

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026  
AULIA ANDRIANI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. Y DI TPMB  
YUSMARNI PEKANBARU**

**xiii+ 151 Halaman+ 5 Tabel + 2 Gambar+ 9 Lampiran**

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**ABSTRAK**

Asuhan kebidanan komprehensif merupakan pelayanan kebidanan yang diberikan secara berkesinambungan mulai dari masa kehamilan, persalinan, nifas, hingga neonatus untuk meningkatkan kesehatan ibu dan bayi serta mendeteksi komplikasi secara dini. Laporan Tugas Akhir ini bertujuan memberikan asuhan kebidanan komprehensif pada Ny. Y umur 29 tahun G3P2A0H2 di TPMB Yusmarni Kota Pekanbaru dengan pendekatan manajemen kebidanan. Asuhan kehamilan dilakukan sebanyak empat kali kunjungan yang dimulai pada usia kehamilan 34–38 minggu. Pada masa kehamilan ibu mengalami anemia ringan yang ditangani melalui edukasi gizi, konsumsi tablet tambah darah, dan pemantauan rutin. Pada masa persalinan, ibu mengalami inersia uteri sekunder dan dilakukan induksi oxytocin drip sesuai *advice* dokter. Ibu dirujuk ke rumah sakit karena induksi gagal dan persalinan dilakukan tindakan *sectio caesarea* (SC). Bayi lahir hidup, berjenis kelamin laki-laki, dengan berat badan 3500 gram dan panjang 50 cm dalam kondisi sehat. Asuhan nifas dilakukan sebanyak empat kali kunjungan dengan fokus pada pemantauan involusi dan laktasi, perawatan luka operasi dan mobilisasi dini. Involusi berjalan normal, ASI lancar dan penyembuhan luka operasi tidak ada tanda infeksi. Masa neonatus berlangsung normal tanpa komplikasi dengan peningkatan berat badan bayi menjadi 4200 gram pada usia 25 hari. Asuhan kebidanan komprehensif yang diberikan secara berkesinambungan mampu mendukung kesehatan ibu dan bayi secara optimal serta mendeteksi komplikasi secara dini. Di harapkan bidan dapat terus mempertahankan dan meningkatkan mutu pelayanan kebidanan komprehensif khususnya dalam pelayanan *antenatal care*.

Kata Kunci: Asuhan Kebidanan Komprehensif, *Continuity of Midwifery Care*, Kehamilan, Persalinan, Nifas, Neonatus.

Referensi : 65 Referensi (2016-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
RIAU MINISTRY OF HEALTH POLYTECHNIC  
STUDY PROGRAM DIII MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026  
AULIA ANDRIANI**

**COMPREHENSIVE MIDWIFERY CARE FOR Mrs. Y AT TPMB  
YUSMARNI PEKANBARU**

***xiii+ 151 Pages + 5 Tables + 2 Picture+ 9 Attachments***

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**ABSTRAC**

*Comprehensive midwifery care is a midwifery service provided continuously from pregnancy, childbirth, postpartum, to neonate to improve maternal and infant health and detect complications early. This Final Project Report aims to provide comprehensive midwifery care to Mrs. Y, 29 years old, G3P2A0H2, at TPMB Yusmarni, Pekanbaru City, using a midwifery management approach and SOAP documentation. The method used is a case study through anamnesis, observation, physical examination, supporting examinations, and documentation studies. Pregnancy care was carried out four times at 34–38 weeks of gestation. The results of the assessment showed that the condition of the mother and fetus was in good condition, but mild anemia was found with a hemoglobin level of 10.6 g/dL which was treated through nutritional education, consumption of iron tablets, and routine monitoring. During labor, monitoring of labor progress was carried out, the mother was referred to the hospital and a Caesarean Section (CS) was performed due to indications of failed induction. A live-born baby, male, weighing 3500 grams and measuring 50 cm in length, was in good health. Postpartum care was provided in four visits, focusing on post-operative recovery, surgical wound care, early mobilization, and exclusive breastfeeding. Neonatal care was provided in three visits, with the results showing normal growth and development of the baby without complications. Comprehensive midwifery care provided continuously can support optimal maternal and infant health and detect complications early. It is hoped that midwives can continue to maintain and improve the quality of comprehensive midwifery services, especially in antenatal care services.*

*Keywords: Midwifery Care, Continuity of Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate*

*References: 65 References (2016–2025)*