives, will continue to provide comprehensive and continuous midwifery care throughout pregnancy, childbirth, the postpartum period, and neonatal care to improve maternal and neonatal health outcomes.

Keywords: *Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, and Neonatal Care.*

References : 109 References (2016-2025)