

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI SARJANA TERAPAN KEBIDANAN**

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NURHAZIZAH HARAHAAP**

**HUBUNGAN DUKUNGAN SUAMI DAN LITERASI INFORMASI
KESEHATAN TERHADAP KEPATUHAN IBU HAMIL DALAM
MELAKUKAN PEMERIKSAAN ANC**

xii 60 Halaman, 5 Tabel, 13 Lampiran, 2 Bagan

ABSTRAK

Kepatuhan kunjungan Antenatal Care (ANC) sangat krusial untuk mendeteksi dini risiko kehamilan dan mencegah komplikasi pada ibu maupun janin. Cakupan pelayanan ANC lengkap (K6) di Kota Pekanbaru tahun 2023 baru mencapai 84,2%, masih di bawah target. Penelitian ini bertujuan mengetahui hubungan dukungan suami dan literasi informasi kesehatan dengan kepatuhan ibu hamil dalam melakukan pemeriksaan ANC di TPMB Darliana Kota Pekanbaru Tahun 2026. Penelitian kuantitatif ini menggunakan desain analitik observasional dengan pendekatan *cross-sectional*. Penelitian dilaksanakan pada Maret–Juli 2026 dengan sampel 30 ibu hamil aterm yang diambil menggunakan teknik *total sampling*. Pengumpulan data menggunakan kuesioner dukungan suami, kuesioner literasi informasi kesehatan, dan lembar observasi Buku KIA. Analisis data menggunakan uji Fisher's Exact. Hasil analisis univariat menunjukkan mayoritas responden memiliki dukungan suami kategori baik sebanyak 20 orang (66,7%), literasi informasi kesehatan kategori baik sebanyak 20 orang (66,7%), dan patuh melakukan pemeriksaan ANC sebanyak 24 orang (80,0%). Hasil uji statistik menunjukkan terdapat hubungan yang signifikan antara dukungan suami dengan kepatuhan ibu hamil dalam melakukan pemeriksaan ANC ($p<0,001$) serta antara literasi informasi kesehatan dengan kepatuhan ibu hamil dalam melakukan pemeriksaan ANC ($p<0,001$). Disarankan agar suami berperan aktif dalam mendukung ibu hamil selama kehamilan, serta tenaga kesehatan meningkatkan literasi informasi kesehatan melalui edukasi ANC yang mudah dipahami dan melibatkan suami sehingga kepatuhan ibu hamil dalam melakukan pemeriksaan ANC dapat terus ditingkatkan.

Kata Kunci: *Dukungan suami, literasi informasi kesehatan, kepatuhan, Antenatal Care (ANC), ibu hamil*

Referensi: 44 Referensi (2018-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
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APPLIED BACHELOR OF MIDWIFERY PROGRAM**

**THESIS, JULY 2026
NURHAZIZAH HARAHAP**

**THE RELATIONSHIP BETWEEN HUSBAND'S SUPPORT AND
HEALTH INFORMATION LITERACY ON PREGNANT WOMEN'S
ADHERENCE IN ATTENDING ANTENATAL CARE (ANC) VISITS**

xii + 60 Pages, 5 Tables, 13 Appendices, 2 Charts

ABSTRACT

Adherence to Antenatal Care (ANC) visits is essential for the early detection of pregnancy-related risks; however, ANC coverage in Pekanbaru has not yet reached the expected target. This study aimed to determine the relationship between husband support and health information literacy and pregnant women's adherence to ANC visits at Darliana Independent Midwifery Practice, Pekanbaru City, in 2026. This quantitative study employed an observational analytic design with a cross-sectional approach. The study was conducted from May 17 to June 7, 2026, at Darliana Independent Midwifery Practice, Pekanbaru City. A total of 30 full-term pregnant women were recruited using the total sampling technique. Data were collected using a husband support questionnaire, a health information literacy questionnaire, and an observation checklist based on the Maternal and Child Health (MCH) Handbook. Data were analyzed using univariate and bivariate analyses with Fisher's Exact test. The univariate analysis showed that most respondents had good husband support (66.7%), good health information literacy (66.7%), and were adherent to ANC visits (80.0%). The bivariate analysis demonstrated that both independent variables were significantly associated with ANC adherence, with a p -value < 0.001 . Optimal husband support and good health information literacy were significantly associated with increased adherence to ANC visits among pregnant women. It is recommended that healthcare providers strengthen health education regarding the importance of ANC and actively involve husbands in maternal healthcare services to improve pregnant women's adherence to ANC visits.

Keywords: *husband's support, health information literacy, adherence, antenatal care.*

References: 44 References (2018–2025)