

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
T. RAFA TABINA MARITZA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. E DI TPMB ROSITA
PEKANBARU**

xiv + 114 Halaman + 5 Tabel + 1 Gambar + 9 Lampiran

ABSTRAK

Bidan berperan penting dalam memberikan pelayanan kesehatan ibu dan anak secara berkesinambungan untuk mendeteksi dini serta mencegah komplikasi pada masa kehamilan, persalinan, nifas, dan neonatus. Tujuan studi kasus ini adalah memberikan asuhan kebidanan komprehensif pada Ny. E G3P2A0H2 usia 35 tahun di TPMB Rosita Kota Pekanbaru November 2025–Januari 2026 dengan pendokumentasian SOAP. Asuhan dilakukan sejak kehamilan hingga neonatus meliputi 4x kunjungan antenatal, pertolongan persalinan, 4x kunjungan nifas, dan 3x kunjungan neonatus. Pada masa kehamilan, ibu mengalami keluhan sering buang air kecil diatasi melalui konseling dan pendidikan kesehatan. Persalinan berlangsung spontan pada usia kehamilan aterm. Bayi lahir perempuan dengan berat badan 3100 gram dan panjang badan 49 cm, plasenta lahir lengkap, perdarahan ± 250 cc, serta terdapat laserasi perineum derajat II. Pada masa nifas ditemukan nyeri luka perineum dan produksi ASI sedikit yang diatasi melalui teknik menyusui, pijat oksitosin, pijat laktasi, dan perawatan luka perineum. Pada masa neonatus, bayi mengalami ikterus dan penurunan berat badan pada minggu pertama. Penanganan dilakukan dengan memberikan asuhan sering menyusui dan menjemur bayi pagi hari. Selanjutnya dilakukan pemantauan tumbuh kembang dan pijat bayi. Kondisi bayi membaik dan berat badan meningkat sebanyak 900 gram menjadi 4000 gram pada usia 28 hari. Diharapkan kepada TPMB Rosita untuk mempertahankan mutu pelayanan asuhan kebidanan secara berkesinambungan serta kepada institusi pendidikan agar laporan ini dapat menjadi referensi dalam meningkatkan mutu pembelajaran, wawasan, dan keterampilan mahasiswa dalam pemberian asuhan kebidanan komprehensif sesuai standar pelayanan kebidanan.

Kata Kunci : *Asuhan kebidanan komprehensif, kehamilan, persalinan, nifas, neonatus*

Referensi : 64 Referensi (2018-2026)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
DEPARTMENT OF MIDWIFERY
D III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2026
T. RAFA TABINA MARITZA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. E AT TPMB
ROSITA PEKANBARU IN 2026**

xiv + 114 Pages + 5 Tables + 1 Picture + 9 Appendices

ABSTRACT

Midwives play a crucial role in providing continuous maternal and child health services to facilitate early detection and prevention of complications during pregnancy, childbirth, the postpartum period, and the neonatal stage. The objective of this case study was to provide comprehensive midwifery care to Mrs. E (G3P2A0H2, aged 35) at the Rosita Independent Midwifery Practice (TPMB) in Pekanbaru City from November 2025 to January 2026, utilizing SOAP documentation. Care spanned from pregnancy through the neonatal period, comprising four antenatal visits, delivery assistance, four postpartum visits, and three neonatal visits. During pregnancy, the mother experienced frequent urination, which was managed through counseling and health education. Labor proceeded spontaneously at term gestation. A female infant was delivered weighing 3,100 grams and measuring 49 cm in length; the placenta was delivered intact, blood loss was approximately 250 cc, and a second-degree perineal laceration was present. Postpartum issues included perineal wound pain and low breast milk production, which were addressed through breastfeeding techniques, oxytocin massage, lactation massage, and perineal wound care. During the neonatal period, the infant developed jaundice and experienced weight loss in the first week. Management involved frequent breastfeeding and morning sun exposure. Subsequently, growth and development monitoring and infant massage were performed. The infant's condition improved, and weight increased by 900 grams to reach 4,000 grams by the age of 28 days. It is recommended that TPMB Rosita maintain the quality of continuous midwifery care and that educational institutions utilize this report as a reference to enhance the quality of learning, knowledge, and student skills regarding the provision of comprehensive midwifery care in accordance with midwifery service standards.

Keywords : Comprehensive Midwifery Care for pregnancy, childbirth, postpartum, neonates

References :64 References (2018-2026)