

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
INTAN JUNILAWATI RIZWANI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI PMB ERMA
SURIANTI KOTA PEKANBARU**

xii + 123 halaman, 5 tabel, 8 gambar, 11 lampiran

ABSTRAK

Asuhan kebidanan komprehensif merupakan pelayanan berkelanjutan yang diberikan kepada ibu hamil mulai dari masa kehamilan, persalinan, nifas, hingga neonatus, dengan tujuan meningkatkan kualitas kesehatan ibu dan bayi serta menurunkan angka kematian ibu dan bayi. Salah satu pendekatan yang diterapkan yaitu *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan memberikan asuhan kebidanan kehamilan, persalinan, masa nifas, dan neonatus dengan metode dokumentasi SOAP pada Ny.A di PMB Erma Surianti, Kota Pekanbaru. Asuhan ini diberikan dari 17 Januari 2026 hingga 10 Mei 2026. Pada usia kehamilan 30-31minggu, keluhan yang muncul yaitu nyeri perut bagian bawah, perut terasa tegang, sering buang air kecil, dan nyeri pada bagian bawah, yang diatasi dengan kompres hangat, mengurangi minum sebelum tidur, dan melakukan senam hamil. Asuhan diberikan sesuai kebutuhan, serta masalah dapat teratasi. Persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN). Pada kala I dilakukan Teknik relaksasi dengan menarik nafas panjang diambil dari hidung dan dikeluarkan dari mulut untuk mengurangi rasa nyeri yang dirasakan ibu. Bayi lahir spontan, jenis kelamin Laki-laki dengan berat badan 3200 gram dan panjang badan 48 cm, serta plasenta lahir lengkap. Pada masa nifas ditemukan masalah ASI belum lancar pada hari pertama dilakukan pijat oksitosin, sehingga ASI lancar pada hari ketiga. Kunjungan nifas ketiga dilakukan konseling KB dan ibu memilih suntik progestin. Pada kunjungan neonatus dilakukan perawatan tali pusat dan pijat bayi. Tali pusat puput pada hari ke 3. Selama pemantauan hingga hari ke 18, terjadi peningkatan berat badan bayi sebanyak 200 gram, yang menunjukkan perkembangan bayi dalam kondisi baik. Diharapkan kepada bidan sebagai tenaga kesehatan untuk terus mempertahankan pemberian pelayanan kebidanan secara komprehensif dan berkesinambungan, khususnya dalam asuhan ibu hamil, bersalin, masa nifas, serta neonatus.

Kata Kunci: *Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas, Dan Neonatus.*

Daftar Bacaan: 48 referensi (2014-2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
D3 MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2026
INTAN JUNILAWATI RIZWANI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. A AT PMB ERMA
SURIANTI, PEKANBARU CITY**

xii + 123 pages, 5 tables, 8 figures, 11 appendices

ABSTRACT

Comprehensive midwifery care is a continuous service provided to pregnant women from pregnancy, childbirth, postpartum, to neonatal, with the aim of improving the quality of maternal and infant health and reducing maternal and infant mortality. One approach applied is *Continuity of Midwifery Care* (CoMC). This case study aims to provide midwifery care for the third trimester, childbirth, postpartum, and neonatal with the SOAP documentation method to Mrs. A at PMB Erma Surianti, Pekanbaru City. This care was provided from January 17, 2026, to May 10, 2026. At 30-31 weeks of pregnancy, complaints that appeared were lower abdominal pain, abdominal tension, frequent urination, and lower back pain, which were addressed with warm compresses, reducing drinking before bed, pregnancy exercises, and stretching. Care was provided as needed, and problems were resolved. Delivery was carried out according to Normal Delivery Care (APN) standards. During the first stage, a relaxation technique was performed by taking deep breaths through the nose and exhaling through the mouth to reduce the pain felt by the mother. The baby was born spontaneously, male with a weight of 3200 grams and a body length of 48 cm, and the placenta was delivered intact. During the postpartum period, it was found that breast milk was not flowing smoothly on the first day, oxytocin massage was performed, so that breast milk flowed smoothly on the third day. The third postpartum visit was carried out with family planning counseling and the mother chose progestin injections. During the neonatal visit, umbilical cord care and baby massage were carried out. The umbilical cord fell off on the 3rd day. During monitoring until the 18th day, there was an increase in the baby's weight of 200 grams, which indicates the baby's development is in good condition. Midwives as health workers are expected to continue to maintain the provision of comprehensive and continuous midwifery services, especially in the care of pregnant women, childbirth, the postpartum period, and neonates.

Keywords: Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, and Neonates.

Reading List: 48 references (2014-2024)