

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PRODI D-III KEBIDANAN**

LAPORAN TUGAS AKHIR, JUNI 2026 NORANI HEFIZAH

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.A DI TPMB ROSITA
KOTA PEKANBARU TAHUN 2026**

xiii +136 Halaman, 8 Tabel, 10 Lampiran

ABSTRAK

Peran bidan dalam memberikan asuhan kebidanan secara komprehensif dan berkesinambungan menjadi sangat penting, terutama melalui pendekatan *Continuity of Midwifery Care (CoMC)*. Asuhan kebidanan secara komprehensif ini bertujuan untuk mencegah dan menciptakan pelaksanaan asuhan kebidanan secara menyeluruh kepada Ny. A mulai dari masa kehamilan, persalinan, nifas, hingga neonatus di Tempat Praktik Mandiri Bidan Rosita Kota Pekanbaru. Asuhan kebidanan dilaksanakan melalui pendekatan manajemen kebidanan dan pendokumentasian metode SOAP. Kegiatan dilakukan sejak kehamilan usia 33-38 minggu sampai masa nifas dan neonatus selesai, termasuk kunjungan rumah dimulai dari bulan Desember 2025 sampai Februari 2026. Asuhan kehamilan dilakukan sebanyak empat kali, masa persalinan, kunjungan masa nifas tiga kali, dan pelayanan neonatus sebanyak satu kali. Ny. A G1P0A0H0 berusia 20 tahun dengan keluhan selama kehamilan yaitu nyeri perut bagian bawah dan nyeri Punggung diberikan asuhan memperlambat gerakan saat duduk atau berdiri, kompres hangat, serta teknik relaksasi. Persalinan di RS dilakukan tindakan *Seccio Ceaserea* (SC) atas indikasi Ketuban Pecah Dini (KPD) dan fetal distress. Asuhan nifas dilakukan perawatan luka post operasi dengan keluhan nyeri luka operasi yang dapat teratasi melalui edukasi mobilisasi, dilakukan asuhan pijat oksitosin, perawatan payudara, dan keluarga berencana, sehingga ASI lancar dan ibu memutuskan menggunakan KB Implan.. Pada kunjungan neonatus dilakukan pijat bayi, edukasi ASI eksklusif dan on-demand, bayi menyusu kuat, serta terjadi peningkatan berat badan bayi sebanyak 300 gram. Diharapkan tenaga Kesehatan khususnya bidan dapat meningkatkan asuhan kebidanan sesuai standar kebidanan serta meningkatkan kualitas pelayanan kebidanan komprehensif.

Kata Kunci : *Asuhan Kebidanan, Komprehensif, Kehamilan, Bersalin, Nifas, Neonatus*

Referensi : 58 Referensi (2018-2026)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC KEMENKES RIAU
D-III MIDWIFERY STUDY PROGRAM**

FINAL PROJECT REPORT, JUNI 2026 NORANI HEFIZAH

**COMPREHENSIVE MIDWIFERY CARE FOR MRS.A AT TPMB ROSITA,
PEKANBARU CITY, 2026**

xiii +136 Pages, 7 Tables, 10 Attachments

ABSTRACT

The role of midwives in providing comprehensive and continuous midwifery care is very important, especially through the Continuity of Midwifery Care (CoMC) approach. This comprehensive midwifery care aims to prevent and create the implementation of comprehensive midwifery care to Mrs. A starting from pregnancy, childbirth, postpartum, to neonates at the Independent Practice of Midwife Rosita in Pekanbaru City. Midwifery care is implemented through a midwifery management approach and documentation of the SOAP method. Activities are carried out from 33-38 weeks of pregnancy until the postpartum and neonatal periods are completed, including home visits starting from December 2025 to February 2026. Pregnancy care is carried out four times, labor, postpartum visits three times, and neonatal services once. Mrs. A G1P0A0H0, 20 years old, with complaints during pregnancy, namely lower abdominal pain and back pain, was given care to slow down movements when sitting or standing, warm compresses, and relaxation techniques. The delivery was performed by cesarean section, the baby was born spontaneously with a weight of 2,600 grams and a length of 50 cm. During the postpartum period, the mother received oxytocin massage, breast care, and family planning care, resulting in a smooth flow of breast milk and the mother deciding to use an implant. During the neonatal visit, baby massage and education on exclusive and on-demand breastfeeding were provided, the baby suckled strongly, and the baby's weight increased by 300 grams. It is hoped that health workers, especially midwives, can improve midwifery care according to midwifery standards and improve the quality of comprehensive midwifery services.

Keywords: *Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate*

References : **58 References (2018-2026)**