

**KEMENTRIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
HERLIANI SAPUTRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI KLINIK
PRATAMA JAMBU MAWAR KOTA PEKANBARU**

xiii halaman + 94 Halaman, 5 Tabel, 10 Lampiran

ABSTRAK

Bidan memiliki peran penting dalam memberikan pelayanan kesehatan ibu dan anak secara menyeluruh dan berkesinambungan guna mendeteksi dini serta mencegah komplikasi pada masa kehamilan, persalinan, nifas, dan neonatus. Tujuan studi kasus ini adalah menerapkan asuhan kebidanan komprehensif pada Ny. A usia 26 tahun G1P0A0H0 dengan model *Continuity of Midwifery Care* (CoMC) menggunakan pendekatan manajemen kebidanan. Pengambilan kasus dilakukan di Klinik Pratama Jambu Mawar Kota Pekanbaru dilanjutkan dengan kunjungan rumah. Asuhan diberikan sejak Januari hingga Mei 2026, mulai usia kehamilan 32 minggu 5 hari sampai nifas 42 hari. Pada masa kehamilan dilakukan asuhan hingga menjelang persalinan. Hasil asuhan menunjukkan kondisi ibu dan janin dalam keadaan baik, tidak ditemukan faktor risiko, serta pertumbuhan janin sesuai usia kehamilan. Persalinan berlangsung normal pada usia kehamilan 41 minggu 5 hari, dilakukan asuhan sesuai standar Asuhan Persalinan Normal (APN). Terdapat laserasi perineum derajat II yang ditangani dengan penjahitan. Bayi lahir spontan, langsung menangis, aktif, berjenis kelamin perempuan dengan berat badan 2800 gram dan panjang badan 50 cm. Pada masa nifas dilakukan empat kali kunjungan. Keluhan yang ditemukan berupa nyeri luka perineum yang dapat diatasi dengan mobilisasi dini dan perawatan luka perineum. Asuhan lainnya yaitu perawatan payudara, pemenuhan nutrisi, senam nifas, konseling menyusui, serta konseling keluarga berencana. Evaluasi menunjukkan involusi uterus normal, produksi ASI lancar, dan ibu memilih kontrasepsi suntik 3 bulan. Pada masa neonatus dilakukan tiga kali kunjungan meliputi perawatan tali pusat, pemantauan pertumbuhan, pendidikan kesehatan, dan pijat bayi. Bayi sehat, tanpa komplikasi, serta berat badan meningkat 2000 gram pada usia 14 hari. Diharapkan bidan terus memberikan pelayanan kebidanan komprehensif sesuai *evidence based*.

Kata Kunci: *Asuhan Kebidanan, Komprehensif, Hamil, Bersalin, Nifas, Neonatus*
Referensi : 43 Referensi (2017-2026)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF THE MINISTRY OF HEALTH RIAU
STUDY PROGRAM D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026
HERLIANI SAPUTRI**

**COMPREHENSIVE OBSTETRIC CARE AT MRS. A AT THE JAMBU
MAWAR PRIMARY CLINIC, PEKANBARU CITY**

xiii pages + 94 Pages, 5 Tables, 10 Appendices

ABSTRACT

Midwives have an important role in providing comprehensive and sustainable maternal and child health services to detect early and prevent complications during pregnancy, childbirth, postpartum and neonatal. The purpose of this case study was to implement comprehensive midwifery care in Mrs. A aged 26 years G1P0A0H0 with the Continuity of Midwifery Care (CoMC) model using an obstetric management approach. Case collection was carried out at the Jambu Mawar Primary Clinic, Pekanbaru City, followed by a home visit. Care is provided from January to May 2026, starting from 32 weeks and 5 days of gestation to 42 days of postpartum care. During pregnancy, care is carried out until the time of delivery. The results of the care showed that the condition of the mother and fetus was in good condition, no risk factors were found, and the growth of the fetus according to the gestational age. Childbirth takes place normally at 41 weeks and 5 days of gestation, care is carried out according to the standard of Normal Childbirth Care (APN). There is a grade II perineal laceration that is treated with sutures. The baby was born spontaneously, immediately crying, active, female with a body weight of 2800 grams and a body length of 50 cm. During the postpartum period, four visits were made. The complaints found are in the form of perineal wound pain which can be overcome with early mobilization and treatment of perineal wounds. Other care is breast care, nutritional fulfillment, postpartum gymnastics, breastfeeding counseling, and family planning counseling. Evaluation showed normal uterine involution, smooth milk production, and the mother opted for 3-month injectable contraception. During the neonatal period, three visits were carried out including umbilical cord treatment, growth monitoring, health education, and infant massage. Healthy babies, without complications, and weight gain by 2000 grams at the age of 14 days. It is hoped that midwives will continue to provide comprehensive midwifery services according to evidence-based.

Keywords: *Midwifery Care, Comprehensive, Pregnant, Childbirth, Postpartum Care, Neonatal*

References : 43 References (2017-2026)