

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
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PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
HARYATI RAHMA SAPUTRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. R DI TPMB
SILVI AYU PEKANBARU TAHUN 2026**

xi, ± 143 Halaman, 5 Tabel, 11 Lampiran

ABSTRAK

Asuhan kebidanan komprehensif merupakan pelayanan berkesinambungan mulai dari masa kehamilan, persalinan, nifas, hingga neonatus untuk meningkatkan kesehatan ibu dan bayi serta mendeteksi dini komplikasi. Asuhan ini dilakukan pada Ny. R G2P0A1H0 di TPMB Silvi Ayu Kota Pekanbaru pada November 2025 hingga Januari 2026 menggunakan model asuhan *Continuity of Midwifery Care (CoMC)* dengan pendekatan manajemen kebidanan. Pada masa kehamilan dilakukan tiga kali kunjungan. Keluhan berupa nyeri punggung dan sering buang air kecil pada trimester III dapat diatasi melalui edukasi dan senam hamil. Pada masa persalinan, Ny. R mengalami KPD. Dan pada kala II mengalami kala II memanjang sehingga ibu dirujuk ke rumah sakit. Persalinan berlangsung secara *sectio caesarea*. Bayi lahir dengan jenis kelamin perempuan dengan berat lahir 4.000 gram dan panjang badan 51 cm. Pada masa nifas ibu mengalami nyeri luka post SC, asuhan meliputi perawatan luka, edukasi teknik menyusui, serta konseling keluarga berencana. Pada hari ke-36 nifas, involusi berjalan normal, luka operasi telah kering dan menutup, serta ibu memilih kontrasepsi suntik tiga bulan. Asuhan neonatus dilakukan tiga kali kunjungan. Asuhan yang diberikan adalah perawatan bayi sehari-hari, perawatan tali pusat, menjaga kehangatan, edukasi ASI eksklusif dan teknik menyusui yang benar, serta pijat bayi. Pada hari ke-5 bayi mengalami penurunan berat badan fisiologis yaitu 100 gram, kemudian meningkat 500 gram pada hari ke-18. Disarankan tenaga kesehatan mempertahankan pelayanan kebidanan sesuai standar dalam pemberian asuhan kebidanan komprehensif pada ibu dan bayi.

Kata Kunci: Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus.

Referensi: 76 Referensi (2017–2025).

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
DEPARTMENT OF MIDWIFERY
DIPLOMA III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2026
HARYATI RAHMA SAPUTRI**

**COMPREHENSIVE MIDWIFERY CARE FOR Mrs. D AT TPMB SILVI AYU
PEKANBARU IN 2026**

xi ± 143 Pages, 5 Tables, 11 Appendices

ABSTRACT

Comprehensive midwifery care is a continuous service spanning pregnancy, childbirth, the postpartum period, and the neonatal stage, aimed at improving maternal and infant health and enabling the early detection of complications. This care was provided to Mrs. R (G2P0A1H0) at the Silvi Ayu Independent Midwifery Practice (TPMB) in Pekanbaru City between November 2025 and January 2026, utilizing the Continuity of Midwifery Care (CoMC) model and a midwifery management approach. Three prenatal visits were conducted; complaints of back pain and frequent urination during the third trimester were managed through education and prenatal exercises. During labor, Mrs. R experienced premature rupture of membranes (PROM) and a prolonged second stage of labor, necessitating a referral to the hospital. Delivery was ultimately performed via Caesarean section. A female infant was delivered, weighing 4,000 grams and measuring 51 cm in length. Postpartum care addressed pain from the Caesarean incision and included wound care, breastfeeding technique education, and family planning counseling. By the 36th postpartum day, uterine involution was proceeding normally, the surgical wound had dried and closed, and the mother opted for a three-month injectable contraceptive. Neonatal care involved three visits, covering daily infant care, umbilical cord care, maintaining warmth, education on exclusive breastfeeding and proper breastfeeding techniques, and infant massage. On the fifth day, the infant experienced a physiological weight loss of 100 grams, followed by a weight gain of 500 grams by the 18th day. It is recommended that healthcare providers maintain standardized midwifery services when delivering comprehensive care to mothers and infants.

Keywords: *Comprehensive Midwifery Care, Continuity of Midwifery Care, Prolonged Second Stage, Caesarean Section, Neonate*

References: *76 References (2017–2025)*