

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
NAOMI JULIANI ANGELIA BR R**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. Y DI TPMB MERI
AMELIA PEKANBARU**

xiv ± Halaman 147 + Tabel 12 + 4 Gambar + 10 Lampiran

ABSTRAK

Tingginya Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB) di Indonesia menjadi indikator utama derajat kesehatan masyarakat. Salah satu pendekatan bidan yaitu asuhan berkesinambungan *Continuity of Midwifery Care* (COMC). Laporan ini bertujuan untuk memberikan asuhan kebidanan komprehensif dan berkesinambungan kepada Ny. Y (G3P2A0H2) dimulai dari kehamilan, persalinan, nifas, dan neonatus di TPMB Meri Amelia, Pekanbaru. Pengambilan kasus dimulai dari Desember 2025 hingga Februari 2026. Selama Trimester III dilakukan 3 kali asuhan, asuhan persalinan, 4 kali asuhan nifas, dan 3 kali asuhan neonatus. Keluhan selama trimester III, seperti sering BAK yang berhasil ditangani dengan memberikan edukasi perubahan fisiologis dan perubahan pola serta jenis minuman yang dikonsumsi, keluhan sembelit berhasil diatasi dengan edukasi pola makan dan senam hamil. Asuhan persalinan dilakukan sesuai standar APN. Bayi lahir spontan, jenis kelamin laki-laki, berat badan 3.200 gram, panjang badan 49 cm. Plasenta lahir spontan dan lengkap dalam waktu 3 menit. Pada nifas hari ke-13, ibu mengalami Bendungan ASI (BAS). Asuhan yang diberikan yaitu kompres hangat dan dingin secara bergantian, keluhan ibu dapat diatasi. Ibu berencana menggunakan KB implan. Asuhan neonatus yang dilakukan yaitu perawatan tali pusat dan pijat bayi. Terjadi peningkatan berat badan bayi sebesar 500 gram pada hari ke 13 dari 3.200 gram menjadi 3.700 gram. Bidan diharapkan agar selalu mempertahankan dan meningkatkan pelayanan kebidanan secara menyeluruh dan berkesinambungan dengan memberikan asuhan yang sesuai dengan kondisi dan kebutuhan setiap pasien, serta berdasarkan *evidence based practice* guna menjamin keselamatan dan kualitas layanan yang optimal.

Kata Kunci : Asuhan Kebidanan Komprehensif, Hamil, Besalin, Nifas, Neonatus

Daftar Bacaan : 66 Referensi (2015-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
DIPLOMA III MIDWIFERY STUDY PROGRAM**

**FINAL REPORT, JUNE 2026
NAOMI JULIANI ANGELIA BR R**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. Y AT MERI AMELIA
MIDWIFERY CLINIC, PEKANBARU CITY**

xiv + 147 Pages + 12 Tables + 4 Images + 10 Attachments

ABSTRACT

High Maternal Mortality Rates (MMR) and Infant Mortality Rates (IMR) in Indonesia serve as key indicators of public health status. One approach employed by midwives is the Continuity of Midwifery Care (COMC) model. This report aims to document the provision of comprehensive and continuous midwifery care to Mrs. Y (G3P2A0H2)—covering pregnancy, childbirth, the postpartum period, and neonatal care—at the Independent Midwifery Practice (TPMB) of Meri Amelia in Pekanbaru. The case study was conducted from December 2025 to February 2026. Care sessions included three visits during the third trimester, childbirth care, four postpartum visits, and three neonatal care visits. Complaints during the third trimester, such as frequent urination, were managed through education on physiological changes and adjustments to fluid intake patterns and types; constipation was also successfully addressed through dietary education and prenatal exercises. Childbirth care was administered in accordance with Normal Childbirth Care (APN) standards. The baby was delivered spontaneously (male, 3,200 g, 49 cm), and the placenta was delivered spontaneously and completely within three minutes. On the 13th postpartum day, the mother experienced breast engorgement; this was resolved through breast care involving alternating warm and cold compresses. The mother plans to use an implant contraceptive. Neonatal care included umbilical cord care and infant massage. The infant gained 500 grams in weight by day 13, increasing from 3,200 grams to 3,700 grams. Midwives are encouraged to maintain and enhance comprehensive, continuous midwifery services by providing care tailored to each patient's specific conditions and needs, grounded in evidence-based practice, to ensure safety and optimal service quality.

Keywords: Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonates.

Reading List: 66 References (2015-2025)