

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2025
NADA ANDINI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI KLINIK
PRATAMA TAMAN SARI 4 KOTA PEKANBARU TAHUN 2026**

xi + 129 Halaman, 2 Tabel, 14 Lampiran

ABSTRAK

Penerapan asuhan kebidanan komprehensif dan berkelanjutan atau *Continuity of Midwifery Care* (CoMC) merupakan upaya untuk mencegah dan menangani komplikasi pada masa kehamilan, persalinan, nifas, dan neonatus. Asuhan diberikan kepada Ny. S G2P1A0H1 di Klinik Pratama Taman Sari 4 Kota Pekanbaru pada Desember 2025–Maret 2026 menggunakan pendekatan manajemen kebidanan dalam bentuk SOAP. Asuhan meliputi 4 kali kunjungan kehamilan, pada kunjungan pertama disaat usia kehamilan 28 minggu – aterm, asuhan persalinan dari kala I hingga kala IV, 4 kali kunjungan nifas, dan 3 kali kunjungan neonatus. Selama trimester III ibu mengalami nyeri pinggang dan diberikan asuhan senam hamil sehingga keluhan berkurang. Persalinan berlangsung normal dengan diberi asuhan sayang ibu massage punggung dan *birth ball*, bayi lahir normal jenis kelamin perempuan, BB 3.700 gram, PB 48 cm, perdarahan ± 200 cc, serta laserasi perineum derajat II. Masa nifas berjalan normal dengan pemberian edukasi menyusui, pijat oksitosin, perawatan luka nyeri hecing dan konseling KB, sehingga ASI lancar dan ibu memilih KB suntik 3 bulan. Pada asuhan neonatus diberikan edukasi ASI eksklusif dan menyusui on demand, hasilnya bayi menyusui kuat dan berat badan meningkat 400 gram dalam 14 hari. Diharapkan bidan dapat terus mempertahankan pelayanan kebidanan komprehensif sesuai standar untuk mendukung kesehatan ibu dan bayi.

Kata Kunci: ***Asuhan Kebidanan Komprehensif, Hamil, Bersalin, Nifas, Neonatus***
Referensi : 72 Referensi (2015-2024)

**MINISTRY OF HEALTH THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM D III MIDWIFERY**

**FINAL PROJECT REPORT, MAY 2025
NADA ANDINI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. S IN CLINIC
PRATAMA TAMAN SARI 4 PEKANBARU CITY IN 2026**

xi + 129 Pages + 2 Tables + 14 Attachments

ABSTRAK

The implementation of comprehensive and continuous midwifery care known as Continuity of Midwifery Care (CoMC) serves as a strategy to prevent and manage complications during pregnancy, childbirth, the postpartum period, and the neonatal stage. Care was provided to Mrs. S (G2P1A0H1) at the Taman Sari 4 Primary Clinic in Pekanbaru City between December 2025 and March 2026, utilizing the midwifery management approach structured via SOAP documentation. The care regimen included four prenatal visits (commencing between 28 weeks of gestation and term), Childbirth care from I stage to the IV stage, four postpartum visits, and three neonatal visits. During the third trimester, the mother experienced lower back pain; prenatal exercise was provided, resulting in symptom relief. Childbirth proceeded normally, incorporating "woman-centered care" practices such as back massage and the use of a birth ball; a healthy female infant was delivered (birth weight: 3,700 g; length: 48 cm), with blood loss of approximately 200 cc and a second-degree perineal laceration. The postpartum period progressed normally with the provision of breastfeeding education, oxytocin massage, suture site care, and family planning counseling; this resulted in successful lactation and the mother's choice of a three-month injectable contraceptive. Neonatal care included education on exclusive and on-demand breastfeeding, resulting in strong infant suckling and a weight gain of 400 grams over 14 days. It is hoped that midwives will continue to maintain comprehensive, standard-compliant midwifery services to support maternal and infant health.

Keyword : *Care for pregnancy, childbirth, postpartum, neonates*
Reference : 72 reference (2015-2024)