

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
AISYAH RAMADHANI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. H DI TPMB
ROSITA KOTA PEKANBARU TAHUN 2026**

xiv+ 153 Halaman, 4 Tabel, 2 Gambar, 8 Lampiran

ABSTRAK

Peningkatan derajat kesehatan ibu dan bayi dalam layanan kesehatan primer diwujudkan melalui asuhan kebidanan yang komprehensif dan berkesinambungan oleh bidan. Studi kasus ini bertujuan memberikan asuhan kebidanan secara menyeluruh pada Ny. H (G2P1A0H1) usia 27 tahun dari kehamilan hingga nifas di PMB Rosita Kota Pekanbaru pada Februari 2026 sampai April 2026 dengan pendekatan *Continuity of Midwifery Care* (CoMC). Pengumpulan data dilakukan melalui anamnesis, pemeriksaan umum, pemeriksaan fisik, dan pemeriksaan penunjang menggunakan instrumen KSPR, skrining EPDS, buku KIA, dan *leaflet*, serta didokumentasikan dengan metode SOAP. Asuhan dilakukan melalui 3 kali kunjungan kehamilan, pendampingan persalinan, 4 kali kunjungan nifas, dan 3 kali kunjungan neonatus. Selama kehamilan trimester 3 di berikan edukasi makan-makanan bergizi dan tinggi serat, senam hamil, personal hygiene dan tanda bahaya kehamilan. Persalinan berlangsung normal di rumah sakit. Bayi lahir spontan, segera menangis, tonus otot bergerak aktif, dengan berat badan 2.700 gram dan panjang badan 48 cm. Pada masa nifas asuhan yang di berikan berupa edukasi mengenai makan-makanan bergizi, personal hygiene, perawatan payudara, pijat oksitosin, senam nifas, tanda bahaya pada masa nifas, dan konseling KB. Ibu berencana menggunakan kontrasepsi implant (AKBK). Asuhan neonatus meliputi perawatan tali pusat, edukasi ASI Eksklusif dan pijat bayi. Terjadi peningkatan berat badan bayi selama pemantauan neonatus yaitu 1.000 gram pada hari ke 25. Diharapkan laporan ini menjadi referensi dalam upaya peningkatan kualitas pelayanan lahan praktik yang berkesinambungan dan menyeluruh.

Kata kunci : ***Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus***

Referensi : 43 Referensi (2016–2025)

**MINISTRY OF HEALTH REPUBLIC INDONESIA
RIAU MINISTRY OF HEALTH POLYTECHNIC
STUDY PROGRAM D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026
AISYAH RAMADHANI**

**COMPREHENSIVE MIDWIFERY CARE FOR NY. H AT TPMB ROSITA
PEKANBARU CITY IN 2026**

xiv+ 153 Halaman, 4 Tabel, 2 Gambar, 8 Lampiran

ABSTRACT

Improving maternal and infant health outcomes within primary healthcare is achieved through comprehensive and continuous midwifery care provided by midwives. This case study aimed to provide holistic midwifery care to Mrs. H (G2P1A0H1, aged 27) from pregnancy through the postpartum period at the Rosita Independent Midwifery Practice (PMB) in Pekanbaru City between February and April 2026, utilizing the Continuity of Midwifery Care (CoMC) approach. Data collection involved history-taking, general and physical examinations, and supplementary assessments using tools such as the KSPR (High-Risk Pregnancy Screening Card), EPDS (Edinburgh Postnatal Depression Scale), the Maternal and Child Health (MCH) handbook, and educational leaflets; findings were documented using the SOAP method. Care delivery comprised three prenatal visits, labor and birth support, four postpartum visits, and three neonatal visits. Results indicated that the mother experienced no complications during pregnancy. Interventions provided during pregnancy included health education on nutritious, high-fiber diets, prenatal exercise, and personal hygiene. The delivery proceeded normally at the hospital; the infant was born spontaneously, cried immediately, exhibited active muscle tone, and weighed 2,700 grams with a length of 48 cm. Postpartum care included education on nutrition, personal hygiene, breast care, oxytocin massage, and postpartum exercises. Family planning counseling resulted in the mother choosing an implant contraceptive. Neonatal care covered umbilical cord care, education on exclusive breastfeeding, and infant massage. The infant showed a weight gain of 1,000 grams by the 25th day of neonatal monitoring. This report is intended to serve as a reference for improving the quality of clinical services.

Keywords : Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate

References : 43 References (2016–2025)

