

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2026
CLARA SAPUTRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. F DI TPMB NIYET
PEKANBARU**

Xiii + 136 Halaman + 8 Tabel + 10 Lampiran

ABSTRAK

Asuhan kebidanan komprehensif merupakan pelayanan berkesinambungan yang diberikan sejak masa kehamilan, persalinan, nifas, hingga neonatus untuk mendukung kesehatan ibu dan bayi serta mendeteksi komplikasi secara dini. Laporan tugas akhir ini bertujuan memberikan asuhan kebidanan komprehensif kepada Ny. F G1P0A0H0 melalui pendekatan *Continuity of Midwifery Care* (CoMC) di TPMB Niyet Kota Pekanbaru tahun 2025.

Metode yang digunakan adalah studi kasus dengan pendokumentasian SOAP melalui anamnesis, observasi, pemeriksaan fisik, dan pemeriksaan penunjang menggunakan instrumen KSPR, partograf, buku KIA, dan EPDS. Asuhan meliputi tiga kali kunjungan antenatal, pendampingan persalinan, empat kali kunjungan nifas, dan tiga kali kunjungan neonatus.

Hasil asuhan menunjukkan kehamilan berlangsung normal dengan skor KSPR 2 kategori Kehamilan Risiko Rendah (KRR). Keluhan nyeri perut bagian bawah pada trimester III dapat diatasi melalui edukasi, senam hamil, dan teknik relaksasi. Persalinan berlangsung normal pada usia kehamilan 38 minggu dengan bayi lahir spontan pervaginam, dilakukan Inisiasi Menyusu Dini (IMD) yang berhasil pada satu jam pertama. Bayi berjenis kelamin laki-laki dengan berat badan lahir 3.400 gram dan panjang badan 53 cm. Masa nifas dan neonatus berlangsung fisiologis tanpa komplikasi, produksi ASI lancar, hasil EPDS normal, luka perineum sembuh dengan baik, serta berat badan bayi meningkat 500 gram pada hari ke-14. Ibu memilih kontrasepsi suntik tiga bulan. Diharapkan bidan terus mempertahankan mutu pelayanan kebidanan komprehensif sesuai standar pelayanan kebidanan.

Kata Kunci: Asuhan kebidanan, *Continuity of Midwifery Care*, Kehamilan, Persalinan, Nifas, Neonatus

Referensi : 43 Referensi (2016-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU MINISTRY OF HEALTH POLYTECHNIC
STUDY PROGRAM DIII MIDWIFERY**

**FINAL PROJECT REPORT, MAY 2026
CLARA SAPUTRI**

**COMPREHENSIVE MIDWIFERY CARE FOR Mrs. F AT TPMB NIYET
PEKANBARU**

xiii+ 136 Pages + 8 Tables + 10 Attachments

ABSTRACT

Comprehensive midwifery care is a continuous service provided from pregnancy, childbirth, postpartum, to the neonatal period to support maternal and neonatal health and enable early detection of complications. This final project aimed to provide comprehensive midwifery care for Mrs. F (G1P0A0H0) using the *Continuity of Midwifery Care* (CoMC) approach at TPMB Niyet, Pekanbaru City, in 2025.

This study employed a case study method with SOAP documentation based on history taking, observation, physical examination, and supporting examinations using the KSPR, partograph, Maternal and Child Health (MCH) handbook, and EPDS. The care included three antenatal visits, assistance during childbirth, four postpartum visits, and three neonatal visits.

The results showed that the pregnancy progressed normally with a KSPR score of 2, indicating a Low-Risk Pregnancy (LRP). Third-trimester lower abdominal pain was managed through health education, pregnancy exercise, and relaxation techniques. Labor occurred normally at 38 weeks of gestation with a spontaneous vaginal delivery. Early Initiation of Breastfeeding (EIBF) was successfully performed within the first hour after birth. The newborn was male, weighing 3,400 grams and measuring 53 cm in length. The postpartum and neonatal periods were physiological without complications. Breast milk production was adequate, the EPDS result was normal, the perineal wound healed well, and the infant's weight increased by 500 grams on the 14th day. The mother chose the three-month injectable contraceptive method. Midwives are expected to continue maintaining the quality of comprehensive midwifery care in accordance with midwifery service standards.

Keywords: Midwifery Care, Continuity of Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate

References: 43 References (2016–2025)