

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
PUTRI SURYA SALSABILLA**

**ASUHAN KEBIDANAN KOMPREHENSIF NY. N DI TEMPAT PRAKTIK
MANDIRI BIDAN DINCE SAFRINA KOTA PEKANBARU TAHUN 2026**

XVi + 144 Halaman, 5 Tabel, 5 Gambar, 10 Lampiran

ABSTRAK

Pelayanan kesehatan tingkat pertama menempatkan bidan sebagai tenaga kesehatan yang berperan dalam meningkatkan kesehatan ibu dan bayi melalui asuhan berkesinambungan. Studi kasus ini bertujuan memberikan asuhan kebidanan komprehensif pada Ny. N G2P1A0H1 menggunakan pendekatan *Continuity of Midwifery Care* (CoMC) di TPMB Dince Safrina Kota Pekanbaru pada Oktober–Desember 2025. Asuhan diberikan secara berkelanjutan pada masa kehamilan, persalinan, nifas, dan neonatus dengan dokumentasi SOAP. Data diperoleh melalui format pengkajian, KSPR, partograf, buku KIA, dan skrining EPDS. Asuhan meliputi 3x kunjungan antenatal, pendampingan persalinan, 4x kunjungan nifas, dan 3x kunjungan neonatus. Selama kehamilan, ibu mengalami nyeri perut bagian bawah dan konstipasi diberikan asuhan edukasi relaksasi napas dan peningkatan asupan serat. Persalinan berlangsung normal sesuai standar asuhan persalinan normal dengan penerapan asuhan sayang ibu melalui manajemen nyeri *Deep Back Massage* dan teknik relaksasi. Bayi lahir spontan, menangis kuat, aktif, dengan berat badan 2.900 gram dan panjang badan 48 cm. Pada masa nifas, ibu mengalami laserasi perineum derajat I, produksi ASI sedikit, dan nyeri tulang ekor yang ditangani melalui perawatan luka perineum, pijat oksitosin, senam nifas, dan anjuran posisi nyaman. Kondisi ibu membaik, produksi ASI meningkat. Asuhan konseling keluarga berencana ibu memilih kontrasepsi suntik 3 bulan. Asuhan neonatus meliputi perawatan bayi sehari-hari dan pijat bayi. Hasil pemantuan berat badan bayi meningkat 700 gram. Asuhan komprehensif melalui CoMC mendukung kesehatan ibu dan bayi serta meningkatkan kualitas pelayanan kebidanan berkelanjutan.

Kata kunci: Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus.

Daftar Pustaka : *56 Referensi (2015-2025)*

**MINISTRY OF HEALTH REPUBLIC INDONESIA
RIAU MINISTRY OF HEALTH POLYTECHNIC
STUDY PROGRAM DIII MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026
PUTRI SURYA SALSABILLA**

**COMPREHENSIVE MIDWIFERY CARE OF MRS. N AT THE
INDEPENDENT PRACTICE OF MIDWIFE DINCE SAFRINA IN
PEKANBARU CITY IN 2026**

XVi + 144 pages, 5 Tables, 5 Images, 10 Attachments

ABSTRACT

In primary healthcare, midwives play a pivotal role in improving maternal and infant health through continuous care. This case study aimed to provide comprehensive midwifery care to Mrs. N (G2P1A0H1) using the Continuity of Midwifery Care (CoMC) approach at the Dince Safrina Independent Midwifery Practice (TPMB) in Pekanbaru City from October to December 2025. Care was delivered continuously across the pregnancy, labor, postpartum, and neonatal periods, with documentation using the SOAP format. Data were collected via assessment forms, KSPR (High-Risk Pregnancy Screening Card), partographs, Maternal and Child Health (MCH) handbooks, and EPDS screening. The care regimen included three antenatal visits, labor support, four postpartum visits, and three neonatal visits. During pregnancy, the mother experienced lower abdominal pain and constipation; care provided included education on breathing relaxation and increasing fiber intake. Labor proceeded normally in accordance with standard protocols, incorporating "mother-friendly care" through pain management (Deep Back Massage) and relaxation techniques. The baby was born spontaneously, cried vigorously, and was active, weighing 2,900 grams and measuring 48 cm in length. During the postpartum period, the mother experienced a first-degree perineal laceration, low breast milk production, and coccyx pain; these issues were managed through perineal wound care, oxytocin massage, postpartum exercises, and advice on comfortable positioning. The mother's condition improved, and breast milk production increased. Family planning counseling resulted in the mother choosing a three-month injectable contraceptive. Neonatal care included daily infant care and baby massage; monitoring showed a weight gain of 700 grams. Comprehensive care via CoMC supports maternal and infant health while enhancing the quality of continuous midwifery services.

Keywords : *Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum,*

References : *56 references (2015-2025)*