

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
ARKI ELISABRTH**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI KLINIK
TAMAN SARI 6 KOTA PEKANBARU**

xiv + 150 Halaman + 5 Tabel + 10 Lampiran

ABSTRAK

Transformasi kesehatan dengan layanan primer sebagai pilar pertama berfokus pada upaya promotif dan preventif, salah satunya melalui pencegahan sekunder untuk meningkatkan kesehatan ibu dan bayi. Implementasi transformasi kesehatan layanan primer diwujudkan melalui asuhan kebidanan komprehensif dan berkelanjutan atau Continuity of Midwifery Care (CoMC) sebagai upaya pencegahan komplikasi guna mewujudkan kehamilan, persalinan, nifas, dan bayi baru lahir yang sehat. Asuhan kebidanan komprehensif pada Ny. S G3P2A0H2 dilakukan di Klinik Taman Sari 6 Kota Pekanbaru dari Desember 2025 sampai Maret 2026. Asuhan meliputi 4 kali kunjungan kehamilan, 1 kali persalinan, 4 kali kunjungan nifas, dan 3 kali kunjungan neonatus. Pada masa kehamilan, asuhan diberikan sesuai kebutuhan ibu. Hasil pemeriksaan menunjukkan Hb 13,8 g/dL dalam batas normal dan seluruh masalah serta kebutuhan ibu dapat teratasi. Persalinan berlangsung sesuai Asuhan Persalinan Normal (APN). Bayi lahir spontan dengan berat badan 3.200 gram dan panjang badan 51 cm. Pengeluaran darah ± 150 cc, kontraksi uterus baik, plasenta lahir lengkap, terdapat laserasi jalan lahir derajat 1, dan IMD berhasil dilakukan pada menit ke-30 setelah bayi lahir. Masa nifas berlangsung normal (P3A0H3). Asuhan yang diberikan meliputi perawatan payudara, teknik menyusui, dan konseling keluarga berencana sehingga ASI lancar dan ibu berencana menggunakan KB suntik progestin 3 bulan. Pada kunjungan neonatus dilakukan pijat bayi, edukasi ASI eksklusif dan on-demand. Bayi menyusu kuat dengan peningkatan berat badan 200 gram pada hari ke-20. Diharapkan bidan dapat terus meningkatkan kualitas pelayanan kebidanan komprehensif sesuai standar kebidanan.

Kata kunci : *Asuhan Kebidanan Komprehensif, Neonatus, on-demand*

Referensi : 61 referensi (2013 - 2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU MINISTRY OF HEALTH POLYTECHNIC
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2026
ARKI ELISABETH**

**COMPREHENSIVE MIDWIFERY CARE IN NY. S AT TAMAN SARI 6
CLINIC, PEKANBARU CITY**

xiv + 150 Pages + 5 Tables + 10 Appendices

ABSTRAK

Health transformation, with primary care as its first pillar, focuses on promotive and preventive efforts—including secondary prevention—to improve maternal and infant health. The implementation of this primary care transformation is realized through comprehensive and continuous midwifery care (Continuity of Midwifery Care/CoMC), aimed at preventing complications and ensuring healthy outcomes for pregnancy, childbirth, the postpartum period, and the newborn. Comprehensive midwifery care for Mrs. S (G3P2A0H2) was provided at the Taman Sari 6 Clinic in Pekanbaru City from December 2025 to March 2026. The care comprised four prenatal visits, one delivery, four postpartum visits, and three neonatal visits. During pregnancy, care was tailored to the mother's needs; examination results showed a hemoglobin level of 13.8 g/dL (within normal limits), and all maternal issues and needs were successfully addressed. Delivery proceeded according to Normal Childbirth Care (APN) standards. The baby was delivered spontaneously, weighing 3,200 grams and measuring 51 cm in length. Blood loss was approximately 150 cc, uterine contractions were adequate, the placenta was delivered intact, a first-degree birth canal laceration was present, and Early Initiation of Breastfeeding (IMD) was successfully performed 30 minutes after birth. The postpartum period proceeded normally. Care provided included breast care, breastfeeding techniques, and family planning counseling; as a result, breastfeeding was successful, and the mother planned to use a 3-month progestin contraceptive injection. Neonatal visits included infant massage and education on exclusive and on-demand breastfeeding. The infant demonstrated strong suckling and a weight gain of 200 grams by day 20. It is hoped that midwives will continue to enhance the quality of comprehensive midwifery care in accordance with established midwifery standards.

Keywords: Comprehensive Midwifery Care, Neonate, On-Demand Breastfeeding

References: 61 references (2013–2024)