

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
KANAYA ANANTA SALSABILAH ZEN**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. L DI TPMB LISA
ANGGRAINI KOTA PEKANBARU TAHUN 2026**

xiv, + 127 halaman + 5 Tabel+ 1 Gambar + 10 Lampiran

ABSTRAK

Continuity of Midwifery Care (CoMC) merupakan pelayanan kebidanan berkesinambungan mulai dari kehamilan, persalinan, nifas, hingga neonatus untuk meningkatkan kesehatan ibu dan bayi serta mencegah komplikasi. Laporan ini bertujuan untuk menggambarkan pelaksanaan asuhan kebidanan komprehensif menggunakan *Continuity of Midwifery Care* (CoMC) secara menyeluruh dan berkesinambungan sesuai asuhan kebidanan. Asuhan diberikan kepada Ny. L, G4P3A0H3, usia kehamilan 31-32 minggu, usia 37 tahun di TPMB Lisa Anggraini Kota Pekanbaru sejak Februari hingga Juni 2026. Asuhan dilakukan 3x kunjungan kehamilan, pertolongan persalinan, 4x kunjungan nifas, dan 3x kunjungan neonatus. Pada kehamilan trimester 3 Ny. L mengalami nyeri pinggang diberikan asuhan kompres hangat, senam hamil dan edukasi cara mengatasi nyeri pinggang, setelah diberikan asuhan, nyeri pinggang ibu berkurang. Asuhan persalinan sesuai standar APN pada usia kehamilan 41 minggu dan diberikan asuhan sayang ibu yaitu birth ball, setelah diberikan asuhan, ibu merasa lebih nyaman. Bayi lahir spontan menangis kuat, jenis kelamin perempuan dengan BB 3.300 gram, PB 48 cm, plasenta lahir lengkap, kontraksi baik, perdarahan 150 cc. Pada masa nifas dilakukan pemantauan involusi uterus, pijat oksitosin, edukasi menyusui, dan senam nifas dengan hasil kondisi ibu baik serta produksi ASI lancar. ASI lancar. Ibu calon akseptor MOW. Asuhan neonatus dilakukan edukasi ASI eksklusif dan perawatan tali pusat, tali pusat puput pada hari ke-5 serta terjadi peningkatan berat badan bayi sebesar 1000 gram. Diharapkan bidan dapat mempertahankan dan meningkatkan asuhan kebidanan secara komprehensif dan berkesinambungan.

Kata Kunci : *Continuity of Midwifery Care*, kehamilan, persalinan, nifas, neonatus.

Refensi : 64 referensi (2021-2026).

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC DIII MIDWIFERY**

**STUDY PROGRAM FINAL PROJECT REPORT, JUNE 2026
KANAYA ANANTA SALSABILAH ZEN**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. L AT TPMB LISA
ANGGRAINI, PEKANBARU CITY, 2026**

xiv, 127 pages +5 Tables+1 Image+10 Attachments

ABSTRACT

Continuity of Midwifery Care (CoMC) is a continuous midwifery service provided from pregnancy, childbirth, postpartum, to the neonatal period to improve maternal and infant health and prevent complications. This report aims to describe the comprehensive and continuous implementation of midwifery care using Continuity of Midwifery Care (CoMC) in accordance with midwifery care standards. Care was provided to Mrs. L, G4P3A0H3, at 31–32 weeks of gestation, aged 37 years, at TPMB Lisa Anggraini, Pekanbaru City, from February to June 2026. Care consisted of three antenatal visits, childbirth assistance, four postpartum visits, and three neonatal visits. During the third trimester, Mrs. L experienced lower back pain and was provided with warm compresses, pregnancy exercises, and education on managing lower back pain, after the interventions, her lower back pain decreased. Childbirth care was provided according to APN standards at 41 weeks of gestation, along with woman-centered care using a birth ball, after the intervention, the mother felt more comfortable. The baby was born spontaneously with a strong cry, female, weighing 3,300 grams and measuring 48 cm in length. The placenta was delivered completely, uterine contractions were good, and blood loss was 150 cc. During the postpartum period, uterine involution was monitored, oxytocin massage, breastfeeding education, and postpartum exercises were provided, resulting in good maternal condition and smooth breast milk production. The mother was a prospective MOW acceptor. Neonatal care included education on exclusive breastfeeding and umbilical cord care; the umbilical cord separated on the fifth day, and the baby's weight increased by 1,000 grams. Midwives are expected to maintain and improve comprehensive and continuous midwifery care from pregnancy, childbirth, postpartum, to the neonatal period.

Keywords : *Continuity of Midwifery Care*, pregnancy, childbirth, postpartum, neonate
References : 64 references (2021-2026).