

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, Juni 2026
ELVIANA YUSMAIKA PUTRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. H DI TPMB
BIDAN NIYET PEKANBARU TAHUN 2026**

xiii, 110 Halaman +8 tabel + 10 Lampiran

ABSTRAK

Dalam upaya menurunkan AKI di Indonesia, salah satu bentuk asuhan yang dapat dilakukan yaitu dengan metode *Continuity of Midwifery Care* (CoMC). Laporan tugas akhir ini menggambarkan pelaksanaan asuhan kebidanan komprehensif pada Ny. H G2P1A0H1 di TPMB Bidan Niyet Kota Pekanbaru dari 17 Januari hingga 3 April 2026. Pengumpulan data dilakukan melalui wawancara, pemeriksaan fisik, pemeriksaan penunjang menggunakan instrumen seperti KSPR, partograf, lembar observasi, skrining EPDS, buku KIA, dan media edukasi berupa leaflet. Asuhan dilakukan melalui 4 kali kunjungan kehamilan, pendampingan persalinan, 4 kali kunjungan nifas dan 3 kali kunjungan neonatus. Pada masa kehamilan ditemukan keluhan nyeri pinggang yang diatasi dengan kompres hangat dan senam hamil. Pada persalinan diberikan intervensi nonfarmakologis berupa massage effeurage dan teknik relaksasi napas dalam. Persalinan berlangsung normal dan spontan pada usia kehamilan 38 minggu. Bayi lahir spontan, aterm, segera menangis, dengan berat badan lahir 3900 gram dan panjang badan 50 cm. Selama masa asuhan tidak ditemukan komplikasi baik pada ibu maupun bayi, serta terjadi peningkatan berat badan bayi sebesar 500 gram. Setelah mendapatkan konseling, ibu memutuskan menggunakan kontrasepsi Pil Laktasi. Seluruh rangkaian asuhan didokumentasikan secara sistematis menggunakan metode SOAP. Diharapkan tenaga kesehatan, khususnya bidan, dapat terus mempertahankan serta meningkatkan mutu pelayanan kebidanan bagi ibu hamil, bersalin, nifas, dan neonatus secara berkesinambungan sesuai dengan standar pelayanan minimal kebidanan.

Kata Kunci : *Asuhan komprehensif, kehamilan, persalinan, nifas, neonatus.*

Daftar Bacaan : 59 referensi (2016-2025)

MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY

FINAL PROJECT REPORT, Juni 2026

ELVIANA YUSMAIKA PUTRI

**COMPREHENSIVE MIDWIFERY CARE FOR MRS.P IN INDEPENDENT
PRACTICE OF MIDWIFE KISMAWATI PEKANBARU CITY**

xiii, 110 pages + 8 tables + 10 attachments

ABSTRACT

In an effort to reduce the Maternal Mortality Rate (MMR) in Indonesia, the Continuity of Midwifery Care (CoMC) method serves as a viable form of care. This final project report describes the implementation of comprehensive midwifery care for Mrs. H (G2P1A0H1) at the Independent Midwifery Practice (TPMB) of Midwife Niyet in Pekanbaru City from January 17 to April 3, 2026. Data collection involved interviews, physical examinations, and supplementary assessments using instruments such as the KSPR (High-Risk Pregnancy Screening Card), partograph, observation sheets, EPDS screening, the Maternal and Child Health (KIA) handbook, and educational leaflets. Care was delivered through four prenatal visits, labor support, four postpartum visits, and three neonatal visits. During pregnancy, the client reported lower back pain, which was managed with warm compresses and prenatal exercises. During labor, non-pharmacological interventions specifically effleurage massage and deep breathing relaxation techniques were administered. The delivery proceeded normally and spontaneously at 38 weeks of gestation. The infant was born spontaneously at term, cried immediately, and had a birth weight of 3,900 grams and a length of 50 cm. No complications arose for either the mother or the infant during the care period, and the infant gained 500 grams in weight. Following counseling, the mother opted for the lactational contraceptive pill. The entire care process was systematically documented using the SOAP method. It is hoped that healthcare professionals, particularly midwives, will continue to maintain and improve the quality of continuous midwifery care for pregnant women, women in labor, postpartum mothers, and newborns, in accordance with minimum midwifery service standards.

Keywords : *Comprehensive care pregnancy, childbirth, postpartum, neonates*

Reference : 59 references (2016-2025)