

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
ANGGI ASNITA BR BUTAR BUTAR**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI KLINIK
PRATAMA TAMAN SARI 6 KOTA PEKANBARU TAHUN 2026**

xii, ± 108 Halaman, 4 Tabel, 11 Lampiran

ABSTRAK

Asuhan kebidanan komprehensif merupakan layanan berkelanjutan yang diberikan mulai dari masa kehamilan, persalinan, masa nifas, hingga tahap neonatal untuk mendukung kesehatan ibu dan bayi secara optimal serta memfasilitasi deteksi dini komplikasi. Laporan tugas akhir ini bertujuan memberikan asuhan kebidanan komprehensif kepada Ibu S (G4P3A0H3) dengan menggunakan pendekatan Continuity of Midwifery Care (CoMC) di Klinik Pratama Taman Sari 6, Kota Pekanbaru, pada tahun 2026. Asuhan dimulai pada usia kehamilan 33 minggu 5 hari, yang mencakup empat kali kunjungan antenatal, pendampingan persalinan, empat kali kunjungan nifas, dan tiga kali kunjungan neonatal. Hasil asuhan menunjukkan bahwa kondisi ibu dan janin tetap fisiologis sepanjang kehamilan, meskipun terdapat skor KSPR sebesar 6 (yang mengindikasikan kehamilan risiko tinggi). Keluhan ketidaknyamanan pada trimester ketiga—seperti nyeri punggung bawah, sering buang air kecil, kontraksi palsu, dan sesak napas—ditangani melalui edukasi kesehatan, teknik relaksasi pernapasan, konseling gizi, dan senam hamil. Persalinan berlangsung normal pada usia kehamilan 37 minggu 1 hari, dengan dukungan teknik relaksasi pernapasan, mobilisasi, dan asuhan berkelanjutan. Bayi laki-laki lahir secara spontan melalui persalinan pervaginam dengan berat badan 3.400 gram dan panjang badan 48 cm. Asuhan masa nifas meliputi pemantauan involusi uterus, pemberian konseling gizi, serta edukasi mengenai pemberian ASI eksklusif. Asuhan neonatal mencakup pemantauan pertumbuhan, perawatan tali pusat, dan edukasi mengenai tanda bahaya; bayi mengalami kenaikan berat badan sebesar 300 gram pada usia 14 hari. Tenaga kesehatan, khususnya bidan, diharapkan untuk senantiasa mempertahankan dan meningkatkan kualitas layanan kebidanan sesuai dengan standar yang berlaku, terutama pada masa nifas dan neonatal.

Kata Kunci: Asuhan Kebidanan Komprehensif, *Continuity of Midwifery Care*, Kehamilan Risiko Tinggi.

Referensi : 70 Referensi (2016-2025)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU**

**STUDY PROGRAM OF D III MIDWIFERY
FINAL PROJECT REPORT, JUNE 2026
ANGGI ASNITA BR BUTAR BUTAR**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. S AT THE TAMAN SARI 6
PRATAMA CLINIC, PEKANBARU CITY, 2026**

xii, ± 108 Page, 4 Table, 11 Attachment

ABSTRACT

Comprehensive midwifery care is a continuous service provided from pregnancy, labor, and the postpartum period through to the neonatal stage to support optimal maternal and infant health and facilitate the early detection of complications. This final project report aims to provide comprehensive midwifery care to Mrs. S (G4P3A0H3) using the Continuity of Midwifery Care (CoMC) approach at Pratama Taman Sari 6 Clinic, Pekanbaru City, in 2026. Care commenced at a gestational age of 33 weeks and 5 days, comprising four antenatal visits, labor support, four postpartum visits, and three neonatal visits. The results indicated that the condition of both mother and fetus remained physiological throughout the pregnancy, despite a KSPR score of 6 (indicating a high-risk pregnancy). Third-trimester discomforts—such as lower back pain, frequent urination, false contractions, and shortness of breath—were managed through health education, breathing relaxation techniques, nutritional counseling, and prenatal exercises. Labor proceeded normally at a gestational age of 37 weeks and 1 day, supported by breathing relaxation techniques, mobilization, and continuous care. A male infant was delivered spontaneously via vaginal birth, weighing 3,400 grams and measuring 48 cm in length. Postpartum care included monitoring uterine involution, providing nutritional counseling, and educating the mother on exclusive breastfeeding. Neonatal care encompassed growth monitoring, umbilical cord care, and education regarding danger signs; the infant gained 300 grams in weight by the age of 14 days. Healthcare professionals, particularly midwives, are expected to consistently maintain and improve the quality of midwifery services in accordance with applicable standards, especially during the postpartum and neonatal periods.

Keywords: Comprehensive Midwifery Care, Continuity of Midwifery Care, High-Risk Pregnancy.

References: 70 References (2016-2025)