

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
FEBI ANGELICA SHANDAWI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. L DI TPMB SITI
JULAEHA KOTA PEKANBARU**

xv + 152 Halaman + 4 Gambar + 6 Tabel + 12 Lampiran

ABSTRAK

Transformasi layanan primer berfokus pada upaya promotif dan preventif untuk meningkatkan kesehatan ibu dan bayi melalui asuhan kebidanan komprehensif dan berkelanjutan atau *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan memberikan asuhan kebidanan pada Ny. L G3P2A0H2 di PMB Siti Julaeha Kota Pekanbaru dari 12 Desember 2025 – 10 April 2026. Pengumpulan data dilakukan melalui anamnesis, pemeriksaan umum, pemeriksaan fisik, dan pemeriksaan penunjang menggunakan instrumen KSPR, penapisan persalinan, partograf, skrining EPDS, buku KIA, dan leaflet, serta didokumentasikan dengan metode SOAP. Asuhan dilakukan melalui 5 kali kunjungan kehamilan, 1 pendampingan persalinan, 4 kali kunjungan nifas serta 3 kali kunjungan neonatus. Hasil asuhan menunjukkan selama kehamilam tidak ditemukan keluhan, asuhan yang diberikan adalah yoga *Excercise* untuk mempercepat penurunan kepala janin ke panggul, pola istirahat dan nutrisi. Pada persalinan diberikan intervensi nonfarmakologis berupa deep back massage dan teknik pernapasan dalam. Persalinan berlangsung pada usia kehamilan 39 minggu, bayi lahir spontan, aterm, segera menangis dan aktif, dengan berat badan 3000 gram dan panjang badan 49 cm. Selama masa nifas, tidak ditemukan komplikasi pada ibu maupun bayi. Bayi mengalami peningkatan berat badan sebesar 900 gram, sementara ibu mendapatkan asuhan perawatan payudara, edukasi teknik menyusui, serta perencanaan keluarga. Setelah diedukasi mengenai KB, ibu memutuskan tidak menggunakan kontrasepsi dikarenakan tidak mendapatkan persetujuan suami dan alasan kepercayaan agama. Diharapkan tenaga kesehatan khususnya bidan mempertahankan asuhan kebidanan yang diberikan secara berkesinambungan dan berkelanjutan mulai dari hamil, bersalin, nifas, dan neonatus.

Kata kunci : *Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus, on-demand*

Referensi : 41 referensi (2016 - 2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF THE MINISTRY OF HEALTH RIAU
STUDY PROGRAM D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026
FEBI ANGELICA SHANDAWI**

**COMPREHENSIVE OBSTETRIC CARE AT MRS. L AT TPMB SITI
JULAEHA KOTA PEKANBARU**

xv + 152 Pages + 4 Pictures+ 6 Tables + 12 Appendices

ABSTRACT

Primary service transformation focuses on promotive and preventive efforts to improve maternal and infant health through comprehensive and continuous midwifery care, known as Continuity of Midwifery Care (CoMC). This case study aimed to provide comprehensive obstetric care for Mrs. L (G3P2A0H2) at PMB Siti Juliaha, Pekanbaru, from December 12, 2025, to April 10, 2026. Data were collected through history taking, general and physical examinations, and supporting assessments using the KSPR, labor screening, partograph, EPDS, Maternal and Child Health (MCH) book, and educational leaflets. Documentation followed the SOAP method. Care included five antenatal visits, one childbirth assistance, four postpartum visits, and three neonatal visits. During pregnancy, no complications were identified. Care focused on pregnancy yoga to facilitate fetal head engagement, nutritional counseling, and adequate rest. During labor, non-pharmacological pain management, including deep back massage and breathing techniques, was provided. Labor occurred at 39 weeks of gestation, resulting in the spontaneous birth of a healthy term infant weighing 3000 grams and measuring 49 cm, with immediate crying and good activity. No maternal or neonatal complications were observed during the postpartum period. The infant gained 900 grams, while the mother received breast care, breastfeeding education, and family planning counseling. Although family planning options were explained, the mother decided not to use contraception because of her husband's lack of consent and religious beliefs. Continuous and comprehensive midwifery care from pregnancy through childbirth, postpartum, and the neonatal period is expected to support optimal maternal and infant health outcomes.

Keywords : *Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum Care, Neonate, on-demand*

References : 41 references (2016 - 2025)