

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
FITRI ANGRAINI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. R DI TPMB SITI
JULAEHA PEKANBARU TAHUN 2026**

ix+ 146 Halaman, 2 Tabel, 10 Lampiran

ABSTRAK

Bidan sebagai pemberi asuhan memiliki posisi strategis dalam upaya percepatan penurunan Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB) melalui asuhan berkesinambungan (*Continuity of Midwifery Care/CoMC*). Asuhan ini bertujuan untuk melaksanakan asuhan kebidanan secara menyeluruh dan berkesinambungan mulai dari kehamilan, persalinan, nifas, dan neonatus dan mendokumentasikan dengan metode SOAP di TPMB Siti Juliaha Kota Pekanbaru. Asuhan diberikan pada Ny. R G4P3A0H3, usia 33 tahun, mulai dari usia kehamilan 31 minggu hingga nifas dan neonatus di TPMB Siti Juliaha Kota Pekanbaru. Pengambilan kasus dimulai pada 10 Desember 2025-22 Maret 2026 meliputi 3 kali asuhan kehamilan, pendampingan persalinan, 4 kali asuhan nifas dan 3 kali asuhan neonatus. Dilakukan pengumpulan data dilakukan melalui anamnesis, pemeriksaan yang dilakukan yaitu pemeriksaan fisik, dan pemeriksaan penunjang. Instrument KSPR, penapisan persalinan, partograf, skrining EPDS, buku KIA, dan leaflet. Pada masa kehamilan trimester III, Ny. R mengalami keluhan nyeri pinggang. Asuhan yang dilakukan dengan melakukan kompres hangat dan pijatan lembut pada daerah yang nyeri sudah teratasi. Persalinan berlangsung normal sesuai standar Asuhan Persalinan Normal (APN). Bayi lahir spontan dengan berat badan lahir 3.420 gram dan panjang badan 51 cm. Masa nifas berlangsung normal dan asuhan yang diberikan meliputi perawatan payudara, serta konseling metode kontrasepsi. Pada masa neonatus, asuhan yang diberikan meliputi edukasi ASI Eksklusif, perawatan tali pusat, pijat bayi, serta imunisasi dasar. Terjadi peningkatan berat badan bayi selama masa pemantauan neonatus yaitu 430 gram pada hari ke 13. Diharapkan bidan tetap mempertahankan asuhan kebidanan sesuai dengan standar pelayanan kebidanan yang komprehensif mulai dari kehamilan, persalinan, nifas dan neonatus.

Kata Kunci : ***Asuhan Kebidanan Kehamilan, Persalinan, Nifas, Neonatus***

Referensi : 84 Referensi (2016–2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF
INDONESIA RIAU HEALTH POLYTECHNIC
MIDWIFERY D III STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2026
FITRI ANGRAINI**

**COMPREHENSIVE OBSTETRIC CARE AT MRS. R AT TPMB SITI
JULAEHA PEKANBARU IN 2026**

ix+ 146 Pages, 2 Tables, 10 Appendices

ABSTRACT

Midwives as caregivers have a strategic position in efforts to accelerate the reduction of Maternal Mortality Rate (AKI) and Infant Mortality Rate (AKB) through continuous care (*Continuity of Midwifery Care / CoMC*). This care aims to carry out comprehensive and continuous midwifery care starting from pregnancy, childbirth, postpartum and neonatal care and document with the SOAP method at TPMB Siti Juliaha Pekanbaru City. Care is provided to Mrs. R G4P3A0H3, age 33 years, starting from 31 weeks of gestation to postpartum and neonatal care at TPMB Siti Juliaha Pekanbaru City. Case collection began on December 10, 2025-March 22, 2026 including 3 pregnancy care, childbirth assistance, 4 postpartum care and 3 neonatal care. Data collection was carried out through anamnesis, examinations carried out, namely physical examinations, and supporting examinations. KSPR instruments, childbirth screening, partographs, EPDS screening, KIA books, and leaflets. During the third trimester of pregnancy, Mrs. R experienced complaints of low back pain. Care carried out by doing warm compresses and gentle massage on painful areas has been resolved. Delivery took place normally according to Normal Childbirth Care (APN) standards. The baby was born spontaneously with a birth weight of 3,420 grams and a body length of 51 cm. The postpartum period took place normally and the care provided included breast care, as well as contraceptive method counseling. During the neonatal period, the care provided includes exclusive breastfeeding education, umbilical cord care, baby massage, and basic immunization. There was an increase in the baby's weight during the neonatal monitoring period, which was 430 grams on day 13. It is expected that midwives will continue to maintain midwifery care in accordance with comprehensive midwifery service standards ranging from pregnancy, childbirth, postpartum and neonates.

Keywords : *Midwifery Care, Pregnancy, Childbirth, Puerperium, Neonatal*

References : 84 References (2016–2025)