

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
NUR AZIZAH AYU MUSTIKA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S
DI PMB MILA PUTRI AYU KOTA PEKANBARU TAHUN 2026**

xiii + 176 Halaman, 8 Tabel, 8 Lampiran

ABSTRAK

Kementerian Kesehatan Republik Indonesia terus meningkatkan kualitas pelayanan kesehatan ibu dan anak melalui transformasi sistem kesehatan dengan penguatan pencegahan primer, skrining penyebab kematian, serta peningkatan mutu Antenatal Care (ANC). Upaya ini didukung penerapan *Continuity of Midwifery Care* (CoMC) sebagai asuhan kebidanan berkesinambungan dari kehamilan, persalinan, nifas, neonatus, hingga keluarga berencana untuk menurunkan Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB). Studi kasus dilakukan pada Ny. S G3P2A0H2 di PMB Mila Putri Ayu Kota Pekanbaru serta kunjungan rumah periode Oktober 2025–Januari 2026. Asuhan diberikan sejak usia kehamilan 33 minggu 4 hari meliputi 4 kali kunjungan ANC, 1 kali persalinan, 4 kali nifas, dan 3 kali neonatus. Asuhan kehamilan dilakukan sesuai standar 12T dengan pemantauan ibu dan janin, edukasi nutrisi, istirahat, serta deteksi dini ketidaknyamanan trimester III. Persalinan berlangsung normal sesuai standar Asuhan Persalinan Normal (APN). Bayi lahir spontan, menangis kuat, aktif, laki laki, berat 2900 gram, panjang 51 cm, dan dilakukan inisiasi menyusui dini. Pada masa nifas dilakukan pemantauan involusi uterus, edukasi menyusui, perawatan payudara, dan konseling KB. Ibu memilih kontrasepsi KB suntik progestin . Asuhan neonatus meliputi perawatan tali pusat, ASI eksklusif, dan pemantauan pertumbuhan dengan peningkatan berat badan bayi. . Pada kunjungan hari ke-27, berat badan bayi meningkat, naik sebanyak 710 gram. Diharapkan bidan dapat terus meningkatkan mutu pelayanan kebidanan komprehensif mulai dari kehamilan, persalinan, nifas, neonatus hingga keluarga berencana.

Kata Kunci : *Asuhan Kebidanan, Komprehensif, Kehamilan, Bersalin, Nifas, Neonatus*

Referensi : 65 Referensi (2016-2026)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
DIPLOMA III MIDWIFERY STUDY PROGRAM**

**FINAL ASSIGNMENT REPORT, JUNI 2026
NUR AZIZAH AYU MUSTIKA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. S AT
PMB MILA PUTRI AYU, PEKANBARU CITY, 2026**

xiii + 176 pages, 8 tables, 8 appendices

ABSTRACT

The Ministry of Health of the Republic of Indonesia continues to improve the quality of maternal and child health services through health system transformation by strengthening primary prevention, screening for causes of death, and improving the quality of Antenatal Care (ANC). This effort is supported by the implementation of Continuity of Midwifery Care (CoMC) as continuous midwifery care from pregnancy, childbirth, postpartum, neonates, to family planning to reduce the Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR). The case study was conducted on Mrs. S G3P2A0H2 at PMB Mila Putri Ayu Pekanbaru City and home visits for the period October 2025–January 2026. The care provided from 33 weeks and 4 days of pregnancy included 4 ANC visits, 1 delivery, 4 postpartum visits, and 3 neonatal visits. Pregnancy care was carried out according to the 10T standard with maternal and fetal monitoring, nutritional education, rest, and early detection of third trimester discomfort. The delivery took place normally according to Normal Delivery Care (APN). The baby was born spontaneously, crying loudly, active, male, weighing 2900 grams, 51 cm long, and early initiation of breastfeeding was carried out. The postpartum period included consultations for uterine involution, lochia, breastfeeding education, breast care, and family planning counseling. The mother chose a 3-month injectable contraceptive. Neonatal care included umbilical cord care, exclusive breastfeeding, and growth monitoring with weight gain. At the 27th day visit, the baby's weight increased, increase of 710 grams. The implementation of CoMC is expected to improve the quality of comprehensive, continuous, and evidence-based midwifery services.

Keywords: *Midwifery Care, Comprehensive, Pregnancy, Childbirth, Postpartum, Newborn*

References: 65 references (2016–2026)