

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
ROSANIA BR PANJAITAN**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI TPMB
DELIANA KOTA PEKANBARU
xii + 156 Halaman, 5 Tabel, 10 Lampiran**

ABSTRAK

Asuhan kebidanan komprehensif merupakan pelayanan yang diberikan secara berkesinambungan mulai dari masa kehamilan, persalinan, nifas, neonatus, hingga keluarga berencana untuk meningkatkan kesehatan ibu dan bayi serta mendeteksi komplikasi secara dini. Tujuan studi kasus ini adalah memberikan asuhan kebidanan komprehensif pada Ny. A usia 30 tahun G5P4A0H3 di PMB Deliana Kota Pekanbaru dengan pendekatan manajemen kebidanan dan pendokumentasian SOAP. Metode yang digunakan adalah studi kasus dengan pemberian asuhan secara berkelanjutan mulai Februari sampai April 2026. Pada masa kehamilan dilakukan tiga kali kunjungan antenatal. Hasil pemeriksaan menunjukkan bahwa Ny. A termasuk kehamilan berisiko tinggi dengan skor Kartu Skor Poedji Rochjati (KSPR) 10 karena grandemultipara dan riwayat abortus. Keluhan nyeri perut bagian bawah pada trimester III diatasi dengan istirahat dan kompres hangat sehingga keluhan berkurang. Persalinan berlangsung secara spontan, normal, dengan presentasi belakang kepala, tanpa komplikasi pada ibu maupun bayi. Asuhan nifas dilakukan sebanyak empat kali kunjungan dengan hasil involusi uterus, pengeluaran lokia, dan produksi ASI dalam batas normal. Pada kunjungan nifas ketiga ditemukan peningkatan tekanan darah sehingga ibu dianjurkan untuk beristirahat, mengurangi aktivitas berat, dan melakukan pemantauan tekanan darah secara berkala. Asuhan neonatus dilakukan sebanyak tiga kali kunjungan dan menunjukkan bayi dalam keadaan sehat serta pertumbuhan dan adaptasi berlangsung normal. Kesimpulan menunjukkan bahwa asuhan kebidanan komprehensif dapat membantu pemantauan kesehatan ibu dan bayi, mendeteksi masalah secara dini, serta mendukung tercapainya kesehatan ibu dan bayi yang optimal.

Kata kunci : *Asuhan Kebidanan Komprehensif, Hamil, Bersalin, Nifas, Neonatus*

Referensi: 29 referensi (2016-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
DEPARTMENT OF MIDWIFERY
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026
ROSANIA BR PANJAITAN**

**COMPREHENSIVE MIDWIFERY CARES FOR MRS. A CLINIC IN TPMB
DELIANA OF PEKANBARU IN 2026
xii+ 156 Pages, 5 Tables, 10 Attachments**

ABSTRACT

Comprehensive midwifery care is a continuous service provided from pregnancy, childbirth, postpartum, and neonatal periods to family planning in order to improve maternal and infant health and facilitate the early detection of complications. This case study aimed to provide comprehensive midwifery care to Mrs. A, a 30-year-old woman with obstetric status G5P4A0H3, at Deliana Independent Midwifery Practice (PMB Deliana), Pekanbaru City, using the midwifery management approach and SOAP documentation. The method used was a case study with continuous care provided from February to April 2026. During pregnancy, three antenatal care visits were conducted. The examination results indicated that Mrs. A had a high-risk pregnancy with a Poedji Rochjati Score Card (KSPR) score of 10 due to grand multiparity and a history of abortion. Complaints of lower abdominal pain during the third trimester were managed through adequate rest and warm compresses, resulting in reduced discomfort. The labor process occurred spontaneously and normally, with a cephalic presentation and no complications for either the mother or the baby. Postpartum care was carried out through four visits, showing normal uterine involution, lochia discharge, and breast milk production. During the third postpartum visit, elevated blood pressure was identified; therefore, the mother was advised to rest, reduce strenuous activities, and monitor her blood pressure regularly. Neonatal care was conducted through three visits, which demonstrated that the baby was in good health, with normal growth and adaptation. In conclusion, comprehensive midwifery care can support continuous monitoring of maternal and infant health, facilitate the early detection of health problems, and contribute to achieving optimal maternal and neonatal outcomes.

Keywords: *Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum,*

Neonate

References: 29 references (2016-2023)