

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR JUNI 2026
RAVINDRI LESTARI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. W DI KLINIK
EVI MEDICA KOTA PEKANBARU**

xi + 157 Halaman + 11 Tabel + 11 Lampiran

ABSTRAK

Bidan memiliki peran penting dalam memberikan pelayanan ibu dan anak yang menyeluruh dan berkesinambungan. Salah satu pendekatan yang dapat dilakukan bidan dalam memberi asuhan kebidanan yaitu *Continuity of Midwifery Care* (COMC) untuk mendeteksi dini serta mencegah komplikasi selama masa kehamilan, persalinan, nifas, dan neonatus. Tujuan asuhan ini memantau kesehatan dan mempersiapkan ibu menghadapi persalinan, nifas serta pemberian ASI kepada bayinya serta memantau kesehatan dan tumbuh kembang janin. Asuhan ini diberikan kepada Ny. W (G2P1A0H1) di Klinik Evi Medika Kota Pekanbaru dari bulan Januari 2026 hingga Maret 2026. Selama kehamilan dilakukan 3 kali kunjungan, Asuhan Persalinan, masa nifas 4 kali kunjungan, dan masa neonatus 3 kali kunjungan. Pada kehamilan Ny.W mempunyai keluhan yaitu nyeri punggung. Asuhan kehamilan yang diberikan yaitu menganjurkan ibu untuk mengompres air hangat. Persalinan berlangsung pada usia kehamilan 37 minggu, bayi lahir spontan menangis kuat dengan jenis kelamin laki-laki berat badan 2.700 gram dan panjang 47 cm, perdarahan ± 150 cc, plasenta lahir spontan dan lengkap. Pada hari ke-2 masa nifas ASI tidak keluar sehingga bayi tidak mendapatkan ASI Eksklusif. Asuhan yang diberikan menganjurkan ibu agar tetap sering menyusui bayinya serta mengatur pola nutrisi yang baik. Asuhan pada neonatus yaitu perawatan tali pusat, edukasi pemberian Asi Eksklusif, dan tanda bahaya pada neonatus. Penambahan berat badan bayi sebanyak 200 gram pada hari ke-20. Diharapkan bidan dapat terus memberikan asuhan kebidanan secara komprehensif dan berkesinambungan sesuai standar pelayanan kebidanan.

Kata Kunci: *Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus*

Referensi : 20 Referensi (2016-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA HEALTH
POLYTECHNIC OF THE MINISTRY OF HEALTH OF RIAU D III
MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2026
RAVOINDRI LESTARI**

**COMPREHENSIVE MIDWIFERY CARE IN NY. W AT EVI MEDICA
CLINIC PEKANBARU CITY**

xi + 157 Pages + 11 Tables + 11 Attachments

ABSTRACT

Midwives have an important role in providing comprehensive and continuous maternal and child services. One of the care that midwives can provide in providing midwifery care is (COMC) to detect early and prevent complications during pregnancy, childbirth, postpartum, and neonatal periods. This care was provided to Mrs. W (G2P1A0H1) at the Evi Medika Clinic in Pekanbaru City from January 2026 to March 2026. During pregnancy, 3 visits were made, Delivery Care, 4 visits during the postpartum period, and 3 visits during the neonatal period. Mrs. W's main complaint was back pain at 37 weeks of gestation. The care provided was addressed by encouraging the mother to compress her back using warm water. The delivery took place spontaneously with a baby born weighing 2,700 grams and 47 cm long, bleeding $\pm$ 150 cc, complete placenta, During the postpartum period, Mrs. W. W felt that her breast milk was not coming out so that the baby did not get optimal breast milk and the baby was given formula milk, the care provided advised the mother to continue breastfeeding her baby frequently and do oxytocin massage and regulate a good nutritional pattern. Other care given to the baby was baby massage. The baby's weight gain was 200 grams on the 20th day. It is hoped that the midwife can continue to provide comprehensive and continuous midwifery care according to service standards.

Keywords: Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonatal
References List: 20 references (2016-2025)