

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
DELLA RESTY MARDYA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.E DI TPMB NURPA
KOTA PEKANBARU TAHUN 2026**

xii+ 152 Halaman, 10 Tabel, 8 Lampiran

ABSTRAK

Angka Kematian Ibu (AKI) merupakan salah satu indikator derajat kesehatan suatu bangsa. Penyebabnya antara lain komplikasi pada masa kehamilan, persalinan, nifas, dan neonatus. Upaya yang dapat dilakukan tenaga kesehatan, khususnya bidan, yaitu memberikan asuhan kebidanan komprehensif atau *Continuity of Midwifery Care* (CoMC). Asuhan ini bertujuan memantau kesejahteraan ibu dan janin serta mendeteksi dini masalah pada masa kehamilan, persalinan, nifas, dan neonatus. Asuhan kebidanan dilakukan pada Januari–Maret 2026. Asuhan kehamilan dilakukan sebanyak 3 kali kunjungan di PMB, masa nifas 4 kali, serta neonatus 3 kali. Pada masa kehamilan Ny. E G1P0A0H0 didapatkan keluhan nyeri punggung yang diatasi dengan kompres hangat dan senam hamil sehingga keluhan berkurang. Persalinan dilakukan secara sectio caesarea di Rumah Sakit Bina Kasih dengan indikasi KPD. Bayi lahir pada 14 Februari 2026 pukul 08.25 WIB, berjenis kelamin laki-laki, menangis kuat, dengan berat badan 2700 gram. Pada masa nifas diberikan asuhan berupa perawatan luka post SC, mobilisasi dini, ASI eksklusif, pemenuhan nutrisi, personal hygiene, dan dukungan psikologis. Hasil konseling keluarga berencana, dan Ny. E memilih kontrasepsi suntik 3 bulan. Pada asuhan neonatus, ibu diajarkan pijat bayi sehingga tidur bayi lebih nyenyak. Berat badan bayi meningkat dari 2700 gram menjadi 3000 gram pada hari ke-11. Diharapkan penyedia layanan kebidanan terus mempertahankan dan meningkatkan mutu pelayanan melalui kunjungan rumah.

Kata Kunci : ***Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus***

Reverensi : 85 Reverensi (2016-2026)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU MINISRTY OF HELATH POLYTECHNIC
DIP-III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2026
DELLA RESTY MARDYA**

**COMPREHENSIVE MIDWIFERY CARE ON NYE AT TPMB NURPA
2026 PANKARAT 2026**

xiii +152 Pages, 10 Tables, 8 Appendices

ABSTRACT

The Maternal Mortality Rate (MMR) is one indicator of a nation's health status. Its causes include complications during pregnancy, childbirth, postpartum, and neonatal care. Efforts that can be made by health workers, especially midwives, include providing comprehensive midwifery care or Continuity of Midwifery Care (CoMC). This care aims to monitor the well-being of the mother and fetus and detect early problems during pregnancy, childbirth, postpartum, and neonatal care. Midwifery care was carried out from January–March 2026. Pregnancy care was carried out 3 times at PMB, 4 times during the postpartum period, and 3 times for the neonate. During pregnancy, Mrs. E G1P0A0H0 was found to have complaints of back pain which was treated with warm compresses and pregnancy exercises so that the complaints decreased. Delivery was carried out by cesarean section at Bina Kasih Hospital with indications of KPD. The baby was born on February 14, 2026 at 08.25 WIB, male, crying loudly, with a body weight of 2700 grams. During the postpartum period, post-cesarean wound care, early mobilization, exclusive breastfeeding, nutritional support, personal hygiene, and psychological support were provided. Family planning counseling results indicated that mothers chose a 3-monthly injectable contraceptive. During neonatal care, mothers were taught infant massage, which helped their babies sleep better. The babies' weight increased from 2,700 grams to 3,000 grams on the 11th day. Midwifery providers are expected to maintain and improve the quality of care through home visits.

Keywords : ***Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate***
References : 85 References (2016-2026)