

**KEMENTRIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
HAYATUN SA'DIAH**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.F DI TPMB
ERMA SURIANTI KOTA PEKANBARU 2026**

xii, 135 Halaman, 6 Tabel, 26 Gambar, 11 Lampiran

ABSTRAK

Bidan memiliki peran penting dalam upaya menurunkan Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB). Salah satu model asuhan kebidanan yang dapat dilakukan oleh bidan adalah asuhan kebidanan berkesinambungan (*Continuity of Midwifery Care/CoMC*). Asuhan ini bertujuan melaksanakan asuhan kebidanan komprehensif pada Ny. F G3P2A0H1, pada masa kehamilan, persalinan, nifas neonatus, dan mendokumentasikan dengan metode SOAP. Asuhan diberikan kepada Ny. F di TPMB Erma Surianti Kota Pekanbaru dan melalui kunjungan rumah pada tanggal 19 November 2025–22 Februari 2026, meliputi 4 kali kunjungan kehamilan, pendampingan persalinan, 4 kali kunjungan nifas, dan 3 kali kunjungan neonatus. Ibu mengeluhkan nyeri punggung pada trimester III, diberikan asuhan sesuai kebutuhan dan masalah dapat diatasi. Asuhan persalinan sesuai dengan standar asuhan Persalinan Normal (APN). Bayi lahir spontan berjenis kelamin perempuan dengan berat badan 3.300 gram dan panjang badan 49 cm. Asuhan yang diberikan pada masa nifas ialah pemantauan involusi uterus, senam nifas, skrining EPDS, dan konseling keluarga berencana. Ibu berencana menggunakan kontrasepsi IUD. Asuhan yang diberikan pada bayi meliputi perawatan tali pusat, edukasi ASI eksklusif dan pijat bayi. Terjadi penambahan berat badan sebanyak 400 gram pada hari ke 15, dan bayi mendapatkan hanya ASI saja. Diharapkan bagi tenaga kesehatan terutama bidan dapat mempertahankan serta meningkatkan mutu pelayanan asuhan kebidanan yang dilakukan secara *Continuity of Midwifery Care* pada ibu hamil, bersalin, nifas dan neonatus.

Kata Kunci : Asuhan kebidanan komprehensif, kehamilan, persalinan, nifas, neonatus, *Continuity of Midwifery Care*.
Daftar Bacaan : 63 Referensi (2016–2025).

**MINISTRY OF HEALTH THE REPUBLIC INDONESIA
RIAU MINISTRY OF POLYTECHNIC
STUDY PROGRAM DIII MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026
HAYATUN SA'DIAH**

**COMPREHENSIVE OF MIDWIFERY FOR NY. F AT TPMB ERMA
SURIANTI PEKANBARU CITY IN 2026**

xii, 135 Pages, 6 Tables, 26 Figures, 11 Appendices

ABSTRACT

Midwives play an important role in reducing the Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR). One model of midwifery care that can be implemented is Continuity of Midwifery Care (CoMC). This care aims to provide comprehensive midwifery services for Mrs. F G3P2A0H1, during pregnancy, childbirth, the postpartum period, and neonatal care, while documenting the care using the SOAP method. Care was provided at TPMB Erma Surianti, Pekanbaru City, and through home visits from November 19, 2025, to February 22, 2026, including four antenatal visits, childbirth care, four postpartum visits, and three neonatal visits. During the third trimester, the mother complained of back pain, which was managed appropriately and resolved. Childbirth care was provided according to the standards of Normal Childbirth Care (Asuhan Persalinan Normal/APN). A healthy female infant was delivered spontaneously, weighing 3,300 grams and measuring 49 cm in length. Postpartum care included monitoring uterine involution, postpartum exercise, Edinburgh Postnatal Depression Scale (EPDS) screening, and family planning counseling. The mother chose an intrauterine device (IUD) as her contraceptive method. Neonatal care included umbilical cord care, exclusive breastfeeding education, and infant massage. On the fifteenth day, the infant's weight had increased by 400 grams while receiving exclusive breastfeeding. It is expected that healthcare professionals, particularly midwives, will continue to maintain and improve the quality of comprehensive and continuous midwifery care for pregnant women, women in labor, postpartum mothers, and neonates through the implementation of Continuity of Midwifery Care.

**Keywords : Comprehensive Midwifery Care, Pregnancy, Childbirth,
Postpartum, Neonate, Continuity of Midwifery Care**

References : 63 References (2016–2025).