

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
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**LAPORAN TUGAS AKHIR, JUNI 2026
NURIE AIDIL**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. M DI TPMB
ROSITA KOTA PEKANBARU TAHUN 2026**

xii + 149 Halaman, 6 Tabel, 10 Lampiran

ABSTRAK

Asuhan kebidanan komprehensif merupakan pelayanan berkesinambungan pada masa kehamilan, persalinan, nifas, neonatus, dan keluarga berencana yang bertujuan meningkatkan kesehatan ibu dan bayi melalui deteksi dini, pencegahan, serta penanganan masalah reproduksi. Asuhan diberikan dengan pendekatan *Continuity of Midwifery Care (CoMC)* dari 07 Desember 2025 hingga 20 Februari 2026 pada Ny. M, usia 29 tahun, G3P2A0H1, sejak usia kehamilan 33 minggu di TPMB Rosita Kota Pekanbaru tahun 2026. Asuhan meliputi empat kali kunjungan antenatal, pendampingan persalinan, empat kali kunjungan nifas, dan tiga kali kunjungan neonatus. Selama kehamilan ditemukan keluhan fisiologis berupa nyeri pinggang yang ditangani melalui edukasi, istirahat cukup, perbaikan posisi tubuh, senam hamil, dan pemantauan rutin. Persalinan berlangsung cepat dengan persalinan normal pervaginam yang dibantu oleh suami, kemungkinan partus presipitatus, asuhan persalinan diberikan mulai dari kala III hingga kala IV dengan laserasi perineum derajat II di rumah pasien. Bayi lahir cukup bulan dengan berat badan 3.700 gram, panjang badan 50 cm, jenis kelamin perempuan, segera menangis, aktif, dan dilakukan Inisiasi Menyusu Dini (IMD). Masa nifas berlangsung normal dengan involusi uterus baik, lochea fisiologis, dan produksi ASI lancar. Asuhan neonatus dilakukan secara rutin termasuk pijat bayi. Pada hari ke-14, berat badan bayi meningkat 300 gram dari berat lahir 3.700 gram menjadi 4.000 gram. Pada akhir masa nifas, ibu memilih kontrasepsi suntik tiga bulan. Asuhan kebidanan dengan pendekatan CoMC memberikan hasil baik bagi ibu dan bayi serta diharapkan menjadi referensi bagi bidan dalam memberikan asuhan kebidanan komprehensif pada ibu hamil, bersalin, nifas, dan neonatus secara berkesinambungan.

Kata Kunci : Asuhan Kebidanan Komprehensif, kehamilan, persalinan, nifas, neonatus.

Daftar Bacaan : 105 Referensi (2016 – 2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
DEPARTMENT OF MIDWIFERY
DIPLOMA III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2026
NURIE AIDIL**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. M AT ROSITA
INDEPENDENT MIDWIFERY PRACTICE, PEKANBARU CITY, 2026**

xii + 149 Pages, 6 Tables, 10 Appendices

ABSTRACT

Comprehensive midwifery care is a continuous service provided during pregnancy, childbirth, the postpartum period, the neonatal period, and family planning, aiming to improve maternal and infant health through early detection, prevention, and management of reproductive health problems. The care was provided using the Continuity of Midwifery Care (CoMC) approach from December 7, 2025, to February 20, 2026, for Mrs. M, a 29-year-old woman with G3P2A0H1, starting at 33 weeks of gestation at TPMB Rosita, Pekanbaru City, in 2026. The care included four antenatal visits, childbirth assistance, four postpartum visits, and three neonatal visits. During pregnancy, physiological complaints of lower back pain were identified and managed through health education, adequate rest, proper body positioning, pregnancy exercises, and routine monitoring. Labor progressed rapidly through a spontaneous normal vaginal delivery assisted by the husband, with suspected precipitous labor. Midwifery care was provided from the third to the fourth stage of labor, with a second-degree perineal laceration occurring during delivery at the patient's home. The baby was born at term with a birth weight of 3,700 grams, a body length of 50 cm, female sex, cried immediately after birth, was active, and received Early Initiation of Breastfeeding (EIBF). The postpartum period progressed normally with good uterine involution, physiological lochia, and adequate breast milk production. Routine neonatal care, including infant massage, was provided. On the 14th day after birth, the baby's weight increased by 300 grams, from 3,700 grams to 4,000 grams. At the end of the postpartum period, the mother chose a three-month injectable contraceptive method. Comprehensive midwifery care using the CoMC approach resulted in favorable outcomes for both mother and baby and is expected to serve as a reference for midwives in providing continuous and comprehensive care for pregnant women, women in labor, postpartum mothers, and neonates.

Keywords : Comprehensive midwifery care, pregnancy, childbirth, postpartum, neonate.

References : 105 References (2016–2025)