

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
HASYIFA DALILAH MUSRIN**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.P DI TPMB ERMA
SURIANTI DI KOTA PEKANBARU 2026
xii + 110 Halaman+6 Tabel+6 Lampiran**

ABSTRAK

Angka kematian ibu di Indonesia masih tergolong tinggi dibandingkan negara lain di kawasan Asia Tenggara. Bidan merupakan ujung tombak terdepan pelayanan dasar KIA-KB untuk memberikan pelayanan kesehatan. Salah satu asuhan yang dapat diberikan bidan adalah *Continuity of Midwifery Care (CoMC)* merupakan asuhan yang diberikan sejak masa kehamilan hingga neonatus untuk meningkatkan kesehatan ibu dan bayi. Asuhan kebidanan ini bertujuan untuk memberikan asuhan kebidanan secara menyeluruh mulai dari masa kehamilan hingga nifas. pada Ny. P G3P2A0H2 di PMB Erma Suriani. Asuhan kebidanan dilakukan mulai bulan Desember 2025 sampai Maret 2026 yang meliputi 4 kali kunjungan kehamilan, asuhan persalinan, 4 kali kunjungan nifas, dan 3 kali kunjungan neonatus. Selama kehamilan TM III Ny. P mengalami keluhan nyeri pinggang. Asuhan yang diberikan berupa senam hamil, kompres hangat, dan mengatur posisi tidur. Pada evaluasi selanjutnya ketidaknyamanan nyeri pinggang dapat teratasi. Persalinan dilakukan secara SC dirumah sakit dengan indikasi yaitu Fetal Distress di kala 1. Masa Nifas selama 42 hari berjalan normal. Asuhan yang diberikan adalah pemantauan involusi uterus, senam nifas, edukasi, teknik menyusui, dan konseling KB, ibu berencana menggunakan KB IUD. Asuhan pada neonatus meliputi perawatan tali pusat bayi, pijat bayi, dan edukasi ASI eksklusif. Bayi menyusu dengan kuat sehingga mengalami peningkatan berat badan sebesar 700 gram pada usia 16 hari. Diharapkan tenaga kesehatan, khususnya bidan, dapat meningkatkan kualitas pelayanan kebidanan komprehensif sesuai standar asuhan kebidanan.

Kata Kunci : Asuhan Kebidanan Komprehensif, Hamil, Bersalin, Nifas, Neonatus

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MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
D3 MIDWIFERY STUDY PROGRAM

FINAL PROJECT REPORT, JUNE 2026
HASYIFA DALILAH MUSRIN

COMPREHENSIVE MIDWIFERY CARE FOR MRS. P AT PMB ERMA
SURIANTI IN PEKANBARU CITY 2026

xii + 110 Pages+6 Tables+6 Appendices

ABSTRAC

The maternal mortality rate in Indonesia is still relatively high compared to other countries in the Southeast Asia region. Midwives are the frontline of basic MCH-FP services to provide health services. One of the care that can be provided by midwives is Continuity of Midwifery Care (CoMC), which is care provided from pregnancy to neonatal to improve the health of mothers and babies. This midwifery care aims to provide comprehensive midwifery care from pregnancy to postpartum. to Mrs. P G3P2A0H2 at PMB Erma Suriani. Midwifery care was carried out from December 2025 to March 2026 which included 4 pregnancy visits, delivery care, 4 postpartum visits, and 3 neonatal visits. During the third trimester of pregnancy, Mrs. P complained of back pain. The care provided included pregnancy exercises, warm compresses, and adjusting sleeping positions. In the next evaluation, the discomfort of lower back pain can be resolved. Delivery was performed by C-section in the hospital with indications of Fetal Distress in the first stage. The postpartum period for 42 days went normally. The care provided was monitoring of uterine involution, postpartum exercise, education, breastfeeding techniques, and family planning counseling, the mother planned to use an IUD. Neonatal care included umbilical cord care, baby massage, and exclusive breastfeeding education. The baby suckled strongly so that he gained 700 grams of weight at 16 days of age. It is hoped that health workers, especially midwives, can improve the quality of comprehensive midwifery services according to midwifery care standards.

Keywords: Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate

References: 47 References (2018-2025)