

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

LAPORAN TUGAS AKHIR, JUNI 2026

TIARA AMANDA

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A
DI TPMB FITRI YANI KABUPATEN KAMPAR TAHUN 2026**

xiii + 142 Halaman, 7 Tabel, 11 Lampiran

ABSTRAK

Asuhan kebidanan komprehensif merupakan pelayanan kebidanan yang diberikan secara berkesinambungan mulai dari masa kehamilan, persalinan, nifas, neonatus, hingga keluarga berencana. Pelayanan ini bertujuan untuk meningkatkan kesehatan ibu dan bayi melalui deteksi dini, pencegahan, dan penanganan masalah yang mungkin terjadi selama masa reproduksi pada Ny. A di TPMB Fitri Yani Kabupaten Kampar Tahun 2026. Asuhan secara menyeluruh dan berkesinambungan pada Ny.R G₁P₀A₀H₀ diberikan di TPMB Fitri Yani dari bulan Desember 2025 – April 2026. Pada masa kehamilan dilakukan asuhan sebanyak 4 kali kunjungan, nifas 4 kali kunjungan, neonates 3 kali kunjungan nifas. Hasil asuhan menunjukkan bahwa selama kehamilan Ny. A mengalami ketidaknyamanan fisiologis berupa nyeri bagian bawah perut dan edema pada kedua kaki. Masalah tersebut dapat diatasi melalui pemberian edukasi, pemenuhan kebutuhan istirahat, perbaikan posisi tubuh, serta pemantauan secara berkala. Pertolongan persalinan dilakukan sesuai dengan standar Asuhan Persalinan Normal (APN) dan teknik usap punggung untuk mengurangi rasa nyeri. Bayi lahir cukup bulan dengan berat badan lahir 3.000 gram, Panjang 49 cm, jenis kelamin laki-laki, segera menangis kuat, bergerak aktif. Masa nifas berlangsung fisiologis dengan involusi uterus yang baik, pengeluaran lochea normal, serta produksi ASI lancar. Kunjungan neonatus dilakukan sebanyak tiga kali, ada keluhan ruam di genetalia dan menunjukkan pertumbuhan serta perkembangan bayi dalam batas normal tanpa ditemukan tanda bahaya. Pada akhir masa nifas, Ny. A memilih menggunakan kontrasepsi pil sebagai metode keluarga berencana. Disarankan kepada bidan sebagai tenaga kesehatan dapat mempertahankan pemberian pelayanan kebidanan secara komprehensif dan berkesinambungan terutama asuhan ibu hamil, bersalin, nifas dan neonates serta melengkapi pendokumentasian sesuai manajemen kebidanan SOAP.

Kata Kunci : *Asuhan Kebidanan Hamil, Bersalin, Nifas Neonatus, Komprehensif*

Reference : 51 (2016 – 2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
STUDY PROGRAM D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026
TIARA AMANDA**

**COMPREHENSIVE OBSTETRIC CARE AT MRS. A
AT TPMB FITRI YANI, KAMPAR REGENCY IN 2026**

xiii + 142 Pages, 7 Tables, 11 Attachments

ABSTRACT

Comprehensive obstetric care is an obstetric service that is provided continuously starting from pregnancy, childbirth, postpartum and neonate, to family planning. This service aims to improve the health of mothers and babies through early detection, prevention, and handling of problems that may occur during the reproductive period in Mrs. A at TPMB Fitri Yani, Kampar Regency in 2026. Comprehensive and continuous care for Mrs. R G1P0A0H0 provided at TPMB Fitri Yani from December 2025 – April 2026. During pregnancy, care was carried out 4 visits, postpartum 4 visits, neonates 3 postpartum visits. The results of the care showed that during the pregnancy Mrs. A experienced physiological discomfort in the form of pain in the lower abdomen and edema in both legs. These problems can be overcome through education, fulfilling rest needs, improving body position, and regular monitoring. Childbirth assistance is carried out in accordance with Normal Childbirth Care (APN) standards and back rubbing techniques to reduce pain. Full-term babies with a birth weight of 3,000 grams, Length 49 cm, male gender, immediately cry loudly, move actively. The postpartum period takes place physiologically with good uterine involution, normal lochea production, and smooth milk production. Neonatal visits were carried out three times, there were complaints of rashes in the genitalia and showed the growth and development of the baby within normal limits without any signs of danger found. At the end of the postpartum period, Mrs. A chose to use pill contraceptives as a family planning method. It is recommended that midwives as health workers can maintain the provision of midwifery services comprehensively and continuously, especially the care of pregnant women, childbirth, postpartum and neonates and complete the dometization according to SOAP midwifery management

Keywords : *Obstetric Care for Pregnancy, Childbirth, Neonatal Postpartum Care, Comprehensive*

Reference : 51 (2016 – 2025)