

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D IIIKEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
DINA YULIA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. M DI TPMB SILVI
AYU KOTA PEKANBARU**

xi + 149 Halaman, 8 Tabel, 3 Gambar, 12 Lampiran

ABSTRAK

Asuhan Kebidanan Komprehensif merupakan Salah satu upaya meningkatkan kesehatan ibu dan bayi diantaranya dengan mengoptimalkan peran bidan dalam melakukan asuhan kebidanan melalui metode *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan untuk memberikan asuhan kebidanan komprehensif pada Ny. M dari masa kehamilan, persalinan, nifas, dan neonatus di TPMB Silvi Ayu Kota Pekanbaru dan kunjungan rumah. Asuhan ini dilaksanakan dari Oktober 2025 sampai Desember 2025. Kontak pertama dengan Ny. M G4P3A0H3 dilakukan pada usia kehamilan 32 minggu. Dilakukan 5 kali kunjungan kehamilan (1 kali bersama dokter), persalinan, 4 kali masa nifas, serta 4 kali kunjungan neonatus. Asuhan didokumentasikan menggunakan metode SOAP. Selama kehamilan ditemukan keluhan nyeri punggung. Asuhan yang diberikan yaitu mengajarkan ibu senam hamil, setelah diberikan senam hamil, keluhan ibu berkurang. Persalinan Ny. M berlangsung pada usia kehamilan 40–41 minggu, pertolongan persalinan dilakukan dengan asuhan persalinan normal (APN), pada kala I diberikan asuhan *Deep Back Massage*. Persalinan Ny. M dilakukan secara spontan di TPMB Silvi Ayu. Bayi lahir cukup bulan, jenis kelamin Perempuan dengan BB 3.400 gram dan PB 48 cm, plasenta lahir lengkap. Masa nifas Ny. M P4A0H4 normal, dengan asuhan senam nifas, pijat oksitosin, dan skrining EPDS. Ny. M memutuskan menggunakan metode KB Implan. Asuhan yang diberikan selama neonatus adalah perawatan bayi sehari-hari dan pijat bayi. Bidan diharapkan dapat mempertahankan asuhan kebidanan komprehensif dan berkesinambungan sesuai dengan kebutuhan pasien serta memperhatikan pendidikan kesehatan yang dibutuhkan.

Kata Kunci : Asuhan Kebidanan, Komprehensif, Hamil, Bersalin, Nifas, Neonatus

Referensi : 89 (2016-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH
POLYTECHNIC
D III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2025
DINA YULIA**

**COMPREHENSIVE MIDWIFERY CARE IN NY. M AT TPMB SILVI
AYU, PEKANBARU CITY**

xi+ 149 Pages, 8 Tables, 3 Image, 12 Attachments

ABSTRACT

Comprehensive midwifery care is a continuous One of the efforts to improve maternal and infant health is by optimizing the role of midwives in providing comprehensive midwifery care through the Continuity of Midwifery Care (CoMC) method. This case study aims to provide comprehensive midwifery care to Mrs. M from the period of pregnancy, childbirth, postpartum, and neonates at TPMB Silvi Ayu, Pekanbaru City, and home visits. This care was carried out from October 2025 to December 2025. The first contact with Mrs. M G4P3A0H3 was made at 32 weeks of gestation. There were 5 antenatal visits (1 with a doctor), labor, 4 postpartum visits, and 4 neonatal visits. Care was documented using the SOAP method. During pregnancy, Mrs. M complained of back pain. The care provided was teaching the mother pregnancy exercises, after which the complaints decreased. Mrs. M's labor took place at 40–41 weeks of gestation. Delivery was assisted with normal labor care (APN); during the first stage of labor, Deep Back Massage were applied. Mrs. M's delivery was spontaneous at TPMB Silvi Ayu. The baby was born full term, Female, with a birth weight of 3,400 grams and length of 48 cm, and the placenta was delivered completely. The postpartum period of Mrs. M P4A0H4 was normal, with postpartum exercises, oxytocin massage, and EPDS screening. Mrs. M decided to use the Implant contraceptive method. Care given during the neonatal period included daily baby care and baby massage. Midwives are expected to maintain comprehensive and continuous midwifery care tailored to the patient's needs and to provide appropriate health education.

Keywords : *Midwifery Care, Comprehensive, Pregnancy, Childbirth, Postpartum, Neonates.*

References : 89 (2016-2025)