

**KEMENTRIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, Juni 2026
AULYA SALSABILA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI
TPMB ROSITA KOTA PEKANBARU
xii, ± 121 halaman, 5 tabel, 8 lampiran**

ABSTRAK

Asuhan kebidanan secara berkesinambungan atau komprehensif dari hamil, persalinan, nifas dan neonatus dengan metode *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan untuk memberikan asuhan komprehensif dari masa kehamilan, persalinan, nifas, dan neonatus dengan pendokumentasian SOAP pada Ny.A G1P0A0H0 di Tempat Praktik Mandiri Bidan (TPMB) Rosita Kota Pekanbaru dari bulan Januari 2026 s/d April 2026. Pada masa kehamilan dilakukan 3 kali kunjungan dengan keluhan nyeri pinggang, dan anemia ringan, diberikan asuhan kompres hangat dan menyarankan memakai bantal untuk ganjalan di pinggang ketika tidur pada pinggang yang nyeri, keluhan ibu dapat diatasi. Persalinan Ny. A dilakukan secara *Sectio Caesarea (SC)* dengan indikasi *KPD (Ketuban Pecah Dini)*, ketuban pecah sebelum tiba di TPMB Rosita. Bayi lahir pukul 11.30 WIB tanggal 05 Maret 2026 jenis kelamin laki-laki, dengan BB 4.200 gram dan PB 52 cm. Asuhan masa nifas dilakukan 4 kali kunjungan didapatkan keluhan nyeri pada bagian luka SC dan ASI yang keluar masih sedikit, diberikan pendidikan kesehatan berupa mengonsumsi daun katuk, dan mengonsumsi tablet tambah darah untuk mengatasi anemia, tidak ditemukan tanda-tanda infeksi pada luka SC dan ASI ibu lancar pada kunjungan ke 3, keluhan ibu dapat diatasi. Ibu memilih menggunakan KB metode sederhana (kondom). Asuhan neonatus dilakukan berdampingan dengan asuhan nifas yaitu sebanyak 3 kali kunjungan, melakukan Asuhan Neonatus dengan dilakukan perawatan bayi sehari-hari, dan terjadi kenaikan BB sesuai dengan usianya sebanyak 500 gram pada usia 28 hari. Diharapkan bidan tetap mempertahankan dan meningkatkan asuhan kebidanan komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan.

Kata Kunci : *Asuhan komprehensif, kehamilan, persalinan, Sectio Caesarea (SC), Cephalopelvic Disporpotion(CPD), nifas, neonatus.*

Referensi : 62 Referensi (2020-2024)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA
RIAU MINISTRY OF HEALTH POLYTECHNIC
STUDY PROGRAM DIII MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026
AULYA SALSABILA**

**COMPREHENSIVE MIDWIFERY CARE FOR NY.A AT TPMB ROSITA
PEKANBARU**

Xiii, ±121 pages, 5 tables, 8 attachments

ABSTRACT

Continuous or comprehensive midwifery care from pregnancy, childbirth, postpartum and neonates with the Continuity of *Midwifery Care* (CoMC) method. This case study aims to provide comprehensive care from pregnancy, childbirth, postpartum, and neonates with SOAP documentation on Mrs. A G1P0A0H0 at the Rosita Independent Midwife Practice (TPMB) in Pekanbaru City from January 2026 to April 2026. During pregnancy, three visits were conducted; the mother reported lower back pain and mild anemia. Care provided included warm compresses and advice to use a pillow for lumbar support while sleeping; these measures successfully resolved her complaints. Mrs. A underwent a *Cesarean section* (SC) due to Premature Rupture of Membranes (PROM), as her membranes had ruptured before she arrived at the practice. A male infant was delivered on March 5, 2026, at 11:30 WIB, weighing 4,200 grams and measuring 52 cm in length. Postpartum care involved four visits; the mother reported pain at the surgical site and low breast milk output. Health education was provided regarding the consumption of *Sauropus androgynus* (katuk) leaves and iron supplements to address anemia. No signs of infection were found at the incision site, and breast milk flow had normalized by the third visit; the mother's issues were successfully resolved. She chose to use a simple contraceptive method (condoms). Neonatal care was provided concurrently with postpartum care over three visits; routine daily infant care was performed, and the baby showed age-appropriate weight gain, increasing by 500 grams by the age of 28 days. It is hoped that midwives will continue to maintain and enhance the provision of comprehensive, continuous midwifery care in accordance with established service standards.

Keywords: *Comprehensive care, pregnancy, childbirth, Sectio Caesarea (SC), Cephalopelvic Disproportion (CPD), postpartum, neonate.*

References: 62 References (2020-2024)