

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
JURUSAN KEBIDANAN
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
LATIFATUL MUSTOFIATUS SYAFIAH**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.I DI TPMB ROSITA
PEKANBARU TAHUN 2026**

xii ± 124 Halaman, 7 Tabel, 9 Gambar, 10 Lampiran

ABSTRAK

Bidan berperan penting dalam memberikan pelayanan kesehatan ibu dan anak secara menyeluruh dan berkesinambungan untuk mendeteksi serta mencegah komplikasi. Pelayanan mencakup masa kehamilan, persalinan, nifas dan neonatus. Penerapan *Continuity of Midwifery Care* (CoMC) menjadi salah satu upaya menurunkan AKI dan AKB. Tujuan studi kasus ini memberikan asuhan kebidanan komprehensif pada Ny. I di TPMB Rosita Kota Pekanbaru. Metode yang digunakan studi kasus dengan pendekatan manajemen kebidanan dan pendokumentasian SOAP. Asuhan diberikan mulai dari masa kehamilan trimester II, persalinan, nifas, dan neonatus pada bulan Oktober 2025 sampai Februari 2026. Hasil asuhan menunjukkan bahwa Ny. I G4P3A0H3 menjalani kehamilan fisiologis dengan kondisi umum baik, tanda-tanda vital dalam batas normal, janin tunggal hidup intrauterin presentasi kepala, denyut jantung janin norma. Keluhan nyeri pinggang dan kontraksi braxton hicks dapat diatasi melalui pemberian edukasi, senam hamil, dan kompres hangat. Persalinan berlangsung normal sesuai standar (APN) dengan bayi lahir spontan, berat badan 3.000 gram, panjang badan 50 cm, plasenta lahir lengkap, perdarahan ±220 cc, kontraksi uterus baik. Pada masa nifas, ibu mengalami keluhan pengeluaran ASI kurang lancar yang membaik setelah diberikan edukasi teknik menyusui dan pijat oksitosin, sehingga ASI mulai keluar dengan lancar pada hari ke-4 masa nifas. Setelah diberikan edukasi mengenai macam-macam KB Ibu memilih menggunakan metode KB alami. Asuhan neonatus menunjukkan kondisi bayi baik dengan peningkatan berat badan sebesar 700 gram pada hari ke-19. Disimpulkan bahwa asuhan kebidanan komprehensif secara berkesinambungan mendukung kesehatan ibu dan bayi serta berlangsung tanpa komplikasi.

Kata Kunci: Asuhan Kebidanan Komrehensif, hamil, bersalin, nifas, neonatus

Referensi: 58 Referensi (2016-2025)

DIPLOMA III MIDWIFERY STUDY PROGRAM

**FINAL PROJECT REPORT, JUNE 2026
LATIFATUL MUSTOFIATUS SYAFIAH**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. I AT ROSITA
INDEPENDENT MIDWIFERY PRACTICE (IMP), PEKANBARU, 2026**

xii + 124 Pages, 7 Tables, 9 Figures, 10 Appendices

ABSTRACT

Midwives play an important role in providing comprehensive and continuous maternal and child health services to detect and prevent complications. The services include pregnancy, childbirth, postpartum, and neonatal care. The implementation of Continuity of Midwifery Care (CoMC) is one of the efforts to reduce maternal and infant mortality rates. The purpose of this case study was to provide comprehensive midwifery care to Mrs. I at TPMB Rosita, Pekanbaru City. The method used was a case study approach using midwifery management and SOAP documentation. Care was provided from the second trimester of pregnancy, childbirth, postpartum, and neonatal periods from October 2025 to February 2026. The results showed that Mrs. I G4P3A0H3 experienced a physiological pregnancy with good general condition, vital signs within normal limits, a single live intrauterine fetus in cephalic presentation, and a normal fetal heart rate. Complaints of lower back pain and Braxton Hicks contractions were managed through education, pregnancy exercises, and warm compresses. Labor progressed normally according to the standard (APN), with spontaneous delivery, a birth weight of 3,000 grams, a body length of 50 cm, complete placental delivery, blood loss of approximately 220 cc, and good uterine contractions. During the postpartum period, the mother experienced a complaint of insufficient breast milk production, which improved after receiving education on breastfeeding techniques and oxytocin massage, resulting in smooth breast milk production on the fourth day postpartum. After receiving education about various contraceptive methods, the mother chose to use a natural family planning method. Neonatal care showed that the baby was in good condition, with a weight gain of 700 grams on the 19th day. It was concluded that continuous comprehensive midwifery care supports maternal and infant health and proceeds without complications.

Keywords: Comprehensive Midwifery Care, Pregnancy, Postpartum, Neonate.

References: 58 References (2016–2025)