

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
ANNISA RAMADHANI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. T DI TEMPAT
PRAKTIK MANDIRI BIDAN NUR NGAENIYAH KOTA PEKANBARU
TAHUN 2026**

xiii + 114 Halaman+2 Tabel+9 Lampiran

ABSTRAK

Kesehatan ibu dan anak merupakan salah satu indikator penting dalam menentukan derajat kesehatan masyarakat. Upaya penurunan Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB) dilakukan melalui pelayanan kebidanan yang komprehensif dan berkesinambungan atau *Continuity of Care* (CoC), mulai dari masa kehamilan, persalinan, nifas, neonatus, hingga keluarga berencana. Asuhan kebidanan komprehensif ini dilakukan pada Ny. T G3P2A0H2 usia 30 tahun di TPMB Nur Ngaeniah Kota Pekanbaru pada periode Desember 2025 - Februari 2026. Asuhan diberikan sejak usia kehamilan 35 minggu melalui 3x kunjungan antenatal, pertolongan persalinan, 4x kunjungan nifas, dan 3x kunjungan neonatus. Selama masa kehamilan dengan masalah nyeri pinggang dan sering BAK dapat diatasi melalui edukasi kompres air hangat dan mengatur pola minum. Persalinan berlangsung normal dengan lahir spontan, segera menangis, bergerak aktif, berat badan 3.300 gram dan panjang badan 49 cm jenis kelamin laki laki serta dilakukan Inisiasi Menyusu Dini (IMD), setelah IMD, suntik oksitosin, tunggu tanda tanda pelepasan plasenta, plasenta lahir, lalu lakukan masase uterus, Masa nifas berlangsung fisiologis dengan involusi uterus normal, produksi ASI lancar, asuhan yang diberikan meliputi Pendidikan Kesehatan tentang nutrisi nifas, personal hygiene, mobilisasi, perawatan payudara, dan ibu memilih menggunakan kontrasepsi suntik 3 bulan. Pada masa neonatus, bayi menyusu kuat dan berat badan meningkat sebanyak 500 gram, asuhan yang diberikan berupa memandikan bayi, perawatan luka serta pijat bayi . Diharapkan Penerapan asuhan kebidanan komprehensif dapat meningkatkan kualitas pelayanan kebidanan serta mendukung kesehatan ibu dan bayi secara optimal.

Kata Kunci: Asuhan Kebidanan, Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus

Referensi: 60 Referensi (2015–2026)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
DIPLOMA III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2026
ANNISA RAMADHANI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. T AT NUR
NGAENIYAH INDEPENDENT MIDWIFERY PRACTICE, PEKANBARU
CITY, 2026**

xiii + 114 Pages+2 Tables+9 Appendices

ABSTRACT

Maternal and child health is one of the important indicators in determining the health status of a community. Efforts to reduce the Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR) are carried out through comprehensive and continuous midwifery care, or Continuity of Care (CoC), starting from pregnancy, childbirth, the postpartum period, the neonatal period, to family planning. This comprehensive midwifery care was provided to Mrs. T, G3P2A0H2, aged 30 years, at the Independent Midwifery Practice (TPMB) Nur Ngaeniah, Pekanbaru City, during the period from December 2025 to February 2026. Care was provided beginning at 35 weeks of gestation through three antenatal visits, assistance during labor, four postpartum visits, and three neonatal visits. During pregnancy, the mother experienced lower back pain and frequent urination, which were managed through education on the use of warm water compresses and regulation of fluid intake. Labor progressed normally, with spontaneous vaginal delivery. The baby cried immediately after birth, was active, weighed 3,300 grams, measured 49 cm in length, and was male. Early Initiation of Breastfeeding (IMD) was performed, followed by oxytocin administration, waiting for signs of placental separation, delivery of the placenta, and uterine massage. The postpartum period proceeded physiologically, with normal uterine involution and smooth breast milk production. The care provided included health education on postpartum nutrition, personal hygiene, mobilization, and breast care. The mother chose to use a three-month injectable contraceptive method. During the neonatal period, the baby breastfed well and gained 500 grams of weight. The care provided included bathing the baby, wound care, and baby massage. The implementation of comprehensive midwifery care is expected to improve the quality of midwifery services and optimally support the health of mothers and infants.

Keywords: Midwifery Care, Comprehensive Care, Pregnancy, Childbirth, Postpartum, Neonate

References: 60 References (2015–2026)