

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
DINI ARIANTI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. N DI TPMB
ROSITA KOTA PEKANBARU 2026**

xiv + 146 Halaman + 8 Tabel + 10 Lampiran

ABSTRAK

Continuity Of Midwifery Care (CoMC) adalah asuhan komprehensif yang diberikan sejak kehamilan hingga neonatal dalam meningkatkan kesehatan ibu dan bayi. Studi kasus ini bertujuan untuk memberikan asuhan komprehensif dari kehamilan, persalinan, nifas, dan neonatus pada Ny. D G1P0A0H0 di PMB Rosita. Asuhan dilakukan dari bulan Januari 2026 sampai dengan Mei 2026 sebanyak 4 kali kunjungan kehamilan trimester III dimulai pada usia kehamilan 27- 28 minggu, 1 kali kunjungan persalinan, 5 kali kunjungan selama nifas dan 3 kali kunjungan selama neonatus. Keluhan pada masa hamil yaitu kelelahan, nyeri perut bagian bawah dan *braxton hicks*, yang dapat diatasi dengan memberikan pendidikan kesehatan dan kompres air hangat, asuhan lain yang diberikan adalah teknik relaksasi . Proses persalinan berlangsung normal, asuhan teknik *counterpressure* dan *gymball* diberikan untuk mengurangi nyeri dan mempercepat persalinan. Bayi lahir spontan pada tanggal 6 April 2026 pukul 23.15 WIB dengan berat badan 2830 gram berjenis kelamin Laki-laki. Plasenta lahir lengkap pukul 23.22 WIB. Selama masa nifas ibu diberikan asuhan pijat oksitosin dan menganjurkan untuk sering menyusui bayi, asuhan lain yang diberikan yaitu perawatan payudara dan konseling KB, ibu menjadi akseptor KB suntik Progestin, serta skrining *Edinburgh Postnatal Depression Scale (EPDS)* dengan skor 2. Asuhan pada neonatus yaitu perawatan tali pusat, pemberian ASI eksklusif dan on;demand, dan pijat bayi, sehingga berat badan bayi meningkat 420 gram pada usia 18 hari. Diharapkan bidan dapat terus meningkatkan kualitas pelayanan kebidanan komprehensif sesuai standar kebidanan.

Kata Kunci: *Asuhan Kebidanan Komprehensif, Hamil, Bersalin, Nifas, Neonatus*
Referensi: 112 Referensi (2016-2026)

**MINISTRY HEALTH REPUBLIC INDONESIA
RIAU HEALTH POLYTECHNIC
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNI 2026
DINI ARIANTI**

**COMPREHENSIVE MIDWIFERY CARE ON NY. N IN
INDEPENDENT MIDWIFE PRACTIC (PMB) ROSITA PEKANBARU
CITY**

xiv + 146 Halaman + 8 Tabel + 10 Lampiran

ABSRTAC

Continuity Of Midwifery Care (CoMC) is a comprehensive care provided from pregnancy to neonatal in improving the health of the mother and baby. This case study aims to provide comprehensive care for pregnancy, childbirth, and neonates to Mrs. D G1P0A0H0 in PMB Rosita. Care was carried out from January 2026 to May 2026 as many as 4 visits to the third trimester of pregnancy starting at the gestational age of 27-28 weeks, 1 visit to labour, 5 visits during childbirth and 3 visits during the newborn. Complaints during pregnancy are fatigue, lower abdominal pain and *braxton hicks*, which can be overcome by providing health education and warm water compresses, another care given is relaxation techniques. The labour process proceeds normally, *counterpressure* and *gymball* techniques are given to reduce pain and speed up labour. The baby was born spontaneously on April 6, 2026 at 23.15 Western Indonesia Time with a body weight of 2830 grams of male gender. The placenta was born at 23.15 Western Indonesia Time. During the postpartum period, the mother is given oxytocin massage care and recommended to breastfeed the baby frequently, other care given is breast care and birth control counselling, the mother becomes a Progestin injection contraceptive acceptor, as well as *Edinburgh Postnatal Depression Scale (EPDS)* screening with a score of 3. Care for neonates is umbilical cord care, exclusive breastfeeding, and baby massage, so that the baby's body weight increases by 420 grams at the age of 18 days. *Midwifery* are expected to continue improving the quality of comprehensive midwifery care in accordance with professional standards.

Keywords: *Comprehensive Midwifery care, Pregnancy, childbirth, postpartum, neonate*

Reference: 112 References (2016-2026)