

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.N
DI TPMB DARLIANA KOTA PEKANBARU TAHUN 2026**

xiii+ 146 Halaman, 3 Tabel, 10 Lampiran

ABSTRAK

Tingginya Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB) di Indonesia menjadi indikator utama derajat kesehatan masyarakat. AKI mengalami penurunan namun belum mencapai target, salah satu pendekatan bidan yaitu asuhan berkesinambungan *Continuity of Midwifery Care* (COMC). Studi kasus ini bertujuan untuk memberikan asuhan kebidanan komprehensif dan berkesinambungan kepada Ny. N (G1P0A0H0) dimulai dari usia kehamilan 36 Minggu 2 Hari, persalinan, nifas, dan neonatus di TPMB Darliana Kota Pekanbaru. Pengambilan kasus dimulai dari Januari 2026 hingga April 2026. Selama Trimester III dilakukan 3 kali asuhan, asuhan persalinan, 4 kali asuhan nifas, dan 3 kali asuhan neonatus. Keluhan selama trimester III, seperti nyeri pinggang dan kram kaki berhasil diatasi dengan edukasi senam hamil serta melakukan jalan pagi atau sore. Asuhan persalinan dilakukan sesuai standar APN. Bayi lahir spontan, jenis kelamin perempuan, berat badan 3.300 gram, panjang badan 48 cm. Plasenta lahir spontan dan lengkap dalam waktu 3 menit. Pada persalinan terdapat laserasi derajat 2, dilakukan penatalaksanaan dengan menjahit robekan jalan lahir, masalah ibu dapat diatasi. Involusi uterus ibu normal. Ibu berencana menggunakan KB IUD. Asuhan neonatus dilakukan perawatan tali pusat dan pijat bayi. Terjadi peningkatan BB sebesar 500 gram pada hari ke 17 dari BB 3.300 gram menjadi 3.900 gram. Bidan diharapkan agar selalu mempertahankan dan meningkatkan pelayanan kebidanan secara menyeluruh dan berkesinambungan dengan memberikan asuhan yang sesuai dengan kondisi dan kebutuhan setiap pasien, serta berdasarkan *evidence based practice* guna menjamin keselamatan dan kualitas layanan yang optimal.

Kata Kunci : *Asuhan Kebidanan, Komprehensif, Hamil, Bersalin, Nifas, Neonatus*

Referensi : 44 Referensi (2017-2026)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
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DIPLOMA III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2026
RIZKA HAYATI FINNIYAH**

**COMPREHENSIVE MIDWIFERY CARE IN NY. N AT PMB DARLIANA
PEKANBARU CITY, 2026**

xiii+ 146 Pages, 3 Tables, 10 Attachments

ABSTRACT

High Maternal Mortality Rates (MMR) and Infant Mortality Rates (IMR) in Indonesia serve as key indicators of public health status. Although the MMR has declined, it has not yet met the target; one approach employed by midwives is Continuity of Midwifery Care (COMC). This case study aimed to provide comprehensive and continuous midwifery care to Mrs. N (G1P0A0H0) covering the period from 36 weeks and 2 days of gestation through labor, the postpartum period, and neonatal care at the Darliana Independent Midwifery Practice (TPMB) in Pekanbaru City. The case study was conducted from January 2026 to April 2026. Care sessions included three visits during the third trimester, labor care, four postpartum visits, and three neonatal care visits. Third-trimester complaints, such as lower back pain and leg cramps, were successfully managed through education on prenatal exercises and morning or evening walks. Labor care was administered in accordance with Normal Childbirth Care (APN) standards. The baby was delivered spontaneously (female; weight: 3,300 g; length: 48 cm), and the placenta was delivered spontaneously and intact within three minutes. A second-degree laceration occurred during delivery and was managed by suturing the birth canal tear, successfully resolving the issue. The mother's uterine involution proceeded normally, and she planned to use an IUD for contraception. Neonatal care included umbilical cord care and infant massage. By day 17, the infant's weight had increased by 500 grams, rising from 3,300 grams to 3,900 grams. Midwives are encouraged to maintain and enhance comprehensive, continuous midwifery services by tailoring care to each patient's specific conditions and needs, while adhering to evidence-based practices to ensure safety and optimal service quality.

Keywords : *Midwifery Care, Comprehensive, Pregnancy, Maternity, Postpartum, Neonate*

References : 44 References (2017-2026)