

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
FADHILA AZZAHRA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. N DI TPMB
ZURRAHMI KOTA PEKANBARU TAHUN 2026
xii + 151 Halaman + 6 Tabel + 10 Lampiran**

ABSTRAK

Asuhan kebidanan komprehensif merupakan pelayanan berkesinambungan yang di berikan kepada ibu mulai dari masa kehamilan, persalinan, nifas, neonatus hingga keluarga berencana untuk meningkatkan kesehatan ibu dan bayi. Asuhan ini dilakukan pada Ny. N G2P1A0H1 usia 30 tahun di TPMB Zurrahmi Kota Pekanbaru pada Januari sampai Maret 2026 dengan pendekatan *Continuity of Midwifery Care* (CoMC). Asuhan kebidanan dilakukan secara komprehensif dan berkesinambungan kemudian didokumentasikan dengan metode SOAP. Asuhan dilakukan sejak usia kehamilan 33-38 minggu melalui 3 kali kunjungan kehamilan, pendampingan persalinan, 4 kali kunjungan nifas, dan 3 kali kunjungan neonatus. Asuhan kehamilan pada Ny. N G2P1A0H1 ditemukan keluhan ibu nyeri pinggang yang dapat teratasi melalui pemberian asuhan senam hamil. Persalinan berlangsung pada usia kehamilan 38-39 minggu dilakukan tindakan *Sectio Ceasarea* (SC) atas indikasi Ketuban Pecah Dini (KPD). Asuhan nifas dilakukan perawatan luka post SC dengan keluhan nyeri luka operasi yang dapat teratasi setelah diberikan asuhan yaitu perawatan luka, teknik relaksasi, mobilisasi, dan pemenuhan nutrisi. Asuhan neonatus meliputi perawatan rutin dan pijat bayi. Tali pusat puput pada hari ke-5 dan berat badan bayi meningkat menjadi 3.500 gram pada usia 25 hari dengan kenaikan berat badan yaitu 600 gram. Pada kunjungan nifas terakhir ibu memutuskan menggunakan KB suntik 3 bulan. Diharapkan tenaga kesehatan khususnya bidan dapat terus meningkatkan kualitas pelayanan kebidanan secara komprehensif dan berkesinambungan dimulai dari masa kehamilan, persalinan, nifas, neonatus, hingga keluarga berencana.

Kata kunci : ***Asuhan Kebidanan Komprehensif, Kehamilan, Ketuban Pecah Dini, Sectio Caesarea, Nifas, Neonatus.***

Referensi : **35 Referensi (2019–2026)**

**MINISTRY OF HEALTH REPUBLIC INDONESIA
RIAU MINISTRY OF HEALTH POLYTECHNIC
STUDY PROGRAM DIII MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026
FADHILA AZZAHRA**

**COMPREHENSIVE MIDWIFERY CARE FOR NY. N AT TPMB ZURRAHMI
PEKANBARU CITY IN 2026**

xii + 151 Halaman + 6 Tabel + 10 Lampiran

ABSTRACT

Comprehensive midwifery care is a continuous service provided to women from pregnancy, childbirth, postpartum, neonates, to family planning in order to improve maternal and infant health. This care was provided to Mrs. N, G2P1A0H1, aged 30 years, at TPMB Zurrahmi Pekanbaru City from January to March 2026 using the Continuity of Midwifery Care (CoMC) approach. The midwifery care was conducted comprehensively and continuously and documented using the SOAP method. The care was carried out from 33–38 weeks of gestation through three antenatal visits, childbirth assistance, four postpartum visits, and three neonatal visits. During pregnancy, Mrs. N complained of lower back pain, which was successfully managed through pregnancy exercises. Labor occurred at 38–39 weeks of gestation and was delivered by Cesarean Section (CS) due to Premature Rupture of Membranes (PROM). Postpartum care included post-CS wound care, with complaints of surgical wound pain that were alleviated through wound care, relaxation techniques, mobilization, and adequate nutritional intake. Neonatal care included routine newborn care and infant massage. The umbilical cord detached on the fifth day, and the infant's weight increased to 3,500 grams at the age of 25 days, showing a weight gain of 600 grams. At the final postpartum visit, the mother decided to use the three-month injectable contraceptive method. It is expected that health workers, especially midwives, will continue to improve the quality of comprehensive and continuous midwifery care services starting from pregnancy, childbirth, postpartum, neonatal care, and family planning.

Keywords : *Continuity of Midwifery Care, Pregnancy, Premature Rupture of Membranes, Caesarean Section, Postpartum Care, Neonatal Care.*

References : 35 References (2019–2026)