

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D-III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
MUTIARA SARI PASARIBU**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.S DI KLINIK PRATAMA
TAMAN SARI 6 KOTA PEKANBARU
xii + 126 Halaman + 7 Tabel +2 Gambar + 10 Lampiran**

ABSTRAK

Asuhan kebidanan komprehensif adalah pelayanan kebidanan yang diberikan secara berkesinambungan mulai dari masa kehamilan, persalinan, nifas, neonatus, hingga pelayanan kontrasepsi. Studi kasus ini bertujuan untuk menerapkan asuhan kebidanan komprehensif pada Ny. S usia 21 tahun G1P0A0H0. Pengambilan kasus dilakukan di Klinik Pratama Taman Sari 6 Kota Pekanbaru dengan menggunakan model *Continuity of Midwifery Care* (CoMC) melalui pendekatan manajemen kebidanan dan dilanjutkan dengan kunjungan rumah. Asuhan kebidanan diberikan mulai tanggal 24 Desember 2025 sampai 17 Februari 2026, sejak usia kehamilan 34 minggu hingga masa nifas 40 hari. Pada trimester 3 Ny. S mengeluh sering buang air kecil (BAK) dan kontraksi Braxton Hicks. Asuhan yang diberikan berupa edukasi mengenai istirahat yang cukup dan teknik relaksasi pernapasan dan pola minum. Persalinan berlangsung pada usia kehamilan 37–38 minggu secara *sectio caesarea* atas indikasi ketuban pecah dini (KPD). Bayi lahir dalam kondisi baik, segera menangis, bergerak aktif, dengan berat badan lahir 3.100 gram dan panjang badan 49 cm. Asuhan yang diberikan meliputi edukasi mengenai personal hygiene, nutrisi, ASI eksklusif dan KB. Berdasarkan hasil konseling, Ny. S memilih metode kontrasepsi suntik 3 bulan. Hasil skrining EPDS menunjukkan kondisi ibu dalam batas normal. Asuhan neonatus yaitu, ASI eksklusif, memandikan bayi, pijat bayi. Pada kunjungan neonatus hari ke-26, terjadi peningkatan berat badan bayi sebesar 900 gram, dari 3.100 gram menjadi 4.000 gram. Diharapkan tenaga Kesehatan khususnya bidan dapat melakukan asuhan kebidanan secara komprehensif dan berkelanjutan dari masa kehamilan, persalinan, nifas dan neonatus.

Kata kunci : ***Asuhan Kebidanan Komprehensif, Hamil, Sectio Caesarea, Nifas Neonatus.***

Referensi : 49 Referensi (2016-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
POLYTECHNIC OF HEALTH RIAU
D-III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2026
MUTIARA SARI PASARIBU**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. S AT TAMAN SARI 6
PRIMARY CLINIC, PEKANBARU CITY ABSTRACT
xii + 126 Pages + 7 Tables + 2 Figures + 10 Appendices**

ABSTRACT

Comprehensive midwifery care is a midwifery service provided continuously from pregnancy, childbirth, the postpartum period, and neonatal care to contraceptive services. This case study aimed to implement comprehensive midwifery care for Mrs. S, a 21-year-old woman, G1P0A0H0. The case was conducted at Taman Sari 6 Primary Clinic, Pekanbaru City, using the *Continuity of Midwifery Care* (CoMC) model through a midwifery management approach, followed by home visits. Midwifery care was provided from December 24, 2025, to February 17, 2026, starting at 34 weeks of gestation through 40 days postpartum. During the third trimester, Mrs. S complained of frequent urination and Braxton Hicks contractions. The care provided included education on adequate rest, breathing relaxation techniques, and appropriate fluid intake patterns. Labor occurred at 37–38 weeks of gestation by cesarean section due to premature rupture of membranes (PROM). The baby was born in good condition, cried immediately after birth, and was active, with a birth weight of 3,100 grams and a body length of 49 cm. The care provided included education on personal hygiene, nutrition, exclusive breastfeeding, and family planning. Based on the counseling session, Mrs. S chose the three-month injectable contraceptive method. The Edinburgh Postnatal Depression Scale (EPDS) screening showed that the mother's condition was within normal limits. Neonatal care included education on exclusive breastfeeding, bathing the baby, and infant massage. At the 26th-day neonatal visit, the baby's weight increased by 900 grams, from 3,100 grams to 4,000 grams. It is expected that healthcare professionals, particularly midwives, will provide comprehensive and continuous midwifery care throughout pregnancy, childbirth, the postpartum period, and the neonatal period.

Keywords : *Midwifery Care, Comprehensive, Pregnancy, Caesarean Section, Postpartum, Neonate.*

References : 49 References (2016–2025)